

Citation

Darina Allen

Darina Allen is Ireland's best-known cook and a best-selling author of over 10 books. She has also presented nine series of her cookery programme, 'Simply Delicious', on television in Ireland, and is a passionate and committed teacher. A tireless ambassador for Irish food both at home and abroad, Darina has been instrumental in setting up the Farmers' Market Movement in Ireland. She is the councillor



for Ireland for the Slow Food Movement and President of the East Cork Convivium of Slow Food. Through the East Cork Educational Fund, she runs a programme for local primary schools to help children learn about food from garden to plate. Darina established the Ballymaloe Cookery School in 1983 with her brother Rory O'Connell. Her main passion is imparting her knowledge to the students at the Ballymaloe Cookery School in her daily work.