Professor Patricia Lysaght

Patricia Lysaght is a native of Co. Clare and Professor Emerita of European Ethnology and Folklore at University College Dublin. Her academic background is in Law (Barrister-at-Law), the Classics, Irish Language and Literature, and Irish and European Folklore and Ethnology. Professor Lysaght was an Alexander von Humboldt Scholar at Westfälische Wilhelms-Universität Münster, Germany, in 1987–88, Acting Professor of Folklore at Georg-August Universität, Göttingen, Germany, in 1996–97, Guest Professor at Westfälische Wilhelms-Universität Münster, in 1998–99, and Visiting Scholar at the Institute of Ethnology, Russian Academy of Sciences in Moscow in 1993. She is an elected member of the Royal Gustavus Adolphus Academy, Uppsala, Sweden, which awarded her the Torsten Janckes Minnesfond prize for her outstanding contribution to international scholarship, in 2012. She is an elected member of the Royal Irish Academy, Dublin, a former editor of Béaloideas, the Journal of the Folklore of Ireland Society, and of Folklore, the journal of The Folklore Society, UK. She is also a former President of The Folklore Society, London, which presented her with the Coote Lake Medal for outstanding research and scholarship in 2013.


The Dublin Gastronomy Symposium Fellowship Award is being presented to Professor Lysaght in recognition of her contribution to Irish culinary history. In particular, we wish to acknowledge her ground breaking work as a folklorist on Irish food traditions, and her research on a broad range of topics from milk and butter, tea, travel, and food-provision strategies on the Great Blasket Island, to seabirds and their eggs, and hospitality at wakes and funerals in Ireland. Her work is well known to researchers in the fields of gastronomy, food studies and culinary education where she has, by her work, cast a light on the stories and storytellers of the warm generosity and hospitality within Irish culinary heritage. It is in light of this that the Dublin Gastronomy Symposium is delighted to present the Fellowship Award 2020 to Professor Patricia Lysaght.
Professor Martin Caraher is Emeritus Professor of Food and Health Policy at the Centre for Food Policy, City, University of London. A native of Ardee, County Louth, he originally trained as an environmental health officer at the Dublin Institute of Technology, Cathal Brugha Street and Kevin Street. He started his career working for the North Western Health Board in Donegal and Sligo where he developed an interest in the public health and health promotion. He subsequently spent time working in the Irish and English health services managing health promotion and public health services. He completed his MSc in Health Promotion at King’s College London in 1988, and was awarded his PhD by London South Bank University in 1997.

Martin’s main research fields are related to food poverty, cooking skills, local sustainable food supplies, the role of markets and co-ops in promoting health, farmers markets, food deserts and food access, retail concentration and globalisation. His work’s focus for over thirty years has been on finding ways to improve people’s diets while maintaining a sense of enjoyment of food; all informed by the knowledge that many in our societies do not have financial, social and cultural capital to access and enjoy food.

He has worked for, and acted as a consultant to the UK Department of Health, the World Bank and the World Health Organisation. He was a trustee of the Caroline Walker Trust and a member of the original London Food Board which developed the food strategy for London. He also sat on the South East Food and Public Health Group which developed a food strategy for the South East region and from which the London food strategy emerged. He was a member of the Olympic Food Group representing public health interests. He acts as advisor on food matters to a number of social science research groups across Europe, and is an advisor to DG SANCO (Directorate General for Health and Consumer Protection of the European Commission) and to the EU executive agency CHAFEA (Consumers, Health, Agriculture and Food Executive Agency). He was a member of the International Obesity Task Force (IOTF) scientific committee. He sat on the Safefood Science committee, an all-Ireland body set up under the terms of the 1998 Good Friday Agreement. He was the 2008, and again in 2016, Western Australian Healthway Fellow and spent a total of six months in Perth, examining issues of access to food and food charity, and in 2012-13 he was the Thinker in Residence at Deakin University, Melbourne.

Martin has published in excess of 150 peer reviewed articles, six books, thirty book chapters, and almost as many reports. He speaks regularly on TV and radio in relation to food issues. His most recent book with Sinéad Furey from the University of Ulster - The Economics of Emergency Food Aid Provision: A Financial, Social and Cultural Perspective - contained large segments on food poverty in Northern Ireland. In 2017 he gave a TEDxTalk entitled ‘Why food poverty exists’ at the TEDx London Salon. Recent retirement, or ‘entering dotage’ as he put it himself, has done nothing to quell his output; in the four months since the beginning of this year, he has published ‘Home Economics Education in Secondary School Settings: Lessons from Education Policy on the Island of Ireland’ with Amanda McCloat in Food Education and Food Technology in School Curricular for Springer, and ‘Food Advertising and Marketing’ in The SAGE International Encyclopedia of Mass Media and Society. He is in his retirement working on two books and a number of articles.

He lives with his wife Maggie in west London and in his spare time he runs, reads, goes to live music events, the cinema and theatre, gardens, cooks a lot and plays with his four grandchildren (pre COVID-19). He regularly visits Dublin and Sligo (his spiritual home) to rejuvenate his spirits, energy and absorb a bit of the Celtic Twilight.

The Dublin Gastronomy Symposium Fellowship Award is being presented to Professor Caraher for his trailblazing dedication to public health and health promotion, and his battle to resolve the high level of food poverty in modern societies over the past thirty years. We are happy to welcome him back to Cathal Brugha Street (albeit vicariously), where he walked the halls as a trainee environmental health officer in the 1970s and where, in 2012, he gave a paper entitled ‘Cooking in Crisis: Lessons from the UK’ at the inaugural Dublin Gastronomy Symposium. It is in light of all of this that the Dublin Gastronomy Symposium is delighted to present the Fellowship Award 2020 to Professor Martin Caraher.