West Restaurant Bearna Tasting Menu 2017

West Restaurant

Follow this and additional works at: https://arrow.tudublin.ie/menus21c

Part of the Cultural History Commons, Food and Beverage Management Commons, and the Tourism and Travel Commons

Recommended Citation

This Book is brought to you for free and open access by the Gastronomy Archive at ARROW@TU Dublin. It has been accepted for inclusion in Menus of the 21st Century by an authorized administrator of ARROW@TU Dublin. For more information, please contact yvonne.desmond@tudublin.ie, arrow.admin@tudublin.ie, brian.widdis@tudublin.ie.

This work is licensed under a Creative Commons Attribution-Noncommercial-Share Alike 3.0 License
Our menu at West uses only the best produce from local producers to bring you award winning and innovative Irish food.

West Cuisine

*Upstairs at West, The Twelve Hotel, Barna, Galway*

Our philosophy is simple: source the best produce from local producers, respect it and serve it in a grown up setting. Friendly, unpretentious service is key. After all, we are in The West of Ireland.

**OUR SUPPLIERS - THE TWELVE APOSTLES**

**Meat** - James McGeough Butcher

*From small beginnings in the West of Ireland, McGeough's Butchers is now one of Ireland’s leading meat innovators. “Of all the younger generation of Irish butchers, James McGeough may be the most distinctive and determined”*

**Poultry** - Ronan Byrne, Friendly Farmer, Athenry
Fishmonger – Stefane, Gannet Fishmongers

Mussels - Marty’s Mussels From Killary Harbour

Marty’s is a family run business based in North Connemara, Co. Galway. Marty has been growing mussels since 2000 in the crystal clear waters of Killary Harbour and has now established a purification and packing facility in Renvyle. – we think they are the freshest, tastiest mussels for sale in Ireland!

Fruit & Vegetables - Uncle Matt’s Farm Moycullen, Caragh’s Micro Greens, Brendan Guinan “ In Season Farm”

Dry Goods - Pallas Foods, La Rousse Foods

Dairy - Cuinneog, Co. Mayo, Abernethy Butter, Co. Down

TRUE TO THE REGION, TRUE TO THE SEASON

TASTING MENU

IN SEASON THIS MONTH

Celeriac, Radishes, Parsley, Carrot, Sorrel, Spinach, Mint, Mussels, Rhubarb, Oysters, Wild Garlic, Game, Pumpkin