


2017

West Restaurant Bearna Tasting Menu 2017

West Restaurant

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WELCOME

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ABOUT

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west

Menu

Our menu at West uses only the best produce from local producers to bring you award winning and innovative Irish food

West Cuisine

Upstairs at West, The Twelve Hotel, Barna, Galway

Our philosophy is simple: source the best produce from local producers, respect it and serve it in a grown up setting. Friendly, unpretentious service is key. After all, we are in The West of Ireland.

OUR SUPPLIERS - THE TWELVE APOSTLES

Meat - James McGeough Butcher

From small beginnings in the West of Ireland, McGeough's Butchers is now one of Ireland's leading meat innovators. "Of all the younger generation of Irish butchers, James McGeough may be the most distinctive and determined"

Poultry - Ronan Byrne, Friendly Farmer, Athenry

Fishmonger – Stefane, Gannet Fishmongers

Mussels- Marty's Mussels From Killary Harbour

Marty's is a family run business based in North Connemara, Co. Galway. Marty has been growing mussels since 2000 in the crystal clear waters of Killary Harbour and has now established a purification and packing facility in Renvyle. – we think they are the freshest, tastiest mussels for sale in Ireland!

Fruit & Vegetables - Uncle Matt's Farm Moycullen, Caragh's Micro Greens, Brendan Guinan " In Season Farm"

Dry Goods - Pallas Foods, La Rousse Foods

Dairy - Cuinneog, Co. Mayo, Abernethy Butter, Co. Down

TRUE TO THE REGION, TRUE TO THE SEASON

TASTING MENU SMALL PLATES LARGE PLATES
IRISH ARTISAN CHEESE MENU THE FINAL COURSE

Tasting Menu

TASTING MENU

The Chef and Sommelier 8 course tasting menu focused on the best local products received today for just €65 per person. Add four glasses of wine by our sommelier for just €30

IN SEASON THIS MONTH

Celeriac, Radishes, Parsley, Carrot, Sorrel, Spinach, Mint, Mussels,
Rhubarb, Oysters, Wild Garlic, Game, Pumpkin

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Scenes from an Italian Restaurant
Billy Joel



Red Red Wine
UB40

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