2017

The Olde Post Inn Sunday Lunch Menu 2017

The Olde Post Inn

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Sunday Lunch

€35

Starter

Vegetable soup

Corleggy Goats cheese in kataffi pastry with guacamole, beetroot and toasted seeds

Melon & pineapple with raspberry sorbet

Turf smoked Chicken salad with a tarragon dressing

Olde Post ‘Smokies’
(smoked cod, sea bass, salmon, cod, prawn)

Crispy Duck won tons, hoi sin sauce & pickled cucumber

Warm Bacon & Cabbage terrine with a baby leek cream

Grilled fillet of mackerel with tomato salsa, horseradish & dill mayonnaise

Main Course

Corn-fed Chicken breast, with potato rosti, puy lentils & whiskey jus

Roast Sirloin of Beef with Yorkshire pudding, peppercorn & thyme sauce

Baked fillet of Salmon with roasted red peppers & parmesan, prawn in filo pastry & dill cream

Roast leg of Spring Lamb with mint stuffing & mint jus

Pan fried fillet Cod with a bacon & cabbage cream

Slow cooked Pork belly with colcannon and an apple & calvados sauce

Roast half Pekin Duck with celeriac puree, braised red cabbage and cointreau sauce

(€3 supplement)

(All main courses are served with a selection of vegetables & potato)
Dessert

Pavlova
(fresh fruit, raspberry coulis & vanilla ice cream)

Chocolate Brownie
(chocolate sauce, & brownie ice cream)

Apple & Blackberry crumble
(crème anglaise & vanilla ice cream)

Fig & Almond Tart
(crème anglaise and banana ice cream)

Warm Rice Pudding
(wild cavan honey, meringue & vanilla ice cream)

Chocolate Mousse
(raspberry sorbet & hazelnut praline)

Rhubarb Baked Alaska

Tea or Coffee

Children’s Menu

½ Starter, ½ Main Course & ½ Dessert €17.50

Pasta with tomato sauce €9.50
Homemade Chicken Goujons €9.50
Paddy Gaynor's Sausage €9.50
Fresh Fish & Chips €9.50
Baby bowls complimentary

All of the above can be served with creamed potato and vegetables or fries

At the Olde Post Inn we source all our produce and ingredients locally where possible.

All 14 allergens are openly used throughout our kitchen.
Trace amounts may be present at all stages of cooking
Gluten = G, Crustaceans = C, Eggs = E, Fish = F, Molluscs = M
Soybeans = S, Peanuts = P, Nuts = N, Milk = MK, Celery = CY
Mustard = MD, Sesame Seeds = SS, Sulphites = SP, Lupin = L

If you have any food allergies or intolerances please make a member of staff aware when placing your order.
The Olde Post Inn

CONTACT INFORMATION

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OPENING HOURS

Wednesday & Thursday
 6.00 PM - 9.00 PM
Friday & Saturday
 6.00 PM - 9.30 PM
Sunday Lunch
 12.30 PM - 2.30 PM
Sunday Evening
 5.30 PM to 8.30 PM

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