


2017

Hartes of Kildare Lunch Menu 2017

Hartes of Kildare

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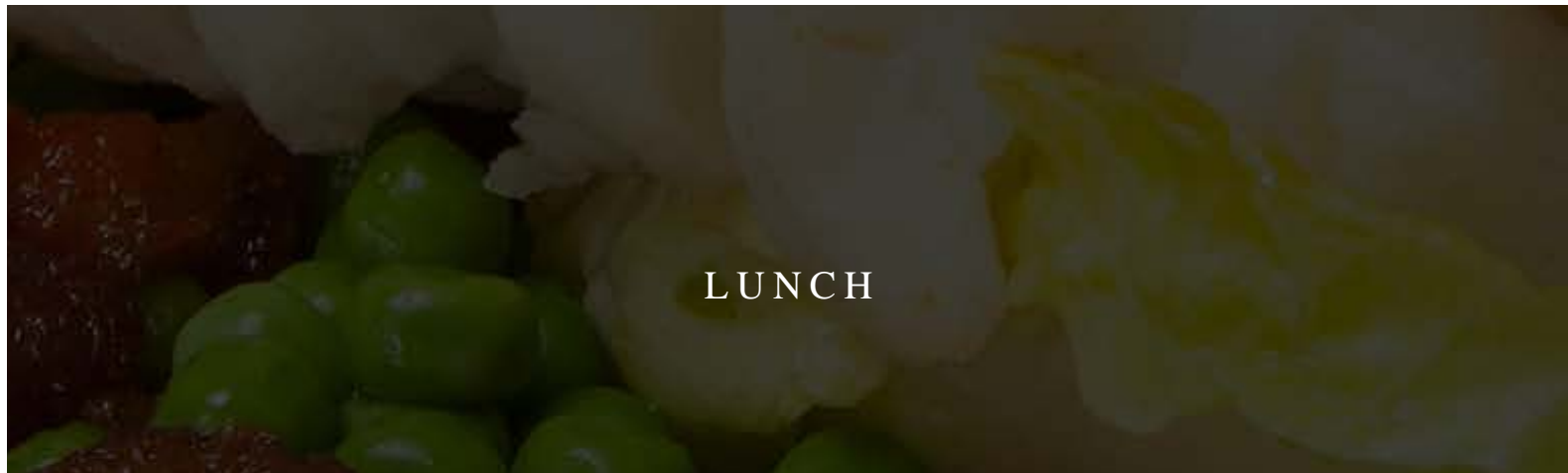
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LUNCH

SOUP OF THE DAY

Please ask your server co

€

ST TOLA

St Tola organic goats cheese, beets, blackberry, beluga lentils, apple

€8/11 v

CLONAKILTY BLACK PUDDING SALAD

Clonakilty black pudding salad, bacon, poached eggs, ballymaloe relish, soda bread

€7/€10

CHICKEN LIVER PATE

Chicken liver pate, Brioche, pear & raisin chutney

€8

‘SUPERFOOD’ SALAD €12

‘Superfood’ salad - spiced Organic salmon, bulgur wheat, broccoli, almonds, yoghurt, goji berries c

SHEPHERDS PIE €16

Shepherds pie, roast parsnip & carrot, mash crust

FISHCAKES €15

Fishcakes, salmon, smoked coley & hake, chilli & soy, noodle salad

MOROCCAN SPICED CHICKEN SKEWERS €15

Moroccan spiced chicken Skewers, flat bread, lemon and tahini, bulgur wheat, red kidney beans

FISH & CHIPS €17

Fish & Chips, hake in Carrig beer batter, pea puree, chips & tartare sauce

TOONSBRIDGE HALLOUMI €14

Toonsbridge halloumi, Sweet potato, gnocchi & spinach, spiced tomato & yoghurt, toasted almonds v p

HARTES BURGER €16

Hartes burger, bacon jam, Dubliner cheddar

SANDWICHES

All of our breads are homemade if you wish to purchase some we require 24hrs notice.

All Sandwiches are accompanied by one of the following – salad, chips, skins, small soup, Additional salad, chips, skins or small soup €2.50 (Gluten free bread available)

CORNED BEEF €10

Corned beef and Mossfield cheddar toastie, mustard & leek

CHICKPEA & RED LENTIL FALAFEL €8

Chickpea & red lentil falafel, pear chutney, mint yoghurt on flatbread

MINUTE STEAK SANDWICH

€12

Minute steak sandwich, hartes brown sauce, tomato, lettuce & Crozier blue cheese

HAM & CHEESE

€9

Ham & cheese, tomato, onion, Dubliner cheddar, ballymaloe relish

HARTES CLUB SANDWICH

€9

Hartes club sandwich, oven roast chicken, bacon, tomato, egg mayonnaise

DESSERTS

all €7

Carrot cake, sweet pickled carrots, white chocolate & orange

Creme brulee, vanilla & orange, pecan shortbread

Eton mess, raspberry, lemon, meringue

Hot chocolate *or* Banoffi sundae, crushed cookies, Rossmore vanilla ice cream co

C – Coeliac CO – Coeliac option V – Vegetarian L – Lactose free P – Pauls favourites

We use only sustainable fish, fully traceable Bord bia approved Irish Beef, poultry, pork & bacon & support Irish artisan suppliers

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