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## Mechanism of Inactivation by High Voltage Atmospheric Cold Plasma Differs between *Escherichia coli* and *Staphylococcus aureus*

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1     **Mechanism of Inactivation by High Voltage Atmospheric Cold Plasma Differs**  
2                     **between *Escherichia coli* and *Staphylococcus aureus***

3

4             **Running title: Inactivation Mechanism of Atmospheric Cold Plasma**

5

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16 **Abstract:**

17 Atmospheric cold plasma (ACP) is a promising non-thermal technology effective  
18 against a wide range of pathogenic microorganisms. Reactive oxygen species (ROS)  
19 play a crucial inactivation role when air or other oxygen containing gases are used.  
20 With strong oxidative stress, cells can be damaged by lipid peroxidation, enzyme  
21 inactivation and DNA cleavage. Identifying ROS and understanding their role is  
22 important to advance ACP applications to a range of complex microbiological issues.  
23 In this study, the inactivation efficacy of in-package, high voltage (80 kV<sub>RMS</sub>) ACP  
24 (HVACP) and the role of intracellular ROS were investigated. Two mechanisms of  
25 inactivation were observed where reactive species were found to either react primarily  
26 with the cell envelope or to damage intracellular components. *E. coli* was inactivated  
27 mainly by cell leakage and low level DNA damage. Conversely, *S. aureus* was mainly  
28 inactivated by intracellular damage with significantly higher levels of intracellular  
29 ROS observed and little envelope damage. However, for both bacteria studied,  
30 increasing treatment time had a positive effect on intracellular ROS levels generated.

31 **Keywords:**

32 High voltage atmospheric cold plasma, in-package, intracellular ROS, cell leakage,  
33 DNA damage, *E. coli* and *S. aureus*

## 34 INTRODUCTION

35 Atmospheric cold plasma (ACP) refers to non-equilibrium plasma generated at near  
36 ambient temperatures and pressure. They are composed of particles including free  
37 electrons, radicals, positive and negative ions, but are low in collision frequency of  
38 gas discharging compared to equilibrium plasma (1, 2). ACP technologies have been  
39 widely applied for many surface treatments and environmental processes. Recently  
40 they have been studied for food sterilisation and plasma medicine (2-5).

41 ACP provides inactivation effects against a wide range of microbes, mainly by the  
42 generation of cell-lethal reactive species (6-8). By discharging in air, groups of  
43 reactive species are generated, such as reactive oxygen species (ROS), reactive  
44 nitrogen species (RNS), ultraviolet (UV) radiation, energetic ions and charged  
45 particles (5). However, the inactivation efficacy can be varied by changing the  
46 working gases which results in different types or amounts of reactive species  
47 generated (9-11). ROS are often identified as the principal affecting species with  
48 relatively long half-life and strong anti-microbial effects, which are generated in  
49 oxygen containing gases (12).

50 ROS generated during plasma discharge in air or oxygen-containing mixtures are  
51 assemblies of ozone, hydrogen peroxide, singlet and atomic oxygen, while ozone is  
52 considered as the most microbicidal specie (13). With strong oxidative stress, cells are  
53 damaged by lipid peroxidation, enzyme inactivation and DNA cleavage. Generating  
54 plasma in air or a nitrogen containing gas mixture can also generate NO<sub>x</sub> species.  
55 However, a higher inactivation efficacy has been reported with the combined

56 application of NO and H<sub>2</sub>O<sub>2</sub> on *E. coli* than a treatment with NO or H<sub>2</sub>O<sub>2</sub> alone (14).  
57 Reactive nitrogen species are highly toxic and can lead to cell death by increasing  
58 DNA damage (15). One of the potential benefits of ACP as a sterilization or  
59 pasteurization technology is the reported low mutation level associated which may be  
60 attributed to the ‘cocktail’ of reactive species generated (16, 17). However, different  
61 patterns of cellular damage between Gram negative and positive bacteria were  
62 observed in former studies (18, 19). Moreover, the treatment parameter of mode of  
63 exposure has been previously described (13, 20), where the inactivation mechanism  
64 reported was similar in relation to direct or indirect exposure to the plasma. With  
65 regard to inactivation efficacy, indirect exposure to ACP had a reduced microbicidal  
66 effect where interaction with UV, electron beam, charged particles and other  
67 short-lived species was absent. However, the in-package treatment used in this study  
68 allows the contained recombination of reactive radicals, which could result in strong  
69 bactericidal effects, even with indirect exposure.

70 Thus, the inactivation mechanism of ACP is a possible result of the reactive species  
71 actions, which correlate to process and system parameters. Reactive species reactions  
72 with Gram negative and positive bacteria are potentially different. To prove this  
73 hypothesis, this study compared the inactivation mechanism of HVACP against *E. coli*  
74 and *S. aureus* to expand understanding of the possible different patterns of damage  
75 against Gram negative and Gram positive bacteria, especially the action of reactive  
76 oxygen species. The interactive effects of intracellular ROS generation and DNA  
77 damage with treatment time were examined in conjunction with spectral diagnostics

78 of the in package process to elucidate the mechanism.

## 79 **MATERIALS AND METHODS**

### 80 **Bacterial Strains and Growth Conditions**

81 The bacterial strains used in this study were *Escherichia coli* NCTC 12900  
82 (non-toxigenic O157:H7) and *Staphylococcus aureus* ATCC 25923. Strains were  
83 chosen to represent both Gram negative and Gram positive bacteria and to facilitate  
84 comparison with other studies. They are pathogens of relevance to the food industry  
85 in addition to their multi-drug resistance and high rate of mutations (21, 22). *E. coli*  
86 NCTC 12900 was obtained from the National Collection of Type Cultures of the  
87 Health Protection Agency (HPA, UK), and *S. aureus* was obtained from the  
88 microbiology stock culture of the School of Food Science and Environmental Health,  
89 Dublin Institute of Technology. Strains were maintained as frozen stocks at -70 °C in  
90 the form of protective beads, which were plated onto tryptic soy agar (TSA, Scharlau  
91 Chemie, Barcelona, Spain) and incubated overnight at 37 °C to obtain single colonies  
92 before storage at 4 °C.

### 93 **Preparation of Bacterial Cell Suspensions**

94 Cells were grown overnight (18 h) by inoculating isolated colonies of respective  
95 bacteria in tryptic soy broth without glucose (TSB-G, Scharlau Chemie, Barcelona,  
96 Spain), at 37 °C. Cells were harvested by centrifugation at 8,720 g for 10 min. The  
97 cell pellet was washed twice with sterile phosphate buffered saline (PBS, Oxoid LTD,  
98 UK). The pellet was re-suspended in PBS and the bacterial density was determined by  
99 measuring absorbance at 550 nm using McFarland standard (BioMérieux,

100 Marcy-l'Étoile, France). Finally, cell suspensions with a concentration of  $10^8$  CFU  
101  $\text{ml}^{-1}$  were prepared in PBS.

### 102 **HVACP system configuration**

103 The dielectric-barrier discharge (DBD) HVACP system used in this study consists of a  
104 high voltage transformer (with input voltage 230 V at 50 Hz), and a voltage variac  
105 (output voltage controlled within 0~120 kV) (Figure 1). HVACP discharge was  
106 generated between two 15-cm diameter aluminium electrodes separated by two  
107 perspex dielectric layers (10 mm and 1mm thickness). The system was operated at  
108 high voltage level of 80  $\text{kV}_{\text{RMS}}$  at atmospheric pressure. Voltage and input current  
109 characteristics of the system were monitored using an InfiniVision 2000 X-Series  
110 Oscilloscope (Agilent Technologies Inc., USA). A polypropylene container, which  
111 acted as both a sample holder and an additional dielectric barrier, was placed between  
112 the two perspex dielectric layers. The distance between the two electrodes was kept  
113 constant (2.2 cm) for all experiments.

### 114 **HVACP treatment**

115 For direct plasma treatment, 10 ml of bacterial cell suspensions in PBS were  
116 aseptically transferred to a sterile plastic petri dish, which was placed in the centre of  
117 the polypropylene container, between the electrodes. For indirect plasma treatment, a  
118 separate container was used, where the sample petri dish was placed on the upper left  
119 corner of the container, outside the plasma discharging area. Each container was  
120 sealed in a high barrier polypropylene bag (B2630; Cryovac Sealed Air Ltd, Dunkan,  
121 SC, USA) using atmospheric air as a working gas for HVACP generation. Bacterial



122 samples were then treated with HVACP at 80 kV<sub>RMS</sub> for 1, 3 and 5 min. After HVACP  
123 treatment, samples were subsequently stored at room temperature for either 0, 1 or 24  
124 h (23). Ozone concentrations were measured using GASTEC gas tube detectors  
125 (Product # 18M, Gastec Corporation, Kanagawa, Japan) immediately after treatment  
126 and also after 1 or 24 h storage. Containers were kept sealed to ensure the retention of  
127 contact with generated reactive species during post-treatment storage. Microbiological  
128 analysis were immediately applied after respective post-treatment storage. All  
129 experiments were carried out in duplicate and replicated twice.

### 130 **Microbiological Analysis**

131 To quantify the effects of plasma treatment, 1 ml of treated samples were serially  
132 diluted in maximum recovery diluent (MRD, Scharlau Chemie, Barcelona, Spain) and  
133 0.1 ml aliquots of appropriate dilutions were surface plated on TSA. 1 ml and 0.1 ml  
134 of the treated sample was spread onto TSA plates as described by EN ISO 11290-2  
135 method (ISO 11290-2, 1998). The limit of detection was 1 Log CFU ml<sup>-1</sup>. Plates were  
136 incubated at 37 °C for 24 h and colony forming units were counted. Any plates with  
137 no growth were incubated for up to 72 h and checked for the presence of colonies  
138 every 24 h. Results are reported in Log CFU ml<sup>-1</sup> units.

### 139 **Detection of reactive oxygen species after plasma treatment**

140 DCFH (2',7'-dichlorodihydrofluorescein) is a cellular assay probe widely used for  
141 fluorescence detection of intracellular ROS. It revealed the concentration of ROS in  
142 HVACP treated samples.

143 After HVACP treatment and subsequent storage, cells were incubated with DCFH-DA

144 (2',7'-dichlorodihydrofluorescein diacetate, Sigma Aldrich Ltd, Dublin, Ireland) at a  
145 final concentration of 5  $\mu$ M in PBS for 15 min at 37 °C. Two hundred  $\mu$ L aliquots of  
146 each sample were transferred into 96 well fluorescence microplate wells (Fisher  
147 Scientific, UK) and measured by Synergy<sup>TM</sup> HT Multi-Mode Microplate Reader  
148 (BioTek Instruments Inc.) at excitation and emission wave lengths of 485 and 525 nm.

#### 149 **Optical emission spectroscopy**

150 Optical emission spectroscopy (OES) of the discharge within empty packages was  
151 acquired with an Edmund Optics UV Enhanced Smart CCD Spectrometer with an  
152 optical fibre input. UV Enhanced Smart CCD Spectrometers have been optimized for  
153 maximum performance in the ultraviolet and near UV region, and for multichannel  
154 operation with ultra-low trigger delay. The spectral resolution of the system was 0.6  
155 nm.

156 The fibre optic from the spectrometer was placed facing towards the package to allow  
157 the light to cross the centre of the side wall of the polypropylene container. The fibre  
158 had a numerical aperture of 0.22 mm and was optimized for use in the ultraviolet,  
159 visible and near infrared portion of the spectrum with a wavelength range of 200 –  
160 920 nm. A 5 mm diameter lens collected light from a column across the diameter of  
161 the package and focused it onto a 200  $\mu$ m multi-mode fibre. The other end of the 2 m  
162 long fibre was connected to the spectrometer.

#### 163 **Cell membrane integrity**

164 Membrane integrity was examined by determination of the release of intracellular  
165 materials absorbing at 260 and 280 nm ( $A_{260}$  and  $A_{280}$ ) (24). Untreated (bacterial cells

166 in PBS) and HVACP-treated samples were centrifuged at 13,200 g for 10 min.  
167 Untreated controls were used to determine the release of any intracellular material  
168 before HVACP treatment. Two hundred  $\mu\text{L}$  supernatant of each sample was  
169 transferred into UV-transparent microtitre plate (Corning Life Science, US) wells and  
170 measured by Synergy<sup>TM</sup> HT Multi-Mode Microplate Reader at 260 nm and 280 nm.

### 171 **DNA damage**

172 To further examine intracellular damage, double-strand DNA (dsDNA) concentrations  
173 were investigated after 24 h storage, which provided adequate reaction time between  
174 ROS and cell components. SYBR Green I,  
175 [2-[N-(3-dimethylaminopropyl)-N-propylamino]-4-[2,3-dihydro-3-methyl-(benzo-1,3  
176 -thiazol-2-yl)-methylidene]-1-phenyl-quinolinium], is a highly sensitive detector of  
177 dsDNA and can be used to quantify nucleic acids. SYBR Green I has been widely  
178 used in fluorescence analysis, real-time PCR and biochip applications. (25) In this  
179 study, it was used as an indicator of DNA damage with a digested cell solution.  
180 Lysozyme and lysostaphin hydrolyse the bacterial cell wall by breaking 1-4 bonds  
181 between N-acetyl- $\beta$ -D-glucosamine (NAG), N-acetyl- $\beta$ -D-muramic acid (NAM) and  
182 polyglycine cross-links present in the peptidoglycan (26).

183 Following HVACP treatment *E. coli* samples were incubated with  $100 \mu\text{g mL}^{-1}$   
184 lysozyme at  $37^\circ\text{C}$  for 4 h to break the cell envelope and release the intracellular DNA.  
185 Because of the different cellular structures in Gram positive bacteria, *S. aureus*  
186 samples were incubated with  $100 \mu\text{g mL}^{-1}$  lysozyme and  $10 \mu\text{g mL}^{-1}$  lysostaphin at  $37^\circ\text{C}$   
187  $^\circ\text{C}$  for 4 h. Cell digestion effects were verified by colony counts on TSA plates. Cells

188 without HVACP treatment were digested and used as positive control group, while  
189 untreated cells without digestion were used as negative controls. The bacterial  
190 envelope was considered as completely digested when the survival rate was below the  
191 detection level.

192 After cell digestion, solutions were incubated with SYBR Green I (1:10,000, Sigma  
193 Aldrich Ltd, Dublin, Ireland) at working concentration (1:1) for 15 min at 37 °C. 200  
194 µL aliquots of each sample were transferred into 96 well fluorescence microplate  
195 wells (Fisher Scientific, UK) and measured by Synergy™ HT Multi-Mode Microplate  
196 Reader at excitation and emission wave lengths of 485 and 525 nm.

#### 197 **Scanning Electron Microscopy**

198 Bacterial samples in PBS exposed to plasma for 1 min treatment with a post-treatment  
199 storage time of 1 or 24 h were selected for SEM analysis. This was based on a  
200 noticeable difference in plasma inactivation efficacy with respect to post-treatment  
201 storage time. Bacterial cells were prepared as described by Thanomsub *et al.* 2002  
202 with minor modifications (27, 28). Samples were then examined visually by using a  
203 FEI Quanta 3D FEG Dual Beam SEM (FEI Ltd, Hillsboro, USA) at 5 kV.

#### 204 **Statistical Analysis**

205 Statistical analysis was performed using SPSS 22.0 (SPSS Inc., Chicago, U.S.A.).  
206 Data represent the means of experiments performed in duplicate and replicated at least  
207 twice. Means were compared using analysis of variance (ANOVA) using Fisher's  
208 Least Significant Difference-LSD at the 0.05 level.

209

## 210 **RESULTS**

### 211 **Effect of treatment time and post-storage time on plasma inactivation efficacy**

212 The inactivation efficacy of HVACP against *E. coli* NCTC 12900 and *S. aureus* ATCC  
213 25923 is shown in Tables 1 and 2. Inactivation was related to both treatment time and  
214 post-treatment storage time.

215 After 1 min exposure of HVACP, *E. coli* samples were decreased by around 2 log  
216 cycles in conjunction with 24 h post treatment storage. When treatment time was  
217 increased to 3 min, bacterial populations were undetectable for both 1 and 24 h  
218 storage times. Without post-treatment storage, approximately 3.6 and 2.3 log cycle  
219 reductions were detected with direct and indirect exposure after 3 min treatment, but  
220 further extending treatment time to 5 min resulted in 6 log cycle and at least 8 log  
221 cycle reductions for direct and indirect exposure respectively (Table 1,  $p \leq 0.05$ ).

222 A similar trend of HVACP inactivation was recorded for *S. aureus*. With 24 h storage,  
223 all treatment times used led to undetectable levels of bacterial population, irrespective  
224 of the mode of exposure. Increasing treatment time, from 1 min to either 3 or 5 min,  
225 yielded undetectable levels, with direct and indirect exposure, respectively, after 1 h  
226 storage. With no post treatment storage time, populations declined by approximately  
227 1.8 and 6.1 log cycles by increasing treatment time from 1 min to 5 min with direct  
228 exposure (Table 2,  $p \leq 0.05$ ). Similar effects were achieved with indirect exposure.

### 229 **Effect on cell membrane integrity**

230 The absorbance of 260 and 280 nm which is commonly used for quantification of  
231 DNA and protein concentration, can also indicate the release of intracellular DNA and

232 protein and loss of cell integrity (24). Different trends between *E. coli* and *S. aureus*  
233 were observed from their absorbance measured at 260 nm following plasma treatment  
234 (Figure 2 and 3).

235 For *E. coli*, all absorption curves showed similar trends (Figure 2). With 24 h  
236 post-treatment storage, a sharp increase in absorbance followed by a steady stage  
237 indicated that the cell integrity was compromised within 1 min of HVACP treatment.  
238 In the case of 0 and 1 h post treatment storage samples, a sharp increase at 1 min of  
239 treatment was followed by a gradual increase in the absorbance as a function of  
240 treatment time ( $p \leq 0.05$ ). In contrast, no leakage was recorded for *S. aureus*, even  
241 after 5 min treatment (Figure 3,  $p > 0.05$ ). However, a small increase in absorbance was  
242 observed for the 24 h post treatment storage sample group for both control and treated  
243 samples. Similar trends were observed at 280 nm (data not shown).

#### 244 **Reactive oxygen and nitrogen species**

245 The emission spectrum is presented in Figure 4 (a). Analysis of the discharge was  
246 carried out in air at 80 kV<sub>RMS</sub> over the range of 200 - 920 nm. Distinct peaks obtained  
247 in the near UV and visible regions corresponded to strong emissions from N<sub>2</sub> and N<sub>2</sub><sup>+</sup>  
248 excited species. The ozone concentration inside package after HVACP treatment was  
249 investigated using colorimetric tubes, which revealed its correlation with treatment  
250 and post-treatment storage time (Table 3). The in-package ozone densities were  
251 similar for each bacterial sample. Treatment time and post-treatment storage time had  
252 positive and negative effects respectively on the ozone concentration detected.  
253 Detected ozone concentration were not significantly different from containers of *E.*

254 *coli* or *S. aureus* samples with same treatment parameters. No ozone was detected in  
255 either treatment condition after the 24 h post-treatment storage time. In air  
256 DBD-ACPs, the well-known generation–depletion cycle of ozone is interlinked to that  
257 of nitrogen oxides through several gas-phase reactions that generate  $N_2O$ ,  $NO$  and  $O$   
258 atoms starting from  $O_2$  and  $N_2^*$  (29). In Figure 4 (b), one of the major emission  
259 intensity of second positive  $N_2$  system from empty box and sample packages, where  
260 other major peaks had similar results (data not shown).

261 The concentrations of ozone and nitrogen oxides ( $O_3$ ,  $NO_2$ ,  $NO_3$ ,  $N_2O_4$ ) for this set-up  
262 were quantified using absorption spectroscopy (OAS) and are reported elsewhere (29).  
263 The measurements of ozone using the gas detectors compare with those reported  
264 using OAS.

265 The oxidant-sensing fluorescent probe, DCFH-DA, is a nonpolar dye, which is  
266 converted into the nonfluorescent polar derivative DCFH by cellular esterases and  
267 switched to highly fluorescent DCF when oxidized by intracellular ROS and other  
268 peroxides (30). It has been widely used for intracellular detection with fluorescence  
269 analysis. The fluorescence signal correlated with the intracellular ROS density. Figure  
270 5 shows the intracellular ROS density results of *E. coli* and *S. aureus* in PBS, where a  
271 similar trend of ROS generation in response to HVACP is demonstrated for both  
272 bacteria. With regard to the effect of mode of exposure, with indirect treatment the  
273 ROS density increased gradually as a function of treatment time from 1 min to 5 min,  
274 by comparison with direct treatment where ROS density was lower with prolonged  
275 treatment.

## 276 **DNA damage**

277 Figure 6 presents the dsDNA quantity of *E. coli* and *S. aureus* before and after  
278 HVACP treatment. The control group from both bacteria obtained similar signal  
279 strength, which proved a similar initial DNA amount from samples. However,  
280 different signal levels were observed from the two treated strains. *E. coli* samples  
281 showed a reduction of fluorescence signal which correlated with treatment time.  
282 However, there was only a trace of fluorescence signal from *S. aureus* samples after  
283 treatment ( $p \leq 0.05$ ).

## 284 **Scanning Electron Microscopy**

285 From the SEM results (Figure 7), more visible damage was evident on *E. coli* surfaces  
286 than *S. aureus*, indicating cell breakage effects for *E. coli* inactivation, while HVACP  
287 treatment caused irregular shape and cell shrinkage in *S. aureus*.

## 288 **Proposed Inactivation Mechanism**

289 Figure 8 illustrates the proposed mechanism of action of ACP with Gram negative and  
290 Gram positive bacteria based on the results described here for *E. coli* and *S. aureus*.  
291 After HVACP treatment, generated reactive oxygen species, associated with process  
292 and system parameters, attack both cell envelope and intracellular components. For  
293 Gram negative cells the cell envelope is the major target of ROS. Reactions of ROS  
294 with cell components cause disruption of the cell envelope and result in leakage, with  
295 some possible damage of intracellular components (eg. DNA). For Gram positive  
296 cells the intracellular components are the major target of ROS. Reactions of ROS will  
297 cause severe damage of intracellular components (eg. DNA), but not cell leakage.



298 Lower intracellular ROS in Gram negative bacteria can be result of both ROS  
299 depletion by cell envelope components and the cell leakage.

300

## 301 **DISCUSSION**

302 From the results of inactivation efficacy, there is clearly a strong effect of increasing  
303 treatment time, even without post treatment storage time. However, a surviving  
304 population could be below the detection limit with recovery possible during storage  
305 under some treatment and storage conditions. No further enrichment procedures were  
306 employed in this study. Incorporating a post-treatment storage time increased the  
307 inactivation efficacy significantly, especially with 24 h post-treatment storage time,  
308 which could be attributed to the amount of reactive species generated and their  
309 extended reaction time with bacteria (Tables 1 and 2). Similar results have been  
310 observed in our former studies (18). A post treatment storage time with retained  
311 antimicrobial efficacy has two-fold potential advantage, whereby the initial exposure  
312 could be minimal with enhanced efficacy during storage which is compatible with  
313 treatment of sensitive samples. Additionally a post treatment storage stage is  
314 compatible with many industrial processes. However, with applications to the food,  
315 beverage and pharmaceutical industries in mind, the strong oxidative effect with long  
316 HVACP exposure time could adversely affect some ingredients by inducing surface  
317 oxidation, which has been observed from ozone food sterilization technologies (31). A  
318 challenge for developing HVACP applications in the food industry is to optimize the  
319 dose or gas mixtures applied to ensure control of microbiological risks whilst

320 maintaining food quality characteristics.

321 A hypothetical mechanism of action of HVACP against *E. coli* and *S. aureus* were  
322 concluded as shown in Figure 8. Different reaction mechanism with ROS and cell  
323 components are discussed below from reactive species and cell damage results.

324 The leakage studies recorded pointed to different modes of action. High leakage levels  
325 were observed with all treatment and post-treatment storage steps for *E. coli* ( $p \leq 0.05$ ),  
326 but not in *S. aureus* ( $p > 0.05$ ) (Figure 2 and 3). The cell wall of Gram positive bacteria  
327 consists of peptidoglycan with tight structure and strength, while Gram negative  
328 bacteria are covered by a thin layer of peptidoglycan and an outer membrane of  
329 lipopolysaccharide. During plasma treatment, generated ROS can react with both  
330 lipopolysaccharide and peptidoglycan thus breaking the molecule structure by  
331 damaging C-O, C-N and C-C bonds. (32-34) However, an obvious leakage was only  
332 observed from *E. coli*. With the higher lipid content, lipid peroxidation may have  
333 taken place on lipopolysaccharides and resulted in the breakage of the cell envelope.

334 (19) This could suggest that reactive species reacted with the cell wall in different  
335 patterns. Reactions with other cell wall components, such as peptidoglycan, could be  
336 also involved. Furthermore, Figure 7 visually illustrates the difference between *E. coli*  
337 and *S. aureus* after HVACP treatment and further supports our hypothesis on the  
338 pattern of damage. The effect of shrinkage but not breakage has also been reported on  
339 another Gram positive bacteria, *L. monocytogenes* (35).

340 As a main inactivation species, the ozone level inside the package showed strong  
341 correlation with treatment time and post-treatment storage time, but not with the type

342 of bacteria in the sample (Table 3). However, the fluorescent signal recorded for *S.*  
343 *aureus* was three times that of *E. coli*, thus indicating a much higher intracellular ROS  
344 density in *S. aureus* than for *E. coli* (Figure 5,  $p \leq 0.05$ ). A similar time correlated ROS  
345 generation was reported by other researchers using a plasma jet treatment.  
346 Intracellular ROS increased over 5 min of treatment by air plasma from a jet (36),  
347 with a similar trend reported on generation of RNS (37). Plasma treatment time  
348 determines the input energy during discharging. As the key reactive species for  
349 oxygen containing working gases, the generation of ROS consumes most of the  
350 energy in air plasma. It has been suggested that in-package ROS can penetrate cell  
351 membranes by active transport across the lipid bilayer or transient opening of pores in  
352 the membrane (3). This could explain the correlation between treatment time and  
353 ozone/ intracellular ROS. The mode of exposure also adds complexity, where an  
354 obvious difference in reactive species was observed from OES and DCFH DA assay  
355 according to mode of exposure (Figure 4 and 5). Lower reactive species levels were  
356 detected from samples exposed to direct plasma than the indirectly exposed samples.  
357 This could be due to the quenching effect of liquid between electrodes on the ionizing  
358 of gases. However, similar inactivation levels and cell components damage were  
359 recorded. During direct treatment, undetectable ROS, mostly very short lived and  
360 transient species, might react immediately with cell components and be transformed.  
361 It appears cells were damaged by the relatively long lived species associated with  
362 indirect treatment, such as higher ozone levels.

363 After plasma discharging, the ozone concentrations in the gas phase were determined

364 to be independent of the type of bacteria, while intracellular ROS levels were strongly  
365 correlated with both process parameter and target bacteria characteristic. This could  
366 contribute to the different reaction and diffusion patterns of ROS to the cells. Based  
367 on the absorbance results at 260 nm in Figure 2 and 3, HVACP generated ROS could  
368 react with the cell wall rather than entering the cell in *E. coli* samples, whilst ROS  
369 accumulated inside the *S. aureus* cells.

370 *E. coli* samples showed a reduction of fluorescence signal of DNA correlating with  
371 treatment time in Figure 6. This trend elucidated that DNA damage has a plasma dose  
372 dependent pattern. There was only a trace of fluorescence signal from *S. aureus*  
373 samples post treatment, indicating greater DNA damage than with *E. coli*. It has been  
374 reported that plasma induced oxidative stress damage in *S. aureus* is due to  
375 intracellular oxidative reactions (38).

376 Overall, treatment time and post-treatment storage time had strong effects on  
377 inactivation efficacy against *E. coli* and *S. aureus* in this study, with a lower impact  
378 observed for mode of plasma exposure. The amount of reactive species generated,  
379 including ozone, has been correlated with inactivation efficacy (12, 36, 39-41).

380 Among the reactive species generated during HVACP treatment, ROS contributed as  
381 major antimicrobial factors. Their concentrations were governed by plasma dose and  
382 applied gas compositions (18). The generation of ozone as an indicator of ROS  
383 showed a time-dependent pattern, while intracellular ROS had a similar trend. During  
384 penetration, ROS could react with the lipid content in the cell membrane and cause  
385 certain damage. Compared with Gram positive bacteria, the membrane of Gram

386 negative bacteria was more vulnerable. Visible damage as a result of plasma exposure  
387 was previously observed for *E. coli* (13).

388 A much higher intracellular ROS density detected in *S. aureus* showed the probable  
389 penetration of reactive species within the cell. At the same time, higher concentrations  
390 of reactive species overall could lead to more intracellular damage to cell components  
391 such as DNA, which was clearly noted in this study. Since the total amount of ROS  
392 generated using any system or process setting is around the same level and is  
393 independent of the target bacteria characteristics, it is apparent that less cell envelope  
394 damage may be associated with more intracellular damage.

395 In this study, the HVACP inactivation efficacy of *E. coli* and *S. aureus* bacteria was  
396 correlated with process and system parameters (i.e. treatment time or post-treatment  
397 storage time). These determined the amount and reaction time of reactive species,  
398 which were the essential factors of antimicrobial reactions. Two different possible  
399 mechanisms of inactivation were observed in the selected Gram negative and Gram  
400 positive bacteria. Reactive species were either reacting with cell envelope or  
401 damaging intracellular components. *E. coli* was inactivated by cell envelope damage  
402 induced leakage, while *S. aureus* was mainly eliminated by intracellular damage.  
403 Additionally, the different cell damage mechanisms might due to different type of  
404 reactive species with regard to the mode of exposure. These findings are critical for  
405 the successful development of plasma applications where the system and process  
406 parameters can be nuanced in relation to the target risk characteristics presented.

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411 **Conflict of interest**

412 No conflict of interest.

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544

545 Tables and Figures

546 Table 1. Surviving cell numbers of *E. coli* NCTC 12900 with respect to treatment and  
547 post-treatment storage time

Post-treatment storage time (h)	Plasma treatment time (min)	Mode of Plasma Exposure			
		Direct		Indirect	
		Cell density (Log <sub>10</sub> CFU/ml)	SD*	Cell density (Log <sub>10</sub> CFU/ml)	SD*
0	0	8.0 <sup>a</sup>	0.0	8.0 <sup>a</sup>	0.0
	1	7.6 <sup>a</sup>	0.1	7.3 <sup>b</sup>	0.1
	3	4.3 <sup>b</sup>	0.1	5.7 <sup>c</sup>	0.1
	5	2.1 <sup>c</sup>	0.7	ND* <sup>d</sup>	0.0
1	0	8.0 <sup>a</sup>	0.0	8.0 <sup>a</sup>	0.0
	1	7.2 <sup>d</sup>	0.1	7.1 <sup>b</sup>	0.2
	3	ND <sup>e</sup>	0.0	ND <sup>d</sup>	0.0
	5	ND <sup>e</sup>	0.0	ND <sup>d</sup>	0.0
24	0	8.0 <sup>a</sup>	0.0	8.0 <sup>a</sup>	0.0
	1	5.9 <sup>df</sup>	0.1	6.1 <sup>be</sup>	0.8
	3	ND <sup>e</sup>	0.0	ND <sup>d</sup>	0.0
	5	ND <sup>e</sup>	0.0	ND <sup>d</sup>	0.0

548 Different letters indicate a significant difference at the 0.05 level between different  
549 treatment times and post-treatment storage times

550 Critical controls were provided as 0 min treated samples with 0, 1 and 24 h  
551 post-treatment storage.

552 SD\*: Standard deviation

553 ND\*: Under detection limit

554 Table 2. Surviving cell numbers of *S. aureus* ATCC 25923 with respect to treatment  
 555 and post-treatment storage time

Post-treatment storage time (h)	Plasma treatment time (min)	Mode of Plasma Exposure			
		Direct		Indirect	
		Cell density (Log <sub>10</sub> CFU/ml)	SD*	Cell density (Log <sub>10</sub> CFU/ml)	SD*
0	0	7.9 <sup>a</sup>	0.2	7.9 <sup>a</sup>	0.2
	1	6.1 <sup>b</sup>	0.3	5.8 <sup>b</sup>	0.3
	3	5.4 <sup>c</sup>	0.6	5.3 <sup>c</sup>	0.1
	5	1.8 <sup>d</sup>	0.2	1.7 <sup>d</sup>	0.1
1	0	7.8 <sup>a</sup>	0.2	7.8 <sup>a</sup>	0.2
	1	4.3 <sup>bf</sup>	0.0	2.0 <sup>bf</sup>	0.0
	3	ND <sup>e</sup>	0.0	ND <sup>e</sup>	0.0
	5	ND <sup>e</sup>	0.0	ND <sup>e</sup>	0.0
24	0	7.8 <sup>a</sup>	0.2	7.8 <sup>a</sup>	0.2
	1	ND <sup>e</sup>	0.0	ND <sup>e</sup>	0.0
	3	ND <sup>e</sup>	0.0	ND <sup>e</sup>	0.0
	5	ND <sup>e</sup>	0.0	ND <sup>e</sup>	0.0

556 Different letters indicate a significant difference at the 0.05 level between different  
 557 treatment times and post-treatment storage times

558 Critical controls were provided as 0 min treated samples with 0, 1 and 24 h  
 559 post-treatment storage.

560 SD\*: Standard deviation

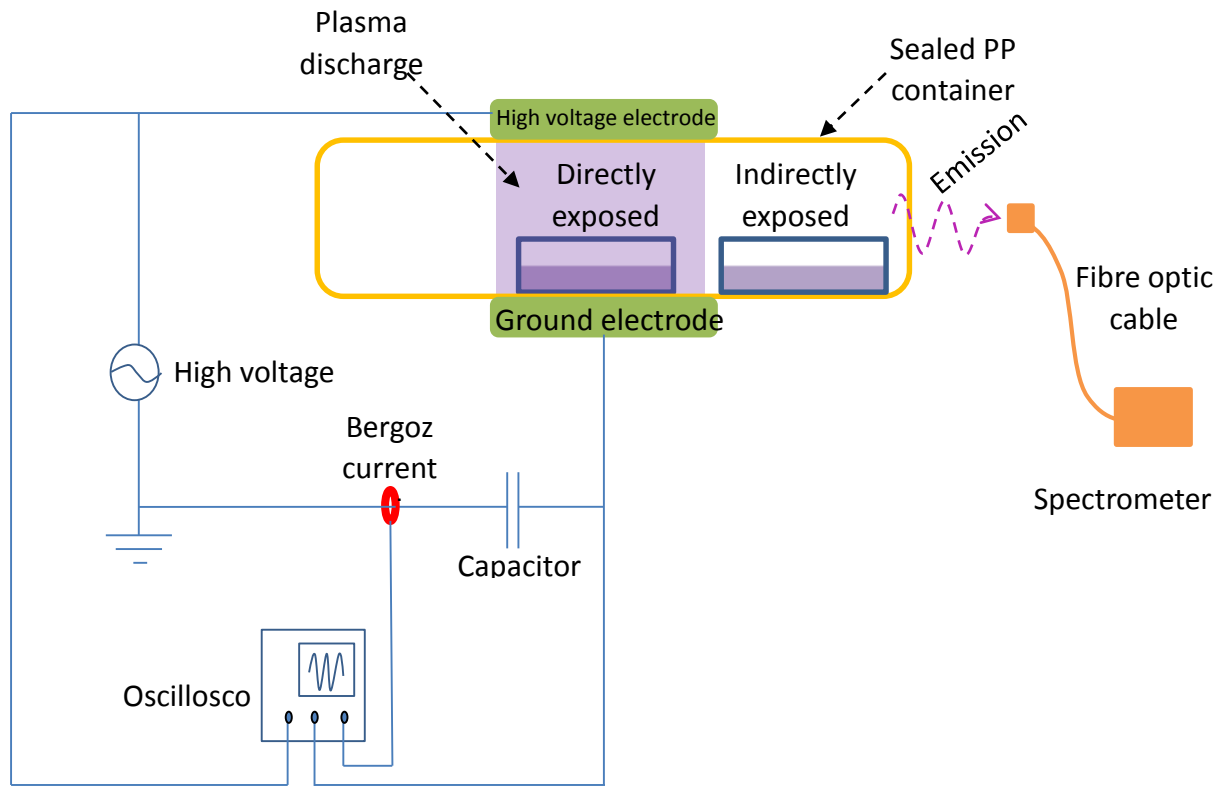
561 ND\*: Under detection limit

562

563 Table 3. In-package ozone concentration after different HVACP treatment and  
 564 post-treatment storage time with both *E. coli* and *S. aureus* samples

Post-treatment storage time (h)	Plasma treatment time (min)	Ozone concentration (ppm)	
		Direct	Indirect
0	1	1600	1800
	3	2400	3000
	5	4200	4400
1	1	100	120
	3	180	190
	5	330	350
24	1	ND	ND
	3	ND	ND
	5	ND	ND

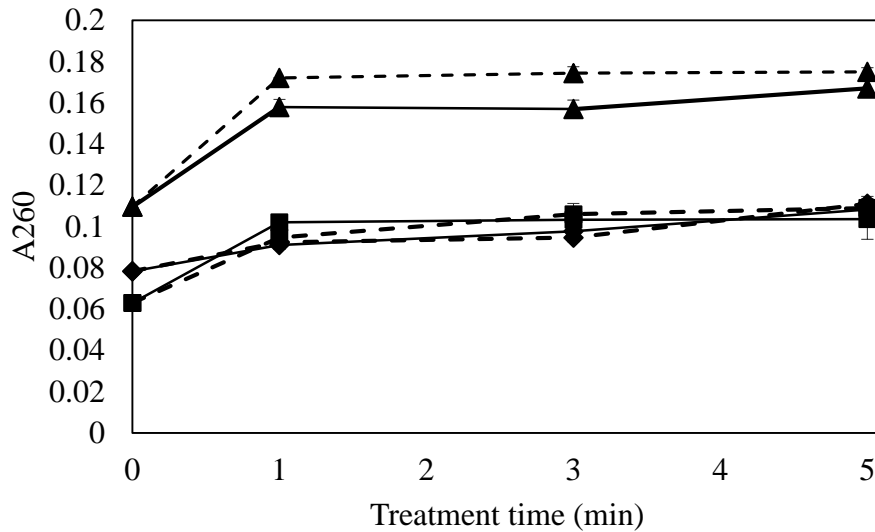
565 ND\*: Non-detectable



566

567 Figure 1. A schematic diagram of the DIT120+ HVACP device.





568

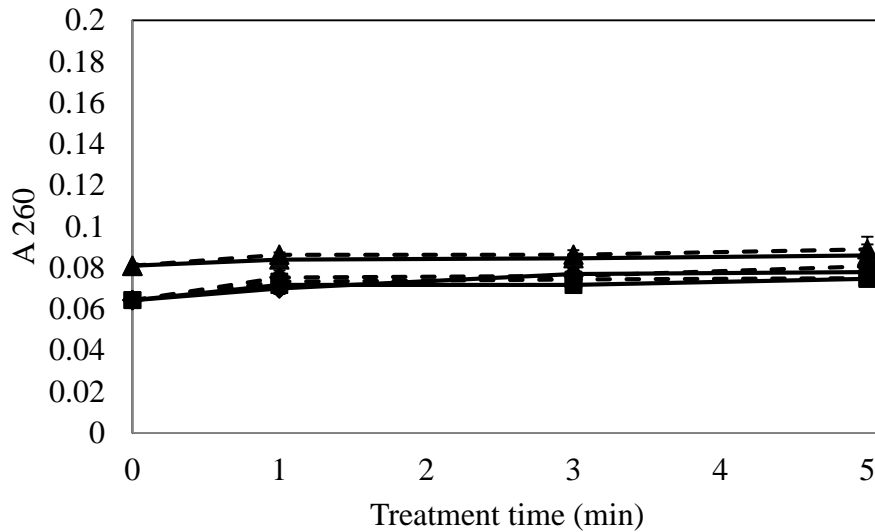
569 Figure 2. Absorbance of HVACP treated *E. coli* NCTC 12900 suspension in PBS at  
 570 260 nm with different post-treatment storage times

571 Data points at 0 min treatment time refer to untreated control stored with 0, 1, 24 h in  
 572 PBS

573 1, 3, 5 min treatment at 80 kV<sub>RMS</sub> with 0, 1, 24 h post-treatment storage

574 (■ 0 h post-treatment storage time; ◆ 1 h post-treatment storage time; ▲ 24 h  
 575 post-treatment storage time)

576 (Solid line: direct exposure; Dotted line: indirect exposure)



577

578 Figure 3. *S. aureus* ATCC 25923 absorbance at 260 nm after HVACP treatment in

579 PBS

580 Data points at 0 min treatment time refer to untreated control stored with 0, 1, 24 h in

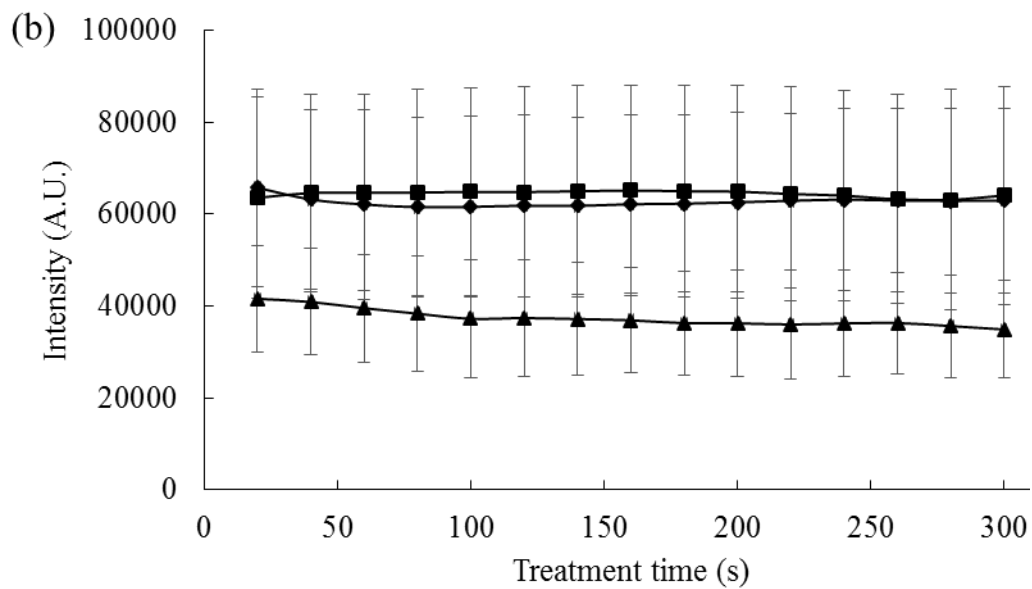
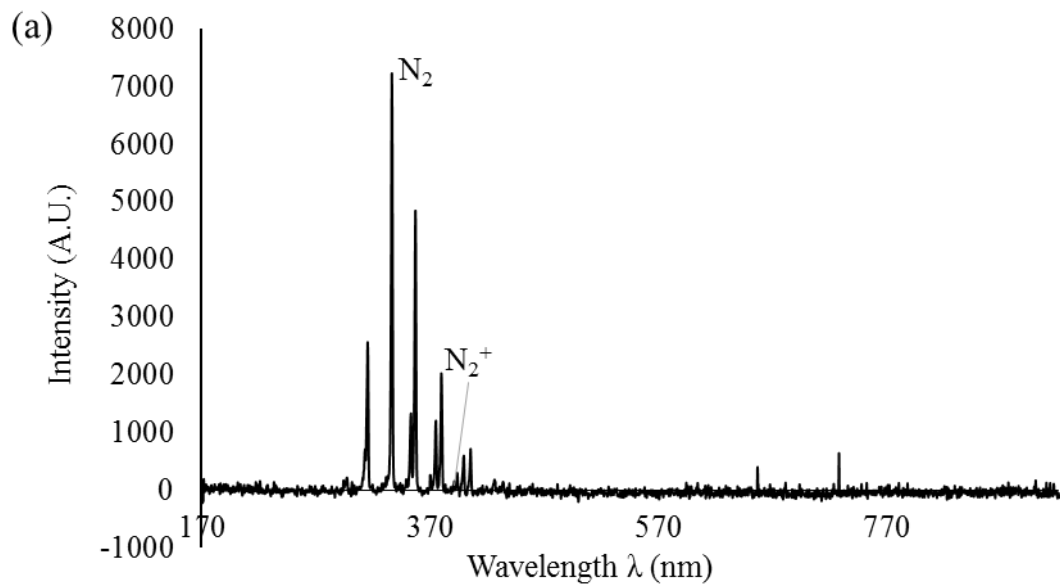
581 PBS

582 1, 3, 5 min treatment at 80 kV<sub>RMS</sub> with 0, 1, 24 h post-treatment storage

583 (■ 0 h post-treatment storage time; ◆ 1 h post-treatment storage time; ▲ 24 h

584 post-treatment storage time)

585 (Solid line: direct exposure; Dotted line: indirect exposure)



586

587 Figure 4. Emission spectrum of dielectric barrier discharge atmospheric cold plasma

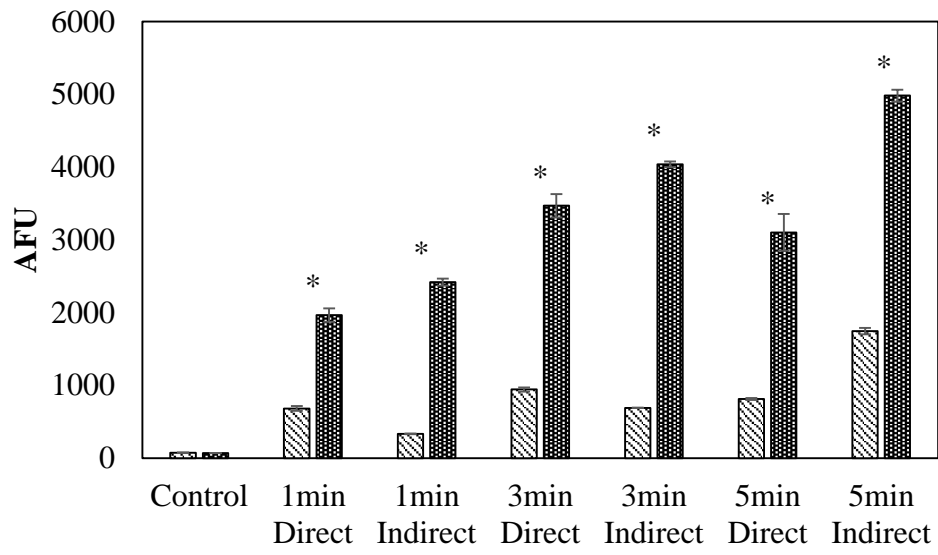
588 operating in air under atmospheric pressure

589 (a) Emission spectrum of empty box

590 (b) Emission intensity at 336.65 nm (■ Empty box; ▲ Direct exposure; ◆ Indirect

591 exposure.)

592



593

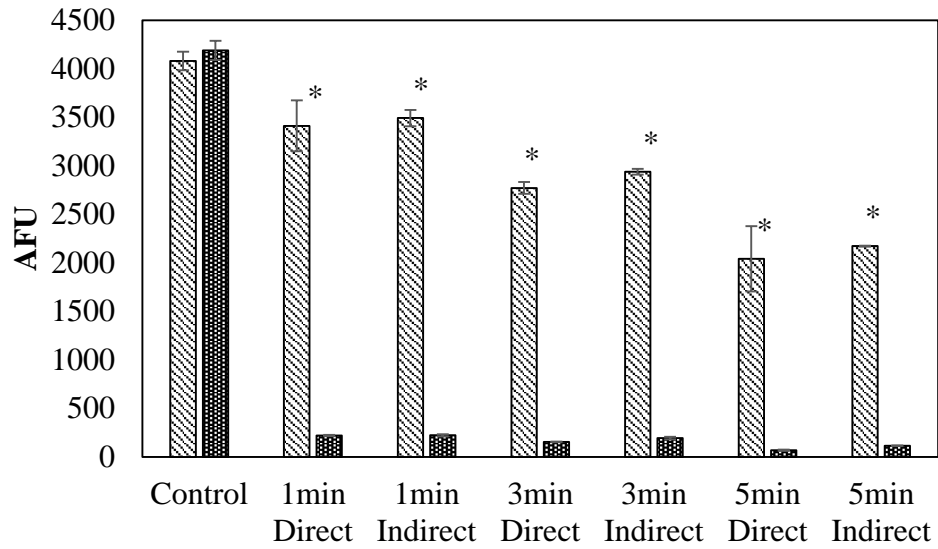
594 Figure 5. *E. coli* NCTC 12900 and *S. aureus* ATCC 25923 Intracellular ROS density

595 assay by DCFH DA

596 1, 3, 5 min treatment at 80 kV<sub>RMS</sub> with 0 h post-treatment storage

597 (▨ *E. coli* NCTC 12900; ▩ *S. aureus* ATCC 25923)

598 \* indicate a significant difference at the 0.05 level between *E. coli* and *S. aureus*



599

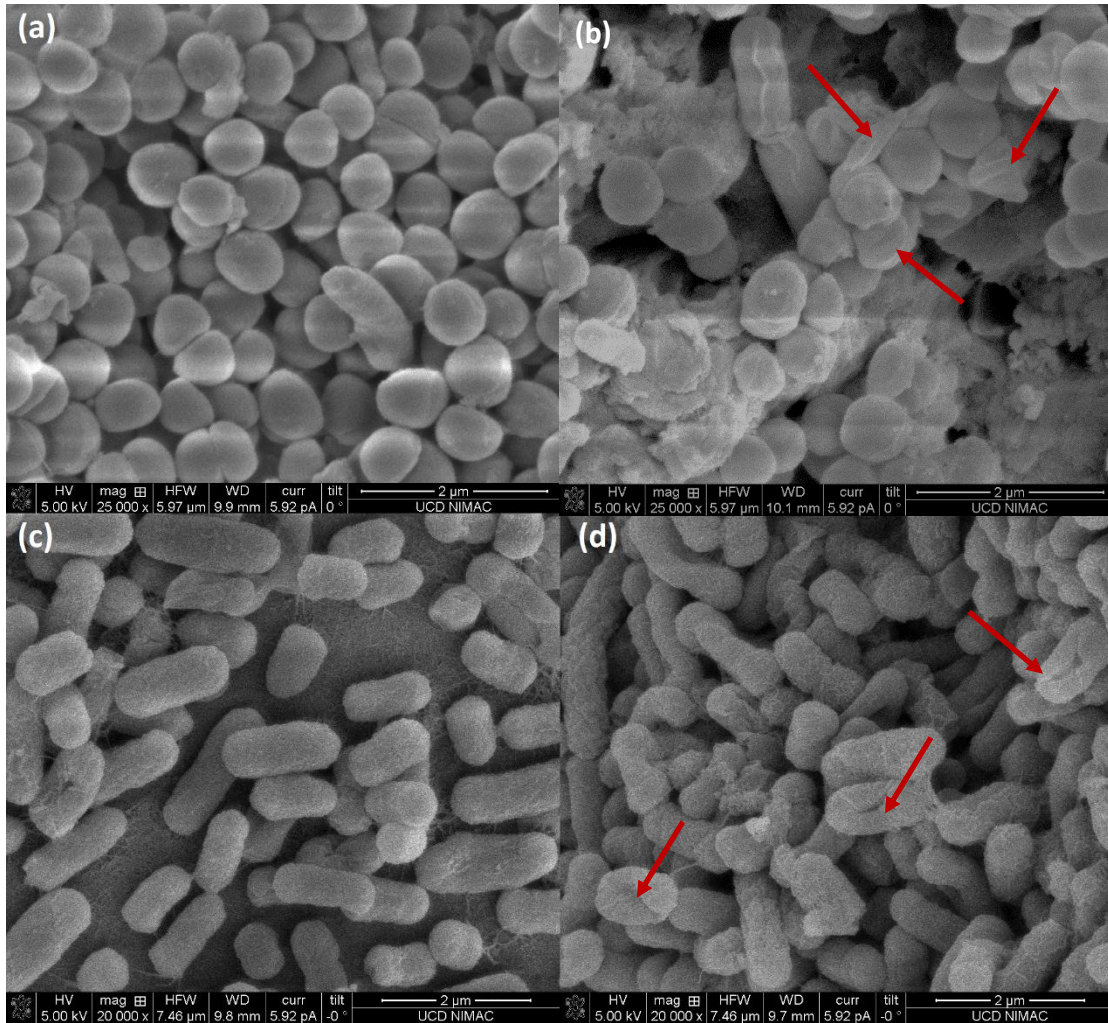
600 Figure 6. *E. coli* NCTC 12900 and *S. aureus* ATCC 25923 DNA quantification assay

601 by SYBR Green 1

602 1, 3, 5 min treatment at 80 kV<sub>RMS</sub> with 24 h post-treatment storage

603 (▨ *E. coli* NCTC 12900; ■ *S. aureus* ATCC 25923)

604 \* indicate a significant difference at the 0.05 level between *E. coli* and *S. aureus*



605

606 Figure 7. SEM images of control and treated cells with 80 kV<sub>RMS</sub> 1 min indirect  
 607 plasma exposed following 24 h post-treatment storage

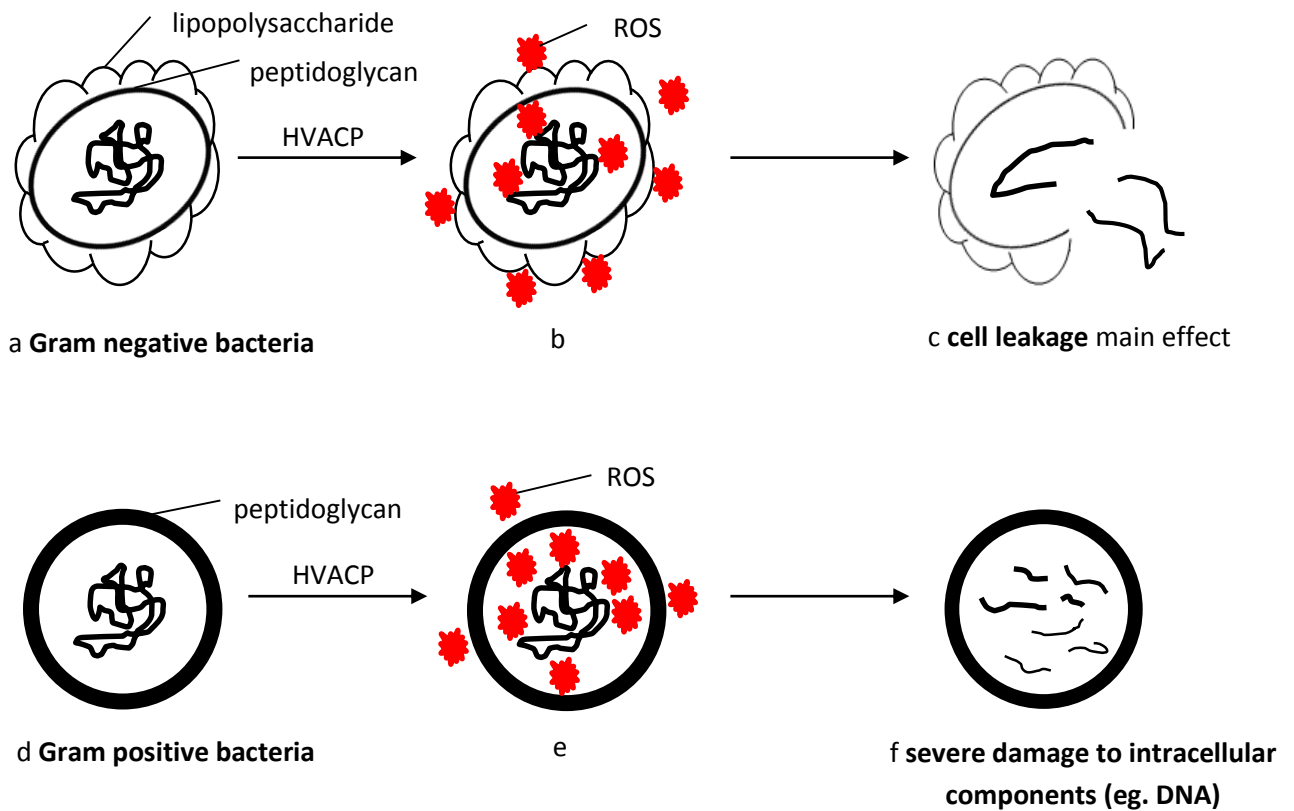
608 (a) Untreated *S. aureus* ATCC 25923

609 (b) Treated *S. aureus* ATCC 25923

610 (c) Untreated *E. coli* NCTC 12900

611 (d) Treated *E. coli* NCTC 12900

612



613

614 Figure 8. Proposed mechanism of action of HVACP with Gram negative and positive

615 bacteria

616 a, b, c the proposed inactivation mechanism of Gram negative bacteria: a, structure of

617 Gram negative bacteria before treatment, cell envelope consists of thin layer of

618 peptidoglycan and lipopolysaccharide; b, ACP generated ROS attacking both cell

619 envelope and intracellular components, where cell envelope is the major target; c,

620 inactivation mainly caused by cell leakage, with some DNA damage possible.

621 c, d, e the proposed inactivation mechanism of Gram positive bacteria: c, structure of

622 Gram positive bacteria before treatment, cell envelope consist a thick rigid layer of

623 peptidoglycan; d, ACP generated ROS attacking both cell envelope and intracellular

624 components, where intracellular materials are the major targets; e, inactivation mainly

625 caused by intracellular damage (eg. DNA breakage), but not leakage.