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2017

## Liposomal Encapsulation of Silver Nanoparticles Enhances Cytotoxicity and Causes Induction of Reactive Oxygen Species-Independent Apoptosis

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### Recommended Citation

Yusef, A., Brophy, A. & Gorey, B. (2017). Liposomal encapsulation of silver nanoparticles enhances cytotoxicity and causes induction of reactive oxygen species-independent apoptosis. *Journal of Applied Toxicology*, vol 38, no. 5, pg. 616-627. doi: 10.1002/jat.3566

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## RESEARCH ARTICLE

# Liposomal encapsulation of silver nanoparticles enhances cytotoxicity and causes induction of reactive oxygen species-independent apoptosis

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**Funding information**

Science Foundation Ireland, Grant/Award Number: 11/PI/1108; Fiosraigh Dean of Graduate Award, Dublin Institute of Technology

**Abstract**

Silver nanoparticles (AgNP) are one of the most widely investigated metallic NPs due to their promising antibacterial activities. In recent years, AgNP research has shifted beyond antimicrobial use to potential applications in the medical arena. This shift coupled with the extensive commercial applications of AgNP will further increase human exposure and the subsequent risk of adverse effects that may result from repeated exposures and inefficient delivery, meaning research into improved AgNP delivery is of paramount importance. In this study, AgNP were encapsulated in a natural biosurfactant, dipalmitoylphosphatidylcholine, in an attempt to enhance the intracellular delivery and simultaneously mediate the associated cytotoxicity of the AgNP. It was noted that because of the encapsulation, liposomal AgNP (Lipo-AgNP) at 0.625  $\mu\text{g ml}^{-1}$  induced significant cell death in THP1 cell lines a notably lower dose than that of the uncoated AgNP induced cytotoxicity. The induced cytotoxicity was shown to result in an increased level of DNA fragmentation resulting in a cell cycle interruption at the S phase. It was shown that the predominate form of cell death upon exposure to both uncoated AgNP and Lipo-AgNP was apoptosis. However, a reactive oxygen species-independent activation of the executioner caspases 3/7 occurred when exposed to the Lipo-AgNP. These findings showed that encapsulation of AgNP enhance AgNP cytotoxicity and mediates a reactive oxygen species-independent induction of apoptosis.

**KEYWORDS**

AgNP encapsulation, cytotoxicity, DNA fragmentation, liposome, silver nanoparticle (AgNP)

## 1 | INTRODUCTION

Silver nanoparticles (AgNP) are one of the most crucial metals in nanomedicine/nanotechnology. They have been investigated in the treatment of bacterial diseases and are found to possess a striking antimicrobial activity. AgNP are known to cause oxidative lesion that destroys the bacterial cell wall, facilitating its entry into the cell to bind to sulfhydryl groups of key proteins and bacterial DNA to disrupt crucial metabolic processes and halt cell proliferation (Feng et al., 2000; Grigor'eva et al., 2013; Wigginton et al., 2010). This has also led to the worldwide commercialization of AgNP in an array of formats with up to 24% of nanotechnology driven everyday consumer products worldwide containing AgNP (Vance et al., 2015). Some of the AgNP-based consumable products include but are not limited to food packaging, antibacterial creams, coatings in antimicrobial textiles and domestic

cleaning products. AgNP are widely used in medicine for dressing wounds, in making orthodontic materials, coating of bone prosthesis, coating of stents or catheters, cleaning surgical equipment and in certain contraceptive devices (Blaske et al., 2013; Correa et al., 2015; Knetsch & Koole, 2011; Samuel & Guggenbichler, 2004). In recent years, research involving AgNP has moved beyond investigating its antibacterial properties. The possibility of AgNP as an anticancer drug has been the subject of research due to the emergence of drug-resistant cancer cells and the discovery that AgNP possess an inherent cytotoxic effect on cancer cells (Zhang, Liu, Shen, & Gurunathan, 2016).

With increasing applications of AgNP in consumable products and in medicine there is an increased risk of exposure to the toxic side effects of AgNP that may have leached into the environment. Benn and Westerhoff (2008) showed that a sock coated with about 1.36 mg of AgNP can release 48% of its coating into water by simply

shaking the sock in water or as much as 100% in four consecutive washes. AgNP can also be released in the same manner from shampoos, toothpaste, detergents and medical apparels (Benn, Cavanagh, Hristovski, Posner, & Westerhoff, 2010). It has been reported that AgNP route of entry could be through oral, pulmonary or dermal routes. Irrespective of the entry route, AgNP induced cell death through the generation of reactive oxygen species (ROS), increased DNA damage and impairment of mitochondrial functions (Kang, Jung, & Lim, 2012). As such, continuous use of AgNP at these high concentrations comes with a potential danger in the near future. For instance, inefficient delivery of AgNP to target cells could result in systemic toxicity as it has been previously reported that prolonged biodistribution of AgNP could result in systemic transport to different tissues particularly to the spleen and liver (Xue et al., 2012). As such, devising ways by which low concentrations of AgNP can be efficiently delivered to target cells thus becomes pertinent. Generally, the unspecific systemic activities of conventional anticancer drugs are the major limiting factor in their application as chemotherapeutics. To subvert this negative side effect, encapsulation of drugs in a lipid bilayer has been investigated for improved delivery with promising results (Sercombe et al., 2015). For example, doxorubicin is a potent anticancer drug that inhibits topoisomerase II preventing accessibility of DNA polymerase to the DNA. Regardless of its potency, there is limitation to the use of doxorubicin in cancer treatment due to the negative side effects following its administration such as alopecia, hepatotoxicity, cardiotoxicity and nephrotoxicity (Tacar, Sriamornsak, & Dass, 2013). However, liposomal encapsulation of doxorubicin has been shown to improve its delivery in addition to alleviating the negative side effects of the drug, reducing the required concentration to achieve cell death (Brown & Khan, 2012; Camacho et al., 2016; Souto et al., 2016).

Liposomes like many other NPs have unique characteristics that make them efficient drug delivery vehicles. They are suitable for transporting both hydrophobic and hydrophilic molecules; the lipid layer of liposomes can entrap hydrophobic drugs due to hydrophobic interactions between the fatty acid chains and the drug while the aqueous core of the liposome can also hold hydrophilic drugs (Bozzuto & Molinari, 2015). In general, liposomes are often prepared from phospholipids, which then form the outer layer of the nanostructure that can be similar to the lipid bilayer of the cell membrane. The lipid layer of liposomes aids the passive transport of the liposome and its associated content into the cell. This prevents the requirement of membrane channels or pumps normally controlling the entry of charged or polar molecules such as peptides, metals and synthetic compounds that can be encapsulated in the lipid vesicle. These attributes allow for dose intensification of compounds that are encapsulated within the liposome while limiting any negative side effects associated with excess free drug present in a non-liposome delivery method (Silverman, Reynolds, & Deitcher, 2013). Liposomes have controllable sizes and their surface properties are easily modified in the synthesis process and can be tailored to any functional delivery requirements. These properties coupled with an enhanced permeability and retention effect *in vivo*, increases their ability to accumulate in a tumour microenvironment, which is typically composed of leaky vessels and abnormal cell junctions (Nehoff, Parayath, Domanovitch, Taurin, & Greish, 2014; Xing, Hwang, & Lu, 2016).

In this study, AgNP were encapsulated in a liposome made of natural biosurfactant, dipalmitoyl phosphatidylcholine (DPPC) to improve delivery due to increased permeabilization into the target cells. It is hoped that such a system will not only reduce the non-specific cytotoxic effect observed during AgNP treatment, but it may also reduce the concentration of AgNP required to elicit the expected cytotoxic response. Subsequently, this may help reduce the development of resistant strains to AgNP-based drug as well as eliminate the release of AgNP in large quantities into the ecosystem.

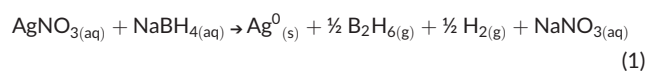
## 2 | MATERIALS AND METHODS

### 2.1 | Materials and reagents

Silver nitrate (AgNO<sub>3</sub>) (CAS no.: 7761-88-8), sodium borohydride (NaBH<sub>4</sub>) (CAS no.: 16940-66-2), DPPC (CAS no.: 63-89-8), cholesterol (CAS no.: 57-88-5), propidium iodide (PI) (CAS no.: 25535-16-4) and sodium azide (NaN<sub>3</sub>) (CAS no.: 26628-22-8) were all purchased from Sigma-Aldrich, Dublin, Ireland. All tissue culture plastics, 96-well plates, T75 and T25 flasks were purchased from Thermo Fisher Scientific, Dublin, Ireland. Alamar blue (catalogue no. DAL1025), 6-carboxy-2',7'-dichlorofluorescein diacetate (carboxy-DCFDA dye; catalogue no. C400) and CellEvent Caspase-3/7 Green Detection Reagent and SYTOX AADvanced Dead Cell Stain (catalogue no. C10740) Calcein-AM dye (lot no. 1475337) were all purchased from Life Technologies, through Biosciences Ltd., Dublin, Ireland.

### 2.2 | Silver nanoparticle synthesis

AgNPs were produced by a borohydride reduction of silver nitrate as detailed in Equation 1 below,



Briefly, a 1 mM solution of AgNO<sub>3</sub> and 2 mM solution of NaBH<sub>4</sub> were prepared in ultrapure grade distilled water. To prevent agglomeration of the AgNP during the reduction process, the reaction was carried out at low temperature; 30 ml of NaBH<sub>4</sub> was added to an Erlenmeyer flask placed in an ice bath and stirred at 350 rpm for 30 minutes to equilibrate. At a drop per second rate, 6 ml of AgNO<sub>3</sub> was added to the NaBH<sub>4</sub> solution under constant stirring. After all the AgNO<sub>3</sub> had been added, the stirring was stopped and the flask taken out of the ice bath. To prevent further agglomeration of the AgNP the solution was placed back on the stirrer and stirred until room temperature was achieved. The resulting golden yellow solution was stable at 4°C.

### 2.3 | X-ray diffraction and energy dispersive X-ray analysis of silver nanoparticle

Powdered X-ray diffraction (XRD) characterization of AgNP was conducted with a Philips diffractometer (Philips Inc., Westborough, USA) using a monochromatic Cu-K<sub>α1</sub> radiation source ( $\lambda = 1.5406 \text{ \AA}$ ) operated at 40 keV, 30 mA and a 2 $\theta$  angle pattern. The scanning was carried out in the 20° to 80° region and the crystalline structure was analysed by comparing the obtained result with that of the Joint

Committee on Powder Diffraction Standards library. Energy dispersive X-ray of AgNP was carried out by drop casting 100  $\mu\text{l}$  of AgNP on a silicon (Si) wafer and analysed using a Hitachi SU-70 (Hitachi, Tokyo, Japan) Oxford Instruments 50 mm<sup>2</sup> X-Max silicon drift EDS detector operated at 20 keV.

## 2.4 | Liposome preparation and encapsulation of silver nanoparticle

Liposomes were prepared with a combination of DPPC and cholesterol via modification of a dehydration–rehydration technique originally reported by Mugabe, Azghani, and Omri (2006). Initially, DPPC and cholesterol were dissolved in 5 ml chloroform and the solution was mixed until clear. It was then dried in a vacuum oven at 52°C overnight (above melting temperature of DPPC). The resultant lipid cake was rehydrated in distilled deionized water (ddH<sub>2</sub>O) at 60°C in a shaker. After the lipid was rehydrated, an AgNP solution was added to make a final lipid concentration of 1 mg ml<sup>-1</sup> of DPPC and 0.23 mg ml<sup>-1</sup> of cholesterol to give a 7:3 molar ratio (Briuglia, Rotella, McFarlane, & Lamprou, 2015). The solution was then placed in the shaker at 60°C for another 20 minutes after which it was vortexed and extruded through a 100 nm Nanosizer polycarbonate extruder (TTSscientific, Knoxville, USA). The resulting colloidal mixture was stored at 4°C before use.

## 2.5 | Estimating encapsulation efficiency of the liposome

To estimate the encapsulation efficiency, Lipo-AgNP were centrifuged at 30 000 g for 1 hour and the supernatant harvested. The supernatant was then analysed by atomic absorption spectrophotometry to estimate the concentration of silver in the solution. The encapsulation efficiency (*E*) of the liposome was then calculated using the formula below:

$$E = \frac{\text{Total AgNP added to liposome-AgNP in supernatant}}{\text{Total AgNP added to liposome}} \times 100 \quad (2)$$

## 2.6 | Scanning and scanning transmission electron micrograph analysis

Scanning electron micrograph (SEM) micrographs were obtained for all AgNP and liposomal AgNP (Lipo-AgNP) using a Hitachi SU-6600 field emission SEM (Hitachi, Maidenhead, UK) at an accelerating voltage of 25 kV and working distance of 8 mm. Before SEM analysis, 5  $\mu\text{l}$  of each sample was drop-cast on to a 5 × 5 mm pure silicon wafer substrate (Ted Pella Inc., Redding, California, USA) 24 hours before obtaining micrographs and allowed to air dry. Before scanning transmission electron micrograph (STEM) analysis, 3  $\mu\text{l}$  of each sample was drop-cast on to a carbon formvar copper grid (Agar Scientific Ltd., Stanstead, UK) 24 hours before obtaining micrographs and allowed to air dry.

## 2.7 | Cell culture and exposure

THP1 (ATCC®; TIB-202™) a suspension line derived from a human peripheral blood monocyte from an acute monocytic leukaemia patient, was used for this study. THP1 cells were cultured in RPMI-

1640 media containing 2 mM L-glutamine (Sigma-Aldrich) supplemented with 10% fetal bovine serum and incubated at 37°C, 95% humidity and 5% CO<sub>2</sub>.

For particle exposure, cells were seeded in to a 96-well plate at a density of 1 × 10<sup>4</sup> cells in 100  $\mu\text{l}$  of culture media for a 24 and 48 hour time period. A minimum of three independent experiments were conducted and for each independent experiment, six replicate wells were employed per concentration per plate. The cells were then treated with un-encapsulated (AgNP) and Lipo-AgNP after seeding. A positive kill control, a 10% (v/v) dimethyl sulfoxide solution was prepared in serum-free media to treat the cells while a negative control of unexposed cells was also incorporated on to the plate for both AgNP- and Lipo-AgNP-exposed cells. An additional positive control was performed for THP1 cells exposed to 0.325–5  $\mu\text{g ml}^{-1}$  Ag<sup>+</sup> solution, prepared by dissolving corresponding amount of AgNO<sub>3</sub> in ddH<sub>2</sub>O, to test the possible influence of AgNP ionization into Ag<sup>+</sup> on its cytotoxic effect.

## 2.8 | Cell viability

Cellular viability was evaluated with the Alamar Blue assay (AB). Briefly, a 10% (v/v) AB solution in serum-free media was prepared and kept warm in a water bath at 37°C. The plate containing treated cells was centrifuged in a Heraeus Megafuge 16R (Thermo Fisher) at 500 g and 20°C for 5 minutes and the exposure media removed after which 100  $\mu\text{l}$  of the 10% AB solution was added to each well. The plates were then incubated for 3 hours after which the resulting fluorescence of the converted AB dye was measured at 540 and 595 nm excitation and emission wavelengths respectively using SpectraMax® M3 Multi-Mode Microplate Reader and compared to the relative controls.

## 2.9 | Reactive oxygen species assay

ROS generation in the THP1 cells because of particle exposure was measured with a carboxy-DCFDA assay. In the assay carboxy-DCFDA a non-fluorescent dye is metabolized by esterase into H<sub>2</sub>DCFDA, which is further oxidized by ROS generated in the cell to a green fluorescent DCFDA dye. To quantify ROS generation, the THP1 cells were seeded into a T75 flask at 5 × 10<sup>5</sup> cells ml<sup>-1</sup> in RPMI media containing 2% fetal bovine serum and the cells were loaded with 10  $\mu\text{M}$  of carboxy-DCFDA dye and incubated for 30 minutes under normal culture condition. The loaded cells were then centrifuged at 300 g for 5 min and the medium containing excess carboxy-DCFDA was removed. The loaded cells were then washed twice in warm sterile phosphate-buffered saline (PBS) and then re-suspended in normal culture media. The cells were then seeded into Corning 96-well solid black plates (VWR, Dublin, Ireland) at 2 × 10<sup>5</sup> cells ml<sup>-1</sup> and treated with AgNP or Lipo-AgNP at 0.3  $\mu\text{g ml}^{-1}$ . ROS generation was then quantified by the fluorescence of the oxidized carboxy-DCFDA, by monitoring the dye emissions at 535 by 485 nm excitation on a Spectramax M3 multiplate reader, using multi-well scan at five different points per well.

## 2.10 | Flow cytometry

For flow cytometry analysis THP1 cells were seeded and cultured in T25 flasks at 2 × 10<sup>5</sup> cells ml<sup>-1</sup> and were subsequently treated with

Lipo-AgNP and AgNP for 24 hours. After exposure, cells were harvested into 15 ml tubes and were centrifuged at 300 g for 5 minutes at 22°C to form pellets. The pellets were resuspended in 2 ml prewarmed 1× PBS and centrifuged as above and the process was repeated. Before staining the pellet was finally resuspended in 1 ml binding buffer a 0.1% NaN<sub>3</sub> and 1% bovine serum albumin solution in 1× PBS.

For live–dead staining the cells were double stained by adding 5 µl of 1 µM calcein-AM stain and 10 µl of 10 µg ml<sup>-1</sup> PI. The cells were then incubated in the dark at room temperature for 20 minutes and analysed with a BD Accuri C6 flow cytometer (BD, Oxford, UK).

For the cell cycle analysis, cells were harvested as above and rinsed in warm sterile PBS. The cells were then fixed with ice-cold 70% ethanol. After ethanol fixation, the cells were incubated at 4°C for up to 4 hours. Before any staining, the cells were washed twice in PBS and centrifuged at 800 g for 5 minutes and the cell pellet treated with 50 µl of a 100 µg ml<sup>-1</sup> ribonuclease A to ensure only DNA was stained. The cells were then stained with 400 µl of 50 µg ml<sup>-1</sup> PI and incubated for 10 minutes before analysing using BD Accuri C6 flow cytometer.

Finally for Caspase3/7 analysis, as before the THP1 cells treated with AgNP and Lipo-AgNP were harvested and centrifuged at 300 g for 5 minutes to remove exposure solutions. As a positive control, THP1 cells were exposed to 1 µM solution of doxorubicin, which is a known activator of the executioner caspases. The cells were washed in PBS once and then resuspended in binding buffer. The cells were then stained with 500 nM CellEvent caspase 3/7 detection reagent and incubated at 37°C for 30 minutes. The cells were then stained with 1 µM SYTOX AAdvanced dead cell stain and incubated for 5 minutes before being analysed on a BD Accuri C6 flow cytometer.

## 2.11 | Statistical analysis

Statistical analysis was carried out using GraphPad Prism version 7. Data were analysed by two-way analysis of variance followed by Tukey's multiple comparison tests to detect significance in effects between exposure groups. Statistically significant differences in tests were indicated for  $P < 0.05$ .

## 3 | RESULTS

### 3.1 | Particle characterization

A summary of the synthesized NPs characterization using DLS is shown in Table 1 for different dispersion environments. DLS analysis of AgNP showed a dramatic increase in mean particle size when dispersed in RPMI-1640 media when compared to dispersion in ddH<sub>2</sub>O from 21.24 to 79.15 nm respectively. This increase in size was accompanied by a change in colour of the AgNP when dispersed in RPMI-1640 from the usual golden yellow colour to dark grey. In contrast, there was no significant change in the mean particle size of Lipo-AgNP when dispersed in RPMI-1640 compared to ddH<sub>2</sub>O and no colour change when dispersed in RPMI-1640 media. There was an observable increase in polydispersity index (PDI) of the AgNP (PDI = 0.23–0.566) and the Lipo-AgNP (PDI = 0.105–0.421) when dispersed in water

**TABLE 1** Size and zeta potential of AgNP, lyophilized and extruded Lipo-AgNP in ddH<sub>2</sub>O and RPMI-1640 media

		In ddH <sub>2</sub> O	In media
		Intensity PSD	Intensity PSD
AgNP	DLS (nm)	21.14 ± 9.48	79.15 ± 66.67
	Zeta (mV)	-26.50	-7.90
	PDI	0.230	0.566
Extruded Lipo-AgNP	DLS (nm)	140.1 ± 47.49	138.9 ± 54.93
	Zeta (mV)	-31.9	-0.61
	PDI	0.105	0.421

AgNP, silver nanoparticle; ddH<sub>2</sub>O, distilled deionized water; DLS, dynamic light scattering; Lipo-AgNP, liposomal silver nanoparticle; PDI, polydispersity index; PSD, particle size distribution.

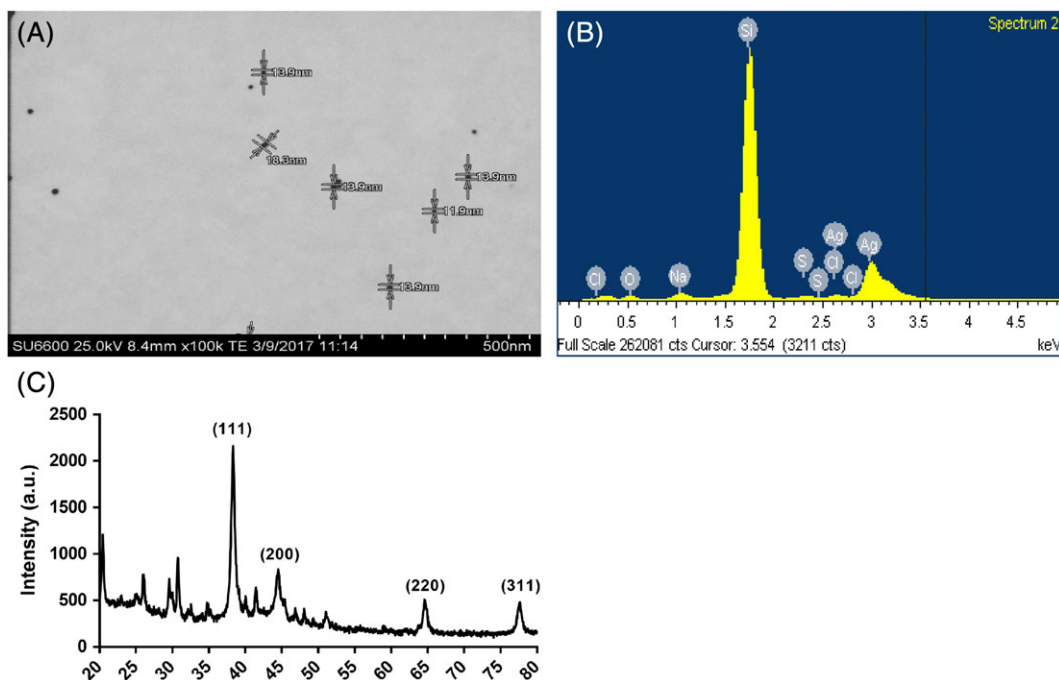
compared to dispersion in RPMI-1640 media. However, no sedimentation was observed for the AgNP when dispersed in RPMI-1640 likely due to the concentration used. There was a measurable drop in zeta potential values for AgNP (zeta = -26.5 to -7.9 mV) and Lipo-AgNP (zeta = -31.9 to -0.61 mV) when dispersed in ddH<sub>2</sub>O to RPMI-1640 media, indicating a less stable NP in RPMI-1640 media.

As shown in Figure 1(B), energy dispersive X-ray analysis confirmed the presence of elemental AgNP in the sample as the strong peak at 3 keV. The other peaks observed correspond to other elements due to sample preparation, the substrate (Si wafer) and carbon tab for conductive support. Result from XRD characterization of AgNP is shown in Figure S1(C). The XRD pattern shows four main peaks for AgNP at 2θ values of 38.30°, 44.55°, 64.60° and 77.55°, which corresponds to (111), (200), (220) and (311) planes respectively for the face-centred cubic structure of metallic silver. This pattern is in agreement with that of the Joint Committee on Powder Diffraction Standards file no. 04-0783 confirming the crystalline structure of the synthesized AgNP (Luna, Barriga-Castro, Gómez-Treviño, Núñez, & Mendoza-Reséndez, 2016). The average size of synthesized AgNP was estimated by the Debye–Scherrer's equation (Equation 3)

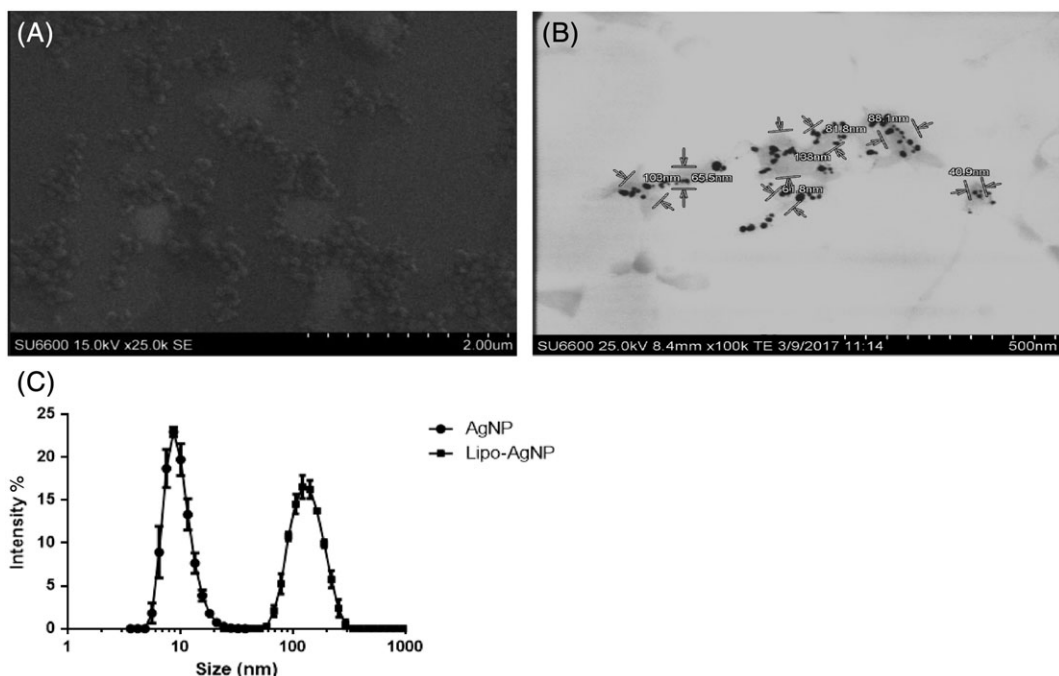
$$D = \frac{0.9\lambda}{\beta \cos \theta} \quad (3)$$

Where  $D$  is the size of AgNP crystal in nm,  $\lambda$  is the wavelength of the diffractometer,  $\beta$  is the full width at half maximum intensity and  $\theta$  is the Bragg angle. Based on the equation, the size of AgNP crystal was estimated to be 18.7 nm, which was similar to that of the average size as determined by DLS measurement of 21.24 nm.

SEM and STEM were used to evaluate the morphology of the NPs and to estimate the size distribution values of the NPs in dry state. The STEM analysis of AgNP showed all particles produced were spherical with an average size of 14.3 ± 1.9 nm, which is similar to that estimated by the XRD analysis (Figure S1A). SEM analysis of Lipo-AgNP showed spherical and uniformly extruded vesicles while the contrasting image of the STEM showed encapsulation of the AgNP in the liposome with an average size of 82.73 ± 29.23 nm (Figure 2A,B), which displays size values less than the DLS values, which considering the hydrodynamic radius of the NPs was expected (Table 1). To confirm the encapsulation, DLS values of both AgNP before and after encapsulation were overlaid to determine if any unencapsulated AgNPs were present in the test sample (Figure 2C). As expected, there was no overlap in the size values showing successful encapsulation of AgNP.



**FIGURE 1** Silver nanoparticles characterization by scanning transmission electron micrograph, energy dispersive X-ray and X-ray diffraction. Characterization of nanoparticles showing (a) scanning transmission electron micrograph, (b) energy dispersive X-ray analysis of silver nanoparticles on a silicon wafer and (c) X-ray diffraction pattern of silver nanoparticles synthesized by chemical reduction method



**FIGURE 2** Lipo-AgNP characterization by scanning electron micrograph/scanning transmission electron micrograph and dynamic light scattering. Characterization of nanoparticles showing (a) scanning transmission electron micrograph, (b) scanning electron micrograph and (c) superposition of AgNP dynamic light scattering analysis before and after encapsulation in extruded liposome. AgNP, silver nanoparticle; Lipo-AgNP, liposomal silver nanoparticle

### 3.2 | Encapsulation efficiency

Encapsulation efficiency of Lipo-AgNP was estimated based on Equation 2. A  $10 \mu\text{g ml}^{-1}$  AgNP solution (representing total AgNP added) was used to rehydrate the lipid film and the liposome was prepared as described above. The encapsulation efficiency of the different Lipo-AgNP preparations (Lipo-AgNP L1–L3) are shown in Table 2

was between 85% and 89% of the total AgNP added before encapsulation.

### 3.3 | Cellular viability study

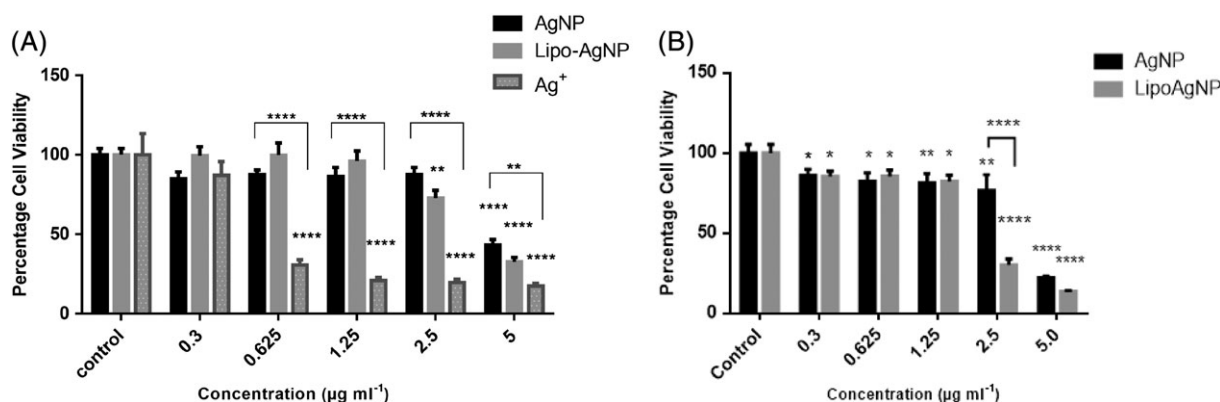
The cell viability of THP1 cell line was evaluated by AB assay. The assay evaluates the ability of metabolically active cells to reduce

**TABLE 2** Encapsulation efficiency of Lipo-AgNP

	Lipo-AgNP-L1	Lipo-AgNP-L2	Lipo-AgNP-L3
Total AgNP ( $\mu\text{g ml}^{-1}$ )	10.00	10.00	10.00
AgNP in supernatant ( $\mu\text{g ml}^{-1}$ )	1.13	1.50	1.43
Encapsulation efficiency	88.7%	85.0%	85.7%

AgNP, silver nanoparticle; Lipo-AgNP, liposomal silver nanoparticle.

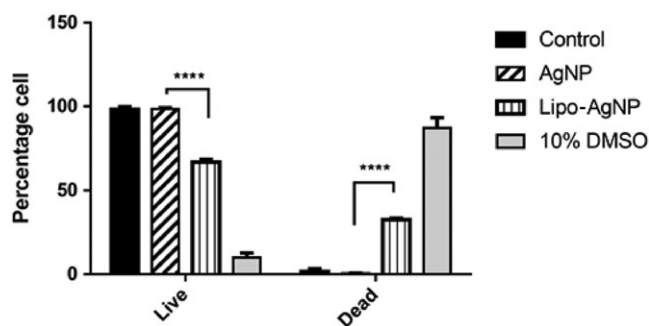
resazurin, a non-fluorescent blue dye to resorufin, a pink fluorescent product. Reduction of resazurin is done by both mitochondrial and cytoplasmic reducing agents such as NADPH, NADH, FMNH and FADH, and as such the assay gives a broad indication of cellular viability (Rampersad, 2012). THP1 cells were exposed to varying concentrations of AgNP and Lipo-AgNP ( $0.3\text{--}5\ \mu\text{g ml}^{-1}$ ) for 24 and 48 hours. To evaluate possible ionization of AgNP into  $\text{Ag}^+$ , we exposed THP1 cells to same concentration of  $\text{Ag}^+$  for 24 hours. At 24 hours, there was significant reduction in THP1 cell viability treated with  $2.5\ \mu\text{g ml}^{-1}$  of Lipo-AgNP and cells treated with  $5\ \mu\text{g ml}^{-1}$  AgNP and Lipo-AgNP when compared with the unexposed control cells (Figure 3A). Interestingly, the cytotoxic effect of  $\text{Ag}^+$  was threefold that of AgNP, showing a highly significant reduction in THP1 cell viability at concentrations  $0.625\text{--}2.5\ \mu\text{g ml}^{-1}$  and twofold reduction at  $5\ \mu\text{g ml}^{-1}$  after 24 hours.  $\text{Ag}^+$  induced significant reduction in THP1 cell viability when compared with AgNP at concentrations  $\geq 0.625\ \mu\text{g ml}^{-1}$ . The  $\text{IC}_{50}$  of AgNP, Lipo-AgNP and  $\text{Ag}^+$  at 24 hours was estimated to be 4.991, 3.045 and  $0.3226\ \mu\text{g ml}^{-1}$  respectively. At 48 hours, there was a significant reduction in cell viability for all exposure groups and concentration when compared to control. Interestingly, it induced a significant reduction in THP1 cell viability by  $2.5\ \mu\text{g ml}^{-1}$  of Lipo-AgNP compared to the AgNP at the same concentration (Figure 3B). Cell viability for  $\text{Ag}^+$  was not carried out at 48 hours as  $\leq 20\%$  cell viability was already observed at 24 hours. To ensure the cytotoxic effect of Lipo-AgNP was due to the encapsulated AgNP and not the liposome, we exposed THP1 cells to empty liposome at the same concentrations with 1.25 and  $2.5\ \mu\text{g ml}^{-1}$ . THP1 cell viability after 24 hours' exposure showed no significant difference when compared with unexposed THP1 cells (Supporting information, Figure S1).



**FIGURE 3** Cell viability of (a) AgNP, Lipo-AgNP and  $\text{Ag}^+$  exposed cells at 24 hours and (b) AgNP and Lipo-AgNP at 48 hours as determined by the Alamar blue assay. Data are expressed as a percentage of three independent experiments  $\pm$  standard error of the mean of the four individual experiments and relative to a two-dimensional culture control. Statistically significant differences between the exposed viability responses and that of the control cultures are denoted by \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\*\* $P < 0.0001$ . AgNP, silver nanoparticle; Lipo-AgNP, liposomal silver nanoparticle

To verify the AB findings, the levels of THP1 cell viability after exposure were monitored by flow cytometry. Flow cytometry is a single cell analysis method and because it gives a better indication of the exact viability levels in the exposures when compared to the AB assay. THP1 cell death was evaluated by initially staining the cells with calcein-AM and PI 24 hours after being exposed to  $0.625\ \mu\text{g ml}^{-1}$  of AgNP and Lipo-AgNP. Compared to an unexposed control as with the previous viability measurements, 10% dimethyl sulfoxide medium solution was used as a positive control.

From the results obtained, there was no significant difference in the percentage of live cells between the control (98.35%) and AgNP-treated cells (98.55%) after 24 hours. However, we discovered a highly significant difference in the percentage of live cells treated with Lipo-AgNP (66.75%) compared with AgNP (Figure 4). In both control-unexposed and AgNP-treated cells, only 0.5% cell death was observed after 24 hours. Contrarily, Lipo-AgNP treatment induced cell death in 32.5% of THP1 cells, a highly significant increase in cell death compared with both control-unexposed and AgNP-treated THP1 cells after 24 hours. This result suggests Lipo-AgNP is capable of inducing cell death at lower dose than that established by AB assay.



**FIGURE 4** Lipo-AgNP induced THP1 cell death. Control THP1 cells, and cells treated with  $0.625\ \mu\text{g ml}^{-1}$  of AgNP and Lipo-AgNP and 10% DMSO were incubated for 24 hours and were washed in phosphate-buffered saline before staining with  $10\ \mu\text{g ml}^{-1}$  propidium iodide and  $10\ \text{nM}$  calcein-AM. Data represent mean percentage  $\pm$  standard error of the mean ( $n = 3$ ). \*\*\*\* $P < 0.0001$ . AgNP, silver nanoparticle; DMSO, dimethyl sulfoxide; Lipo-AgNP, liposomal silver nanoparticle

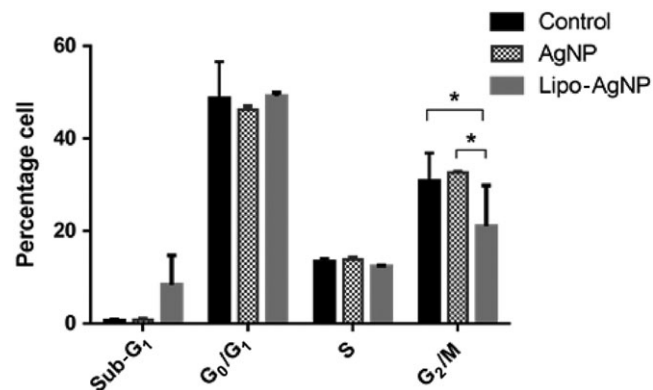


### 3.4 | Cell cycle analysis

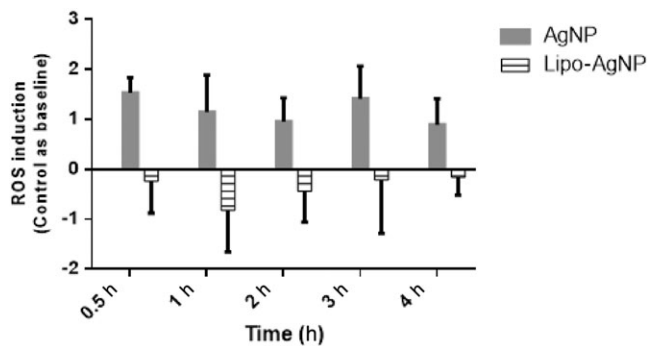
THP1 cells were exposed to  $0.625 \mu\text{g ml}^{-1}$  of AgNP and Lipo-AgNP while unexposed cells were used as controls. Cell cycle analysis after 24 hours of exposure showed that exposure of THP1 cells to both AgNP and Lipo-AgNP did not affect the cell cycle progression from  $G_1$  to S phase and there was no significant difference between the exposed cells to control-unexposed cells. Exposure of THP1 cells to Lipo-AgNP resulted in 21.1% cells in the  $G_2/M$  phase of the cell cycle. As expected, AgNP treatment did not show any effect on cells in the  $G_2/M$  phase having 32.65% cells comparable to the 30.85% unexposed-control cells in  $G_2/M$  phase. Interestingly, it was found that Lipo-AgNP treatment resulted in 8.4% cells in the sub- $G_1$  phase compared with 0.65% and 0.8% cells for both unexposed-control and AgNP-treated cells respectively (Figure 5). This indicated that Lipo-AgNP at low doses caused DNA fragmentation, which was evident by the characteristic of sub- $G_1$  peak. The percentage of cells in the  $G_0/G_1$  and S phases remained the same in all groups, suggesting no apparent effect of treatment on cells in all exposure groups

### 3.5 | Reactive oxygen species induction

DNA fragmentation is one of the consequences of ROS generation before apoptosis. To determine if low-dose Lipo-AgNP was inducing the generation of ROS at sufficient levels to induce DNA damage, ROS levels were monitored in THP1 cells exposed to  $0.3 \mu\text{g ml}^{-1}$  Lipo-AgNP at varying time points indicated in Figure 6 alongside an unexposed-control and uncapped AgNP to plot ROS generation as a function of time. From 30 minutes to 5 hours, there was an average of 1.5-fold induction of ROS in cells exposed to  $0.3 \mu\text{g ml}^{-1}$  of AgNP compared to control cell ROS. Cells exposed to the same concentration of Lipo-AgNP showed mild suppression of ROS induction up to 4 hours, which significantly increased to approximately threefold of control ROS at 24 hours. This indicates that ROS generation was not responsible for the observed cell death in THP1 cells exposed to  $0.3 \mu\text{g ml}^{-1}$  of Lipo-AgNP.



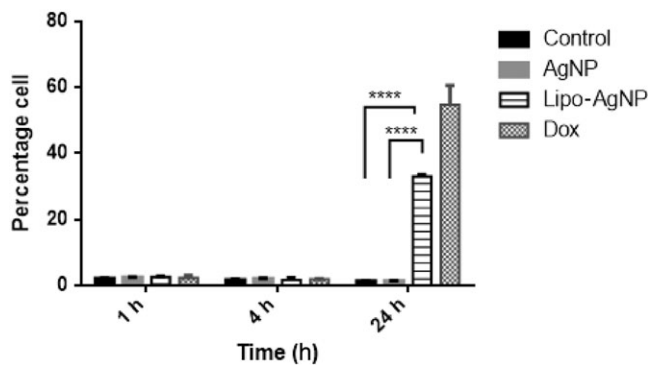
**FIGURE 5** Lipo-AgNP treatment induced DNA fragmentation: THP1 cell lines were treated with  $0.625 \mu\text{g ml}^{-1}$  of Lipo-AgNP and AgNP while unexposed cells and 10% dimethyl sulfoxide-treated cells were used as controls. Data represent mean percentage  $\pm$  SEM ( $n = 3$ ), \* $P < 0.05$ . AgNP, silver nanoparticle; Lipo-AgNP, liposomal silver nanoparticle



**FIGURE 6** THP1 cell lines were loaded with  $10 \mu\text{M}$  6-carboxy-2',7'-dichlorofluorescein diacetate dye for 20 minutes. After which they were exposed to  $0.3 \mu\text{g ml}^{-1}$  AgNP and Lipo-AgNP for up to 4 hours. Control value was set as baseline for all time points and represented as mean  $\pm$  standard error of the mean ( $n = 3$ ). AgNP, silver nanoparticle; Lipo-AgNP, liposomal silver nanoparticle; ROS, reactive oxygen species

### 3.6 | Caspase activation

ROS and DNA damage are known to be indicators of apoptosis and to verify this was the mechanism of action utilized by Lipo-AgNP, the CellEvent Caspase-3/7 Green Detection Reagent and SYTOX AADvanced Dead Cell Stain were employed. THP1 cells exposed to  $0.625 \mu\text{g ml}^{-1}$  of AgNP and Lipo-AgNP were stained after 1, 4 and 24 hours of exposure. The result showed basal caspase activities at 1 and 4 hours in all exposure groups with an average of 2% of the total cell population exhibiting caspase activities. After 24 hours of exposure, the level of caspase activation remained the same for control-unexposed cells and AgNP-treated cells. Conversely, 33% of total THP1 cells exposed to Lipo-AgNP were positive for caspase activation at 24 hours (Figure 7). This result suggested the cell death observed in Lipo-AgNP exposed cells was likely a consequence of caspase-3/7 activation.



**FIGURE 7** Lipo-AgNP activates caspase-dependent apoptosis in THP1 cells after 24 hours. THP1 cells that were unexposed, treated with  $0.625 \mu\text{g ml}^{-1}$  of AgNP,  $0.625 \mu\text{g ml}^{-1}$  of Lipo-AgNP and  $1 \mu\text{M}$  doxorubicin were stained with 500 nM CellEvent™ for 30 minutes and co-stained with  $1 \mu\text{M}$  Sytox AADvanced during the last 5 minutes. Data are represented as mean  $\pm$  standard error of the mean ( $n = 3$ ), \*\*\*\* $P < 0.0001$ . AgNP, silver nanoparticle; Dox, doxorubicin; Lipo-AgNP, liposomal silver nanoparticle

## 4 | DISCUSSION

Currently AgNPs are the main active ingredient in multiple nano-enabled commercial products worldwide, primarily due to their antimicrobial activities. Despite this, several studies have investigated and identified the cytotoxicity related hazards associated with AgNP (Connolly et al., 2015; Nowrouzi et al., 2010; Zhang, Wang, Chen, & Chen, 2014). Interestingly, the increasing investigation of AgNP cytotoxicity has now moved beyond antibacterial applications and recent studies are investigating the potential of AgNPs as anticancer drugs. This shift is partially due to the evolution of multidrug-resistant cancer cells similar to that of antibiotic-resistant bacteria. Foldbjerg et al. (2012) noted that AgNP at an EC<sub>20</sub> of 12.1  $\mu\text{g ml}^{-1}$  showed potential anticancer properties such as induction of ROS, modulation of cell division and growth regulatory gene expressions such as cyclin B1 and histone H1B and the arrest of cells in the G<sub>2</sub>/M phase. Lin et al. (2014) showed that 10  $\mu\text{g ml}^{-1}$  of AgNPs produced enhanced cytotoxicity in HeLa and B16 mouse melanoma cell lines that have undergone chemotherapeutic or genetically induced autophagy inhibition by preventing formation of anti-apoptotic autophagosomes normally induced by AgNP in these cell lines. Asharani et al. (2012) showed that 400  $\mu\text{g ml}^{-1}$  of AgNP induces activation of  $\gamma\text{H2AX}$  foci, suppresses expression of key cell cycle proteins such as p21, p53 and cyclin B, and induces the expression of DNA damage response genes RPA1 and FEN1. Several other studies evaluating the antibacterial properties and mechanism of action of AgNP have shown the minimum inhibitory concentration of AgNP from 10  $\mu\text{g ml}^{-1}$  to as high as 180  $\mu\text{g ml}^{-1}$  for different bacteria strains (Amato et al., 2011; Bao et al., 2015; Guzman, Dille, & Godet, 2012; Hsueh et al., 2015; Maiti, Krishnan, Barman, Ghosh, & Laha, 2014). None the less, all of these studies have investigated AgNP activities at high concentrations, which are likely to be detrimental to human health, thus limiting the potential therapeutic applications. Hence, this necessitates development of delivery systems capable of delivering AgNPs intracellularly at a lower concentration to achieve the desired pharmacological response.

In this study, an in-house synthesized AgNP was encapsulated to improve the in vitro delivery of the AgNP to enhance their in vitro effects and simultaneously reduce the dose required. NPs are found in bodily tissues and fluid after entering the body through different routes such as oral, intravenous, transdermal or inhalation (Yildirim, Thanh, Loizidou, & Seifalian, 2011). The use of THP1 in the study was to mimic such presence in the blood system because of relocation in a diseased condition and as an enhanced delivery mechanism for cancer. There are multiple reports on the effect of NP size on drug delivery and cellular internalization. NPs of larger sizes (<500 nm) are, in addition to hepatic uptake, more prone to clearance by the reticuloendothelial system resulting in reduced bioavailability and pharmacological potential (Alexis, Pridgen, Molnar, & Farokhzad, 2008; Omar Zaki, Ibrahim, & Katas, 2015). Both the DLS and SEM/STEM characterization showed the sizes of the AgNP and Lipo-AgNP to be below 30 and 200 nm respectively. In general, DLS values were slightly higher than that of the SEM values and this was as expected as the DLS is an intensity measurement that tracks the hydrodynamic radius of the solvated NP while SEM/STEM imaging is a physical snapshot of the dry particles with no influence from surrounding solvent. As such,

the hydrodynamic radius, which includes the aqueous layer, tends to be slightly larger than dry particle radius. The XRD pattern analysis using the Debye-Scherrer equation estimated a size of 18.7 nm and peak pattern that is characteristic of a face-centred cubic crystalline structure. This finding is in agreement to those of other studies further confirming the sample as metallic silver (Anandalakshmi, Venugobal, & Ramasamy, 2016; Bindhu & Umadevi, 2015). However, there are two peaks around 26° and 30.7°, which are not characteristic of silver. These peaks may be generated by the NaBH<sub>4</sub> reducing agent used in chemical reduction of AgNO<sub>3</sub> and it is similar to those reported in other studies for NaBH<sub>4</sub> (Agnihotri, Mukherji, & Mukherji, 2014; Su, Lu, Wang, & Huang, 2012).

Several studies have noted particle size changes of AgNP in cell culture environments, as such the size distributions of AgNP and Lipo-AgNP in culture media were monitored and compared to those in water. An AgNP size increase from 21.14 to 79.15 nm was observed in media compared to when dispersed in water. This size increase was presumed to be an indication of NP agglomeration in the solution. In contrast, this was not the same for Lipo-AgNP where there was a slight reduction in recorded sizes (140.1 nm in water and 138.9 nm in media). Previous studies have reported an increase in AgNP size in culture media and this increase in size has been proposed to be due to an association of AgNP with proteins (Hansen & Thunemann, 2015; Mukherjee, O'Clonadh, Casey, & Chambers, 2012; Murphy, Sheehy, Casey, & Chambers, 2015; Shannahan et al., 2013). The interaction of AgNP with protein in culture media was most likely prevented by Lipo-AgNP due to the presence of the protective lipid layer, preventing the encapsulated AgNP from directly interacting with biomolecules in the milieu of the culture media. Additionally, there was an increase in PDI values for AgNP in both water and RPMI-1640, the difference in these PDI values for AgNP was higher than that of Lipo-AgNP. PDI value increases indicate an increased non-uniformity of the NPs when they were dispersed into the culture media. These findings suggest encapsulation and formation of the Lipo-AgNP suppresses the changes in morphology of AgNP in culture media and ultimately improves their stability in comparison to standard AgNP.

After dispersion, cellular viability levels of THP1 cells exposed to varying concentration of AgNP and Lipo-AgNP (0.3–5  $\mu\text{g ml}^{-1}$ ) for 24 and 48 hours were monitored with the AB assay. The results showed a dose-dependent reduction in cell viability with a greater level of cytotoxicity observed for the Lipo-AgNP-treated cells. A significant THP1 cell viability reduction was observed at 2.5  $\mu\text{g ml}^{-1}$  Lipo-AgNP treatment ( $P < 0.05$ ) and interestingly not for AgNP of the same concentration after 24 hours. In contrast, there was a significant reduction in cell viability of THP1 cells treated with 2.5  $\mu\text{g ml}^{-1}$  Lipo-AgNP compared to AgNP of the same concentration at 48 hours ( $P < 0.0001$ ), suggesting Lipo-AgNP were more cytotoxic than AgNP. AgNP only induced significant reduction in cell viability at 5  $\mu\text{g ml}^{-1}$  and  $\geq 2.5 \mu\text{g ml}^{-1}$  at 24 and 48 hours respectively when compared to control. This finding is in agreement with those of other studies that investigated dose-dependent cytotoxicity of AgNP on different human cell lines. Jiang et al. (2013) reported significant reduction of Chinese hamster ovary k1 cell viability at concentrations  $\geq 5 \mu\text{g ml}^{-1}$  at 24 hours using MTT assay. Juarez-Moreno et al. (2016) in their study reported similar AgNP IC<sub>50</sub> to that of this study in addition to significant reduction in

cell viability at AgNP concentrations  $\geq 1.25 \mu\text{g ml}^{-1}$  for eight different human cancer cell lines where viability was monitored with the MTT assay. Variations in the cytotoxicity of AgNP in these cell lines could be attributed to the difference in sensitivity of the cell lines to the NP but also differences in assays employed to monitor viability. Interestingly, Murphy, Casey, Byrne, Chambers, and Howe (2016) who used THP1 cells reported dose-dependent cytotoxicity of AgNP (50–70 nm size) with significant difference from  $\geq 1.9 \mu\text{g ml}^{-1}$ . This contrasted with our findings and could be due to polyvinyl pyrrolidone-coated AgNP used in the study, which may have its own inherent toxicity. Of course, it may be because of a difference in particle sizes, which have been previously shown to mediate cytotoxicity irrespective of capping agent used (Gluga, Skoglund, Wallinder, Fadeel, & Karlsson, 2014).

AgNP ionization into  $\text{Ag}^+$  has been widely proposed as its mechanism of action in inducing cytotoxicity (Hsueh et al., 2015; Lansdown, 2010). As such, we investigated the cytotoxicity of  $\text{Ag}^+$  on THP1 cells and our findings indicate that  $\text{Ag}^+$  at concentrations between 0.625 and  $2.5 \mu\text{g ml}^{-1}$  reduced THP1 cell viability by more than threefold while twofold reduction in cell viability was observed for THP1 exposed to  $5 \mu\text{g ml}^{-1}$   $\text{Ag}^+$  when compared with AgNP at the same concentrations. This finding is in agreement with that of Foldbjerg et al. (2009) who used flow cytometric analysis to determine viability of THP1 cells after exposure to AgNP and  $\text{Ag}^+$ . Their findings showed at least a twofold reduction in THP1 cell viability after exposure to  $\geq 0.625 \mu\text{g ml}^{-1}$   $\text{Ag}^+$ . There was a similar concentration-dependent cytotoxicity profile for both AgNP and  $\text{Ag}^+$  although  $\text{Ag}^+$  had higher toxicity. Taken together, ionization of AgNP into  $\text{Ag}^+$  is likely responsible for the cytotoxic effect of AgNP. The lower cytotoxic effect of AgNP may be because of its slow ionization rate as it has been reported that the AgNP ionization rate correlates with its concentration (Maurer-Jones, Mousavi, Chen, Buhlmann, & Haynes, 2013). This is also supported by the reduction in  $\text{Ag}^+$  cytotoxic effect to twofold relative to that of AgNP at  $5 \mu\text{g ml}^{-1}$ . This may be consequent upon increased ionization of AgNP with increased concentration. In addition, the steady reduction in THP1 cell viability after 48 hours of exposure to 0.625– $2.5 \mu\text{g ml}^{-1}$  of AgNP also supports this notion.

To verify the results of the AB assay, flow cytometry, which is a more sensitive technique, was employed to evaluate cell viability after exposure to THP1 cells with AgNP and Lipo-AgNP. Calcein-AM and PI staining of THP1 cells after 24 hours of treatment with  $0.625 \mu\text{g ml}^{-1}$  Lipo-AgNP showed induction of a significant amount of death in the cells ( $P < 0.0001$ ). Conversely, AgNP treatment showed a comparable outcome to control-unexposed cells with little or no cell death observed, verifying the AB assay results that the Lipo-AgNP exhibited a higher level of cytotoxicity than AgNP alone.

Several studies have shown that AgNP can initiate cell cycle arrest at different phases of the cell cycle including the  $G_0/G_1$ , S and  $G_2/M$  phases (Asharani et al., 2012; De Matteis et al., 2015; Eom & Choi, 2010). As such, the effect of low-dose Lipo-AgNP on the THP1 cell cycle was monitored. Our findings showed normal progression of THP1 cells from the  $G_1$  to the S-phase for all exposure and control groups. On the contrary, Lipo-AgNP exposure resulted in a significant reduction in  $G_2/M$  cell population compared with the control and AgNP-treated cells ( $P < 0.05$ ). In the S-phase, cells that have

successfully passed through the  $G_1/S$  checkpoint replicate their DNA in preparation for progression into the  $G_2/M$  phase where they divide during mitosis (Takeda & Dutta, 2005). DNA damage in the S phase results in activation of ataxia-telangiectasia-mutated and ataxia-telangiectasia-related kinases, which in turn activate CHK2,  $\gamma\text{H2AX}$  and the BRCA genes to slow down replication through abrogation of origin firing and signal DNA damage for repair. Increased DNA damage, however, results in induction of apoptosis by ataxia-telangiectasia-mutated, ataxia-telangiectasia-related and CHK2 activation of p53 (Norbury & Zhitovtsovsky, 2004; Willis & Rhind, 2009). A population in the sub- $G_1$  upon Lipo-AgNP exposure was noted and such populations are known to be cells with fragmented DNA that are undergoing or have undergone apoptosis. A genomic DNA fragmenting effect of AgNP has indeed been previously demonstrated by Awasthi et al. (2013) and may be occurring in this study after exposure to Lipo-AgNP. The proportion of cells observed in the sub- $G_1$  recorded because of Lipo-AgNP exposure matches the reduction in the  $G_2/M$  phase. This may indicate the cells were forced out of the cell cycle due to the increased DNA damage because of Lipo-AgNP exposure and died via apoptotic mechanisms.

The cell induces apoptosis for many reasons, one of which is to maintain genome integrity by killing cells with a high amount of DNA damage. ROS induction is often used to activate the signalling cascade that results in apoptotic induction in such cells. ROS are known to disrupt the mitochondrial membrane that results in the release of cytochrome c. Release of cytochrome c activates the proapoptotic Bcl2 proteins Bax and Bak, which in turn activate executioner caspases 3 and 7 (Quast, Berger, & Eberle, 2013). There are reports in the literature indicating that AgNPs cause apoptosis by inducing increased generation of ROS. Indeed Kang et al. (2012) and Foldbjerg, Dang, and Autrup (2011) reported a dose- and time-dependent ROS-induced apoptosis in dendritic cell line (DC2.4) and A549 lung cell lines respectively because of AgNP exposure. Awasthi et al. (2013) also reported a dose-dependent ROS generation and induction of apoptosis in Chinese hamster ovary cell lines. To monitor if this was occurring here because of the Lipo-AgNP exposure, ROS generation was monitored in THP1 cell lines. The cells were treated with a low concentration of AgNP and Lipo-AgNP ( $0.3 \mu\text{g ml}^{-1}$ ) for up to 4 hours to evaluate the onset of ROS generation. It was noted that AgNP exposure did induce ROS, but non-significant levels of ROS with respect to the controls, most likely because the concentrations considered were not cytotoxic to the cells. In contrast to the previous studies, this study showed that Lipo-AgNP did not induce ROS generation to cause THP1 cell death. In fact, there was an observable suppression of ROS induction. The variation in these studies can likely be due to several factors, which include but are not limited to differences in cell lines, size and surface characteristics of the AgNP used.

The literature indicates cell death because of AgNP exposure is typically due to ROS generation with subsequent DNA damage to the cells followed by apoptosis. However, findings of this study suggested ROS was not involved in the induction of observed cell death when studying the Lipo-AgNP. One of the downstream factors activated by p53 signalling after sensing DNA damage is caspase 3. Different studies have shown that activation of p53 in response to DNA damage results in p53 transcriptional upregulation of Puma and Noxa,

inhibitors of Bcl-2, Bcl-xl and Mcl-1. Inhibition of these Bcl proteins result in Bax and Bak activation, which ultimately result in cytochrome c release and activation of the executioner caspases (Ashkenazi, 2008). To explore the possibility of ROS-independent induction of apoptosis, activation of caspases 3/7 in THP1 cells treated with the same low-dose AgNP and Lipo-AgNP at 1, 4 and 24 hours to monitor onset of activation was investigated. For all cell groups, there was no significant activation of caspases 3/7 at 1 and 4 hours. On the other hand, there was a significant induction of caspases 3/7 in THP1 cells treated with  $0.625 \mu\text{g ml}^{-1}$  of Lipo-AgNP after 24 hours ( $P < 0.0001$ ).

Previous studies have linked the AgNP mechanism of action to increased generation of ROS, which causes depolarization of the mitochondrial membrane potential and subsequent rupture of the membrane for release of cytochrome c (Foldbjerg et al., 2011; Jiang et al., 2013; Kang et al., 2012). This has been proposed to be achieved by the intracellular oxidation of AgNP to  $\text{Ag}^+$  by the acidic environment in the lysosome (De Matteis et al., 2015). Endocytosis of AgNP is believed to result in the compartmentalization of the NP in an endosome, which is metabolized in the endolysosomal pathway thus leading to its oxidation and generation of ROS. Our findings have interestingly opened an alternative pathway to ROS-dependent apoptosis induction by AgNP. In this study, it was shown that encapsulation of AgNP in liposomes was able to achieve greater cytotoxicity at low dose compared to what was achievable at high doses, in a ROS-independent way. This may be attributed to the improved delivery of AgNP into the cells via the liposome as the lipid layer can easily traverse the lipid bilayer of the cell membrane due to the hydrophobic interactions when compared to unencapsulated AgNP. Lipo-AgNP may also suppress the ionization of AgNP as part of its mechanism to prevent ionization-dependent generation of ROS. Conventional drugs encapsulated in liposome are known to have an increased bioavailability, enhanced permeability and retention effect (Maeda, 2012). These characteristics enhance the pharmacokinetics of Lipo-AgNP in the cells resulting in efficient delivery of AgNPs into the cell. Lysosomal breakdown of the lipid layer will result in overwhelming delivery of AgNP into the cytoplasm and subsequently in the nucleus allowing interaction between AgNP and the DNA causing DNA damage and halted replication (Li, Zhao, Hammer, Du, & Chen, 2013; Pramanik, Chatterjee, Saha, Devi, & Suresh Kumar, 2016). The DNA damage could be responsible for the activation of executioner caspases consequent upon activation of p53. Taken together, this suggests a 'Trojan Horse' effect mechanism for Lipo-AgNP due to the sudden leakage of AgNP into the cytoplasm and subsequently the nucleus after degradation of the liposome. This stealth mechanism none the less, is in contrast with the type previously described for AgNP in other studies where AgNP is phagocytosed, ionized and released to enhance the generation of ROS, which in turn stimulates inflammatory responses that can mediate cell death (Park, Yi, Kim, Choi, & Park, 2010).

The cytotoxicity induced by Lipo-AgNP independent of ROS generation offers some advantages if properly harnessed. ROS is known to induce cellular senescence in neighbouring cells and this is accompanied by upregulation of stress and inflammatory genes through secretion of proinflammatory molecules such as nuclear factor kappa B (Correia-Melo, Hewitt, & Passos, 2014). In addition, ROS-mediated necrosis of cells could result in the release of cytoplasmic wastes that

can cause exaggerated and unscheduled inflammatory responses, which may promote tumour development (Vakkila & Lotze, 2004). As such, these secondary effects can be prevented by coating the AgNP surface in a protective layer as demonstrated in this study.

## 5 | CONCLUSION

In this work, the encapsulation of AgNP in a liposome has been demonstrated to enhance AgNP cytotoxicity at low concentrations through increased DNA damage with suppression of ROS. This contrast with several other studies that have shown that AgNP cytotoxic effect can only be achieved through the generation of ROS. It is postulated that the encapsulation of AgNP in liposomes could eliminate the negative side effects of ROS making it possible to achieve a greater level of cytotoxicity that would otherwise only be possible at high concentrations. As such, Lipo-AgNP could reduce the concentration of AgNP required thereby increasing any potential biological activity with reduced associated side effects typically caused from high-dose exposures.

## ACKNOWLEDGMENTS

This research work and Azeez Yusuf was supported by the Dublin Institute of Technology's Fiosraigh Dean of Graduate's Research Fellowship. Alan Casey acknowledges the support of the Science Foundation Ireland Principal Investigator Award 11/PI/1108.

## CONFLICT OF INTEREST

The authors did not report any conflict of interest.

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## SUPPORTING INFORMATION

Additional Supporting Information may be found online in the supporting information tab for this article.

**How to cite this article:** Yusuf A, Brophy A, Gorey B, Casey A. Liposomal encapsulation of silver nanoparticles enhances cytotoxicity and causes induction of reactive oxygen species-independent apoptosis. *J Appl Toxicol*. 2017;1–12. <https://doi.org/10.1002/jat.3566>