

1998

## The Bears Banter : Freshers Mag. Vol. 2 Ed. 1, 1998

DIT Bolton Street Students' Union

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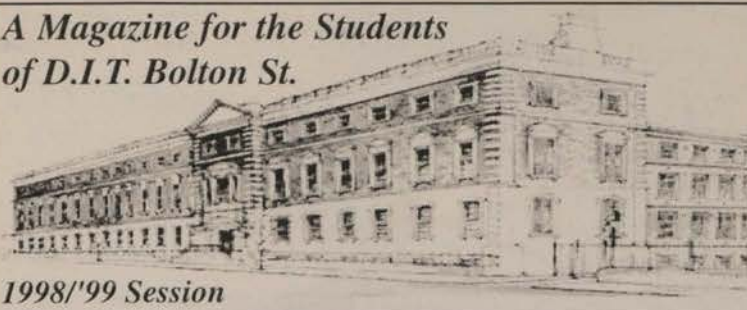
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# THE BEARS BANTER

Nathaiocht  
na  
Bearanna

A Magazine for the Students  
of D.I.T. Bolton St.



1998/'99 Session

D.I.T.S.U.  
D.I.T. @ Bolton St.  
Dublin 1



Freshers Mag.  
Volume 2 Edition 1  
£0.00 (incl. V.A.T.)

## Fresh Mag '98

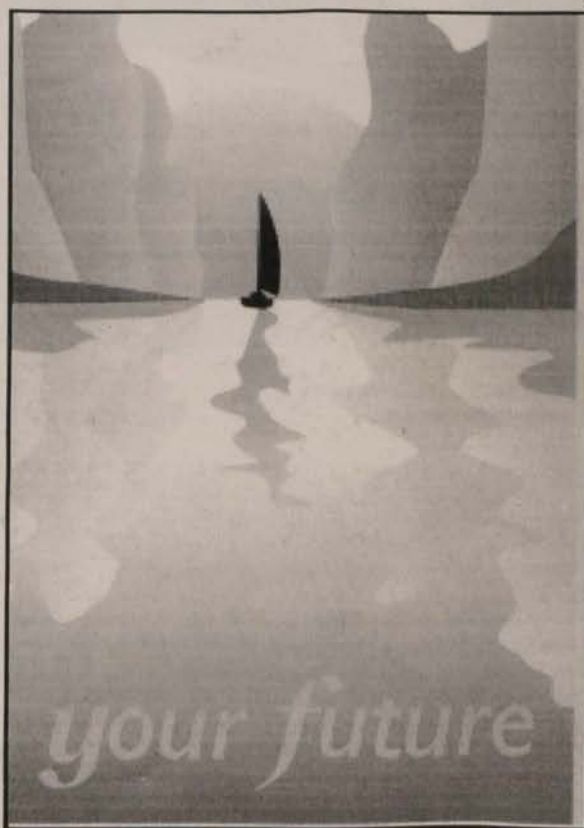
### Welcome to one and all

Well its another day another Dollar. To all those who passed exams in one go 'fair play to yis'. To all of those who had to repeat and passed 'Fair play to yis'. To all of those who did not make it back I want to know who gave you a copy of this free magazine??

To all the brand new Fish '**This Is Your Life**'. Well boys and girls its kind of, sort of, well is the beginning of the rest of your life. For some of our more prestigious and long standing students, basically anyone from 2nd. Year on, this wonderful well published piece of awe inspiring, sweat inducing, hormone pumping, pheromone flying, fresh feelin', Peter Piper picked a peck of pickled peppers publication may seem the same but its bloody well **NOT**.

I mean just look at the quality of this beautiful picture. This is designed to show all the very hard working academically orientated students in this great establishment that with the right frame of mind you could be sailing off into the sunset of a productive future. Alternatively if you are in the wrong frame of mind this could be seen as a perilous boat ride off the end of the Earth!!

For some students going to college is their first experience of moving away from home. This in itself can be a sensation not to be forgotten. The wait from leaving cert. to results, from results to college places, from college place to accommodation. Now, for anyone who had to go out there and hunt for a place to stay my heart goes to you. But if you think that's bad wait until you start to cook and clean for yourself. Because now there is no one to call you every morning, no one to tell you what to do, this aint like school, you can now do things your own way. All us persons in the Union are here to help, as long as it is within reason.





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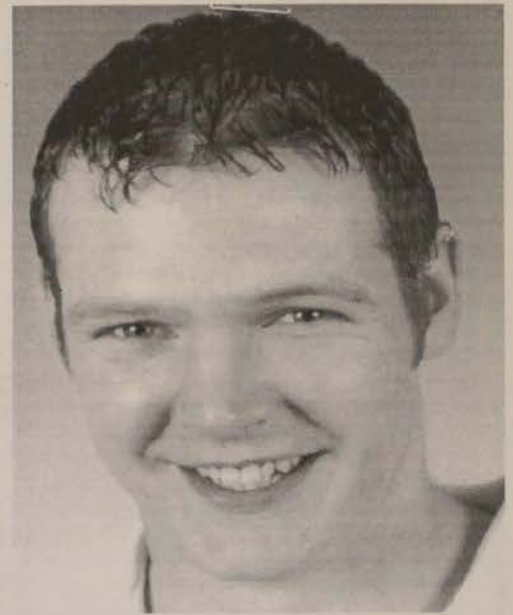
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## Message from Editor/President

I would to take this opportunity to welcome you to Bolton St. and wish you the very best of success in the coming few months. Just in case you don't know, my name is Joe Nulty and I am the President of the Students Union. I also have the wonderful misfortune of editing this magazine. The afore mentioned magazine is just one of the many services that your Students Union provides for you. Just look around the common area and the shop area and you will see everything from T.V.'s to pool tables.

This is the start of Freshers Week and all the advertised events have been planned since July. I do hope that all Students alike take part in these events and enjoy themselves. Because at the end of the day you should end up with a drink problem, drink, get drunk, fall down, no problem. Although the staff in the Union are going to try to make this a socially active college year you must also remember the reason for coming to college is to further your education. Everything going according to plan you should be able to acquire a happy medium between studying and socialising.

*Yours Joe*



*Joe Nulty*

## Words from Deputy Welfare Officer

A big welcome to all new bodies and the old bodies to D.I.T. Bolton St. Congratulations on attaining ( or retaining for most of you ) a place in such a wonderful college.

I do hope that everyone has now at this stage settled in and are ready for a SUPERLYDUPERLY FANTABULOUSLY cool 'Freshers Week'. Just remember if every body takes part, nobody gets hurt!!!!!!!!!!!!!! Almost forgot, SOBRIETY is forbidden!

While you are reading this I'm already 10 pints ahead of ye. See ye in the pub!!

**Lots of love, Bernie.**



*Bernie O' Reilly*





*DITSU Overall President  
Ross O' Daly*

# Words from the Overall President.

To one and all on behalf of the DIT Students' Union I welcome you. As Overall President it is my responsibility to ensure each local Union has the resources to fulfil their functions.

The DIT Students' Union is the finest in the country with a unique structure to match a unique Institute. We have developed a relationship with all our partners in the field in order to ensure we can provide the best service and support possible. Why struggle alone when you finance a service of experts in the field? Pull one of the eleven sabbatical officers or one of the twenty staff aside and let us help you with your problems.

The first, foremost and most crucial step we should take as an organisation should be to elect our Class Representatives. These are the key to a successful Students' Union by virtue of their participation. In order to have a voice and control of the running and administering of you funds you need to access the Student Representative Assembly (SRA) or DITSU Council. This is done by electing a class rep. who is a member of the SRA and can through that forum stand for election to DITSU Council.

Get in the cart and enjoy the rollercoaster ride of college life!

Ross O'Daly.

## Some politacally correct she terms

**She does not: GET PMS**

**She becomes: HORMONALLY  
HOMICIDAL**

**She is not: A BAD COOK**

**She is: MICROWAVE COMPATIBLE**

**She is not: EASY**

**She is: HORIZONTALLY  
ACCESSIBLE**

**She does not: HATE SPORTS ON TV**

**She is: ATHLETICALLY BIASED**

**You do not ask her: TO DANCE**

**You request a: PRE-COITAL  
RHYTHMIC  
EXPERIENCE**

**She is not: A BAD DRIVER**

**She is: AUTOMOTIVELY  
CHALLENGED**

**She does not have: A GREAT ASS**

**She is: GLUTEUS TO THE MAXIMUS!!**

**She is not: HOOKED ON SOAP  
OPERAS**

**She is: MELODRAMATICALLY  
FIXATED**

**She is not: COLD OR FRIGID**

**She is: THERMALLY  
INCOMPATIBLE**

**She is not: A SCREAMER OR MOANER**

**She is: VOCALLY APPRECIATIVE**

# DUBLIN INSTITUTE OF TECHNOLOGY STUDENTS UNION

## Ditsu

Joe Nulty, President, Bolton Street



Member of: Academic Council, Teaching & Learning Committee

Bernie O'Reilly, Deputy President, Bolton Street



Member of: Exams and Awards committee, Teaching & Learning Committee

Dan Pender, President, Aungier Street



Member of: Quality Assurance Committee Library Committee

Joanne Quirke, Deputy President, Aungier Street



Member of: Quality Assurance Committee, Exams and Awards Committee

Kenny Vaughan, President, Cathal Brugha Street



Member of: Central Sports Committee Recruitment and Admission Committee

## ROSS O'DALY Overall DITSU President



Ross has the overall responsibility to lead the union, act as chief spokesperson and representative of DIT Students' Union. Ross's other responsibilities include managing finances, staffing, external relations, media relations, Governing Body and Academic Council

### WHAT YOUR UNION DOES FOR YOU

Representing, Lobbying, Advice, Hardship Funds, Campaigning, Union Shop, Welfare Loans, Binding, Typing, Entertaining, Legal Advice, Publications, Financial Advice, Faxing Service, Medical Services, Games Rooms, Photocopying



Mick Shannon, President, Mountjoy Square



Member of: Central Cultural Committee, Exams & Awards Committee

David Wyatt, Deputy President, Mountjoy Square



Member of: Student Services Committee, Recruitment and Admissions Committee

Sarah McGovern, President, Kevin Street



Member of: Governing Body, Quality Assurance Council

Sarah Gardiner, Deputy President, Kevin Street



Member of: Academic Council, Recruitment and Admissions Committee

Michelle McCauley, Deputy President, Cathal Brugha Street



Member of: Teaching & Learning Committee, Library Committee

# The Yarn Hall

57 Bolton St.

Opposite the college

**Under new  
Management**

Cavary Meals Monday to Friday 12.30 to 2.30

*Student Lunch special only £3*

**Jukebox**

**6 foot big screen**

**Parties catered for !**

**MONDAY:**5<sup>th</sup> October 1998.**9.00am:**

Distribution of 'The Times'.

**11.00am:**

Release of the first edition, volume 2, of 'The Bears Banter'.

**12.30pm:**

DJ plus a big giveaway.

**2.00pm:**

Party games in The Four Seasons, (in competition with Bodkins).

**7pm - 9pm:**

A Guinness promotion in 'The Yarn Hall', including party games etc.

**9.30pm:**

'Woodsey' live and unstoppable, in 'The Yarn Hall', playing until 11.30pm, (in competition with 'The Four Seasons').

**TUESDAY:**6<sup>th</sup> October 1998**9.00am:**

Distribution of newspapers.

**10.00am:**

'Open Day' for outside business'.

**11.00am:**

Pool competition, in the S.U. common room.

**12.30pm:**

'Dunk Tank' in the common area, plus games in the common area.

**2.00pm:**

Party games in The Yarn Hall, (in competition with The Four Seasons).

**8.00pm:**

Promotions in both The Four Seasons and The Yarn Hall in preparation for the 'Freshers Ball'.

**11.30pm:**

'Freshers Ball' in Boomerang nightclub, in The Temple Bar Hotel.

**WEDNESDAY:**7<sup>th</sup> October 1998.**9.00am:**

Distribution of newspapers.

**10.00am:**

Clubs and Societies day.

**11.00am:**

'Hospital' in The Four Seasons.

**12.30pm:**

Peter Powers, Hypnotist.

**2.00pm:**

Party games in The Four Seasons, (in competition with The Yarn Hall).

**6.00pm:**

The Backgate.

**7.00pm - 10.00pm:**

Beer promotions.

**10.30pm:**

Strippers on stage in The Backgate.

**12.00am:**

3 level disco.

**THURSDAY:**8<sup>th</sup> October 1998.**9.00am:**

Distribution of newspapers.

**11.00am:**

'Hospital' in The Yarn Hall.

**12.30pm:**

'To be announced

**2.00pm:**

Party games in The Yarn Hall, (in competition with The Four Seasons).

**8.00pm:**

Guinness Promo. in the 4 Seasons.

**FRIDAY:**9<sup>th</sup> October 1998.

Chill out day

***Freshers Week***  
***sponsored by:***





# Welfare Information

For all ye who didn't know, my name is Bernie and I'm your Welfare Officer for the year!  
Here are the basics in what I can do for you:

- ~My office is a private, and informal place where you can confidentially talk about anything on your mind.
- ~Short term interest free loans.
- ~Student hardship fund.
- ~Provide information in relation to entitlements, rights, grants, accommodation and referrals to specialised organisations on welfare matters.
- ~Information on health, child care, optical and dental funds.
- ~Ensure the dissemination of welfare information.

## **Welfare Items:**

**Supervised study:** This is a programme for students of Mount Carmel Secondary School, Kings Inn St. The students, under the supervision of students from Bolton St., study within the college in designated classrooms. It also creates an uninterrupted atmosphere for the Bolton St. students who supervise, as they also can study during the supervision.

If anyone is interested in participating in the supervised study, do drop in to the Union and I'll explain it a little more.

**Public Talks:** Different public talks will be hosted during the year, covering a wide range of topics. Anyone can attend these talks, ask questions or just listen. If anyone has any ideas on topics related to Welfare issues that you believe would be ideal for a public talk in this college give us a shout in the office.

## **All welfare issues are strictly confidential!**

## **Information corner:**

### Psychical symptoms of stress:

1. Lack of appetite
2. Insomnia.
3. Cramps and muscle spasms.
4. Constipation or diarrhoea.
5. Headaches.
6. Impotence.
7. High blood pressure.

### Did you know?

- \*Epilepsy can affect anyone at anytime.
- \*Every brain can have a seizure.
- \*People with Epilepsy cannot be airline pilots, (neither can people who need glasses) but.....
- \*Seizures are caused by a temporary physical malfunction in the brain.
- \*There are many different kinds of Epilepsy.
  
- \*Absence seizures can be mistaken for day dreaming or inattentiveness.

*~For more information on Epilepsy*



**Ring Dublin 01 4557500**

# YOUR FIRST YEAR AT COLLEGE? WITH AN AIB STUDENT PLUS ACCOUNT YOU GET FREE



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email [students@aib.ie](mailto:students@aib.ie)

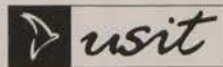


# INTERNATIONAL STUDENT IDENTITY CARD



Save £1 when you buy your ISIC and Travelsave Stamp  
at the same time (only £15)!!

Add the Temple Bar Stamp to that purchase and save an extra 50p (£15.50)!!!



Usit, Aston Quay, O'Connell Bridge, Dublin 2. Tel: 602 1600

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ATHLONE IT • DCU • NUI GALWAY • QUEENS • UCC • UCD • UL • UU COLERAINE • UU JORDANSTOWN • WATERFORD IT

- You can travel the world for so much less with an ISIC - international student air, rail, ferry and coach reductions - Europe, US, Australasia and beyond. Take on the world.
- The ISIC works at home for your too... College to home, country to city, weekends away... Plenty of great savings on local rail, bus and commuter tickets with a Travelsave Stamp - £8.
- You can join the Temple Bar Culture Club (only £1) and access all areas! Avail of numerous discounts on cinema, gigs, jewellery, acting courses, and galleries.
- Savings ahead on music, pizza, movies. Trawl through your ISIC diary and discover a world of discounts.
- Take on the world from £8.00 - get your ISIC today from your local student union or Usit office.

## Class Representatives (Class Reps.)

Every function, event and service the Students' Union provides is done in the interest of the student body. You can have a part in the decision making body which directs and guides the Students' Union Officers. In the early stages of every year the Students' Union seek out a class representative for every 30 - 40 students.

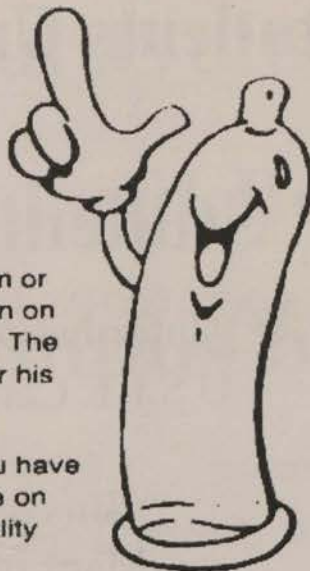
The class reps are elected in the early first term. This person is invited to and should attend Class Rep Training. This event helps guide Class Reps in the right direction when dealing with any situation. Be it difficulties with the course, class socials, field trips or your Students' Union, Class Reps can help you deal with any situation.

All class reps are members of the Student Representative Assembly (SRA), which is convened regularly to hear reports from the Students' Union and vote on the performance of their work. Your input will ensure better work on behalf of the Students' Union. They are your representatives paid for by your money. Make it work for you and yours.

*For further information contact the Students' Union.*

## HOW DO YOU USE A MALE CONDOM?

If you get your male condoms from your family doctor or a family planning clinic, you may be told how to use them or you can ask. Instructions are also given on the pack or in a leaflet inside the pack. The man can put the condom on himself, or his partner can do it.



- 1 Use a new condom each time you have sex. Always check the expiry date on the packet and that there is a quality mark.
- 2 Always put the male condom on as soon as the penis is erect but before there is any contact with the woman's genital area. This is important because fluid, which may contain sperm, can seep from the penis early during sex.
- 3 Take your condom out of the packet carefully, making sure that you don't damage it with your fingernails or jewellery.

- 4 Gently squeeze the last centimetre of the closed end between your finger and thumb, to expel any trapped air and make space for the man's semen.

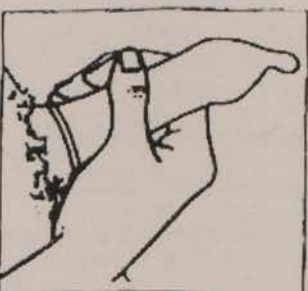


- 5 Keeping the end of the condom 'air free', hold the condom at the tip of the erect penis.



- 6 With the flat part of your fingers, roll the condom carefully over the penis. It is now safe for the penis to enter the woman's vagina or touch her genital area.

- 7 After the man has ejaculated but before his erection is completely lost, hold the condom rim firmly around the penis while the penis is withdrawn. This makes sure that the condom doesn't slip, accidentally spilling semen in or around the woman's vagina.



This tried  
and tested  
method gets  
Bolton St. seal  
of approval  
every time!



**Bolton St.**  
**Welfare**  
**'98**

# What does your Students Union do for YOU?

## Common Room: Student Union Offices:

Photocopying machine  
100 disc CD Juke Box  
4 Pool Tables  
Video Games

Information leaflets on all issues  
U.S.I.T. Cards & Travlesave stamp  
Fax Service  
Bus & Train timetables  
Maps of Dublin & Ireland

## Welfare Office:

S.U. Welfare Loans  
Student assistance fund  
Dental / Optical fund  
Child Care fund  
General listening service  
Information on a wide range of topics

## S.U. Shop:

Tea, coffee, rolls & sambos.  
Newspapers  
Stationary & calculators  
Refill pads & pens  
Batteries & tissues  
Sweets & Minerals  
Easy access & friendly  
service

## Presidants office:

Education problems  
Representation in:  
DIT council  
Department problems  
Exam appeals  
General facilities  
Organisation of events

## General Services:

Clubs & Societies  
Entertainments  
Irish language  
Equality  
SU publication  
Promotions  
Event sponsorship  
Merchandise

# A Personal Welcome from Bank of Ireland Bolton Street on-campus branch



At College it is important to set yourself on the right track financially. You've got plans and potential and good ideas about making the most of college. We've got an Ascent College Account.

We offer :

- Ascent ATM Card & Pin Number issued on the day of opening
- Free Account Transactions<sup>1</sup>
- Free ISIC Card<sup>2</sup>
- Free Usit Travel save stamp or Pepe Courier Bag<sup>2</sup>
  - offer closes November 27th 1998
  - see special leaflets for details (while stocks last).
- Countdown Discount card for accounts still active after 3 months.<sup>3</sup>
- Student Loan facility!<sup>4</sup>

Why not put your plans into action and contact me, Niall Kennedy, Student officer at Bank of Ireland, Bolton Street. Situated next to the Student Union on campus or call 8722055.

#### Opening Hours

10.30am - 2.00pm

Monday to Friday

<sup>1</sup> During this time you may incur charges for specific extra services which will be applied to your account. For further details see our brochure "Schedule of fees and charges for personal customers"

<sup>2</sup> Terms and conditions apply

<sup>3</sup> Terms and conditions apply. Active means one transaction per week.

<sup>4</sup> Lending criteria and terms and conditions apply

**Bank of Ireland**



# DECLAN'S Sandwich Bar.

*34 Bolton Street Dublin 1. Just across the road from the college.*

**SANDWICHES & ROLLS MADE FRESH ALL DAY !**

## **SPECIALS**

<b>JUMBO SAUSAGE ROLL</b> with sauce of your choice!	<b>£1.20</b>
<b>BACON ROLL</b>	<b>£1.20</b>
<b>BACON &amp; SAUSAGE ROLL</b>	<b>£1.50</b>
<b>BREAKFAST ROLL, BACON, SAUSAGE &amp; EGG</b>	<b>£1.75</b>

*AVAILABLE 'TILL 6pm*

# Gaeilge ..... Cén Fáth ???

Ba bhréa liom cúpla focal a scríobhas Gaeilge díobh. Tosaófaidh mé an alt á rá go bhfuilim lán sásta agus comh bródúil a bheith an ann caint as Gaeilge. Le cúpla bliain anuas níor chuireadh aon fuinneamh nó faic eile isteach sa Gaeilge. Ni raibh spéis ag móráin sa Gaeilge ach cad ina taobh? Nílím anso chun léacht a thabhcirt díobh a ra gó gcaithimid go léir labhairt as Gaeilge mar ní thlaródh sé sin. Áfach, sé mo thuairim go mbeadh sé deas cúpla nathanna cainte Gaeilge a chur isteach in ár gcuid cainte. Caithfidh mé a rá go bhfuil daoine ann a ndeineann é sin ach cuireann sé.

Ceapeann na ndaoine so, toisc nach bhfuilíd cónaithe sa Gaeltacht, nachféidir leo caint sa Gaeilge. Tá aithne agamsa ar an-chuid nach as an Gaeltacht iad a lábhraíonn cúpla focal do ár dteange féin mar shampla mé fhéinigh. Tháinig sibh ar fad, bhurl an chuid is mó díobh pé scéal é, ansoe leis an Árcteist agus mar sin tá caighdeán Gaeilge éigint agaibh úsáid é le bhúir d'hoill. Críochnóidh mé le ceist a chuireadh ar chara liom uair amháin:

"Why do you speak Irish ?"

Chas sí cimpeall agus freagair sí:

"Because I'm Irish !"

Is mise

Seanachán Ó Mórdha.



# DIT Bolton St. Induction '98

Fun and games had by all.



WHO'S  
WHO  
IN THE  
S.U.



The calm before the storm. Cormack and Nikki (top left) reading copies of the Times as they await a captain birdseye sized trawler load of new Fish. Bernie and the ever present, somebody stop me, up ya boy ya, Larger Lout from Louth Steven O'Connor (top right) look for some replacement fluids after a big night on the town, both eagerly looking forward to the new Students arriving.

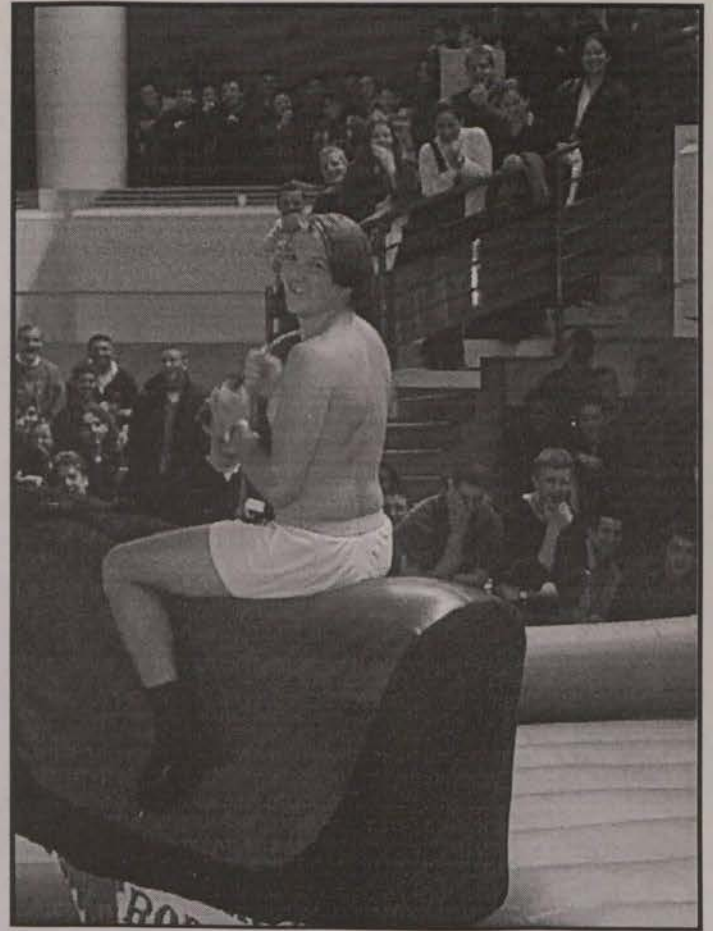


Meanwhile  
back at the  
information desk...

Aileen tries to comfort this poor Little Fresher, 'It's OK young man just make sure that you brush your teeth twice a day, change your underpants and socs every day, eat plenty of fibre to keep you regular, All Bran is good I hear or failing that try some of Lauras soup in the canteen I'm told it's just as good.'

## HI HO Silver Away !

This eager young lad shows that he has the necessary balls to be a good social Student. I only wish that he had talked to Aileen prior to embarking on this particular adventure as he had a nasty yellow stain in the front of his jocks! Watch him ladies. I think it would be safe to say that was the only ride he got in Induction Week!!



Touché and the lads. These particular young gents expressed a preference to Bodkins rather than going on a tour of their college. I mean really lads, shame on you!

Mark Murrery explains to this attentive Student, 'Banking, young man, is like putting on a condom. If you don't do it right the first time, in a few moths you'll be fucked.'

'That reminds me,' he continues, 'Did you know that American politics is like a DIY kit. One screw the wrong way and the whole job falls to pieces.'



# Diary of a young sheep

## Saturday

- 9.00AM Farmer Brown gives me a neat No.1 all over. Mother's not too happy, I think she's getting one too!
- 9.20AM I got kicked out of the shed by a nice man. Given some crap to eat.
- 10.50AM Got shot in the mouth by Mr. ISOMAC X and then I got kicked into the field, again by the nice man.
- 11.30 AM Farmer Browne paints my bum, sprays my back and my belly. WHY?
- 12.15PM Funny looking boys in black leather, with long hair, paint graffiti on me. Get washed by cursing farmer Browne.
- 7.15PM Get a respray by the funny looking boys with the long hair in the black leather. A not so nice farmer Browne curses even more and washes me. Don't like my life!
- 11.30 PM Mum gets cooked! I don't know why, maybe it was something she said? Lots of singing in farmer Browne's house, people drinking, must be a party, poor mum. Having a real bad day!

## Sunday

- 1.00PM Got fed some nice food, don't see any workers.
- 3.00PM Dad gets put into field with female sheep, why? I get fed again, still no workers!
- 7.00PM Dad comes back very tired and very happy, what was he at in the field?
- 11.00PM Going asleep, had a good day.

## Monday

- 9.00AM Lots of work going on in the farm, everyone busy. No sign of farmer Browne?
- 9.10AM Play skipping with my friends and eat more crap. I found a hole in the fence!
- 12.00PM I'm in Superquinn, everyone is looking funny at me, it must be the Lynx
- 12.30PM I bought two 100% wool jumpers, one for me and one for dad, in Clery's.
- 3.00PM Police bring me home, to field. Farmer Browne is not happy, he kicks me around the field. Weird day!

## Tuesday

Rained all day, I'm really pissed off!

## Wednesday

- 8.00AM Get up early, hold on, get up early for what? Life confuses me. I want to go to town, there is no hole in the fence.
- 12.00PM I hear 15 sheep are pregnant. I think I know what dad was at!
- 2.00PM Eat crap for dinner, go to toilet, eat it as well!
- 3.00PM Life is bad, I want to be cooked, looks like fun.
- 6.00PM Meet Bi Bi the sheep, get her pregnant.
- 6.30PM I love Bi Bi the sheep. Find a new hole in the fence. Bi Bi and I go shopping but the shops are closed. Go back to the field and make passionate love all night. Life is great!

## Thursday

- 10.00AM Find Bi Bi the sheep and make more love, drink a bottle of beer and feel dizzy!
- 7.00PM Find dad dead, I have terrible headache

## Friday

- 11.00AM Find Bi Bi the sheep and get our bums painted, go back to the field and play skipping.
- 5.10PM The nice hairy men return and set me on fire....AHHHHHHH!



*A Real Irish Pub*

# *Hangovers Supplied & Serviced*

Available for : **Class Parties**  
**Quiz Nights**  
**Debate nights**  
**Race nights**  
**After sporting events**



**Live D.J.s**  
**Mega Promotions**  
**Big Screen Sport**  
**Extra Student Friendly**



**Dublins No.1 Student Bar**

*A Real Irish Pub*

# CLUBS AND SOCIETIES



## A chairde,

A big hello to all the Freshers and Refreshers who are here to avail of the benefits DIT has. My name is Graham O Sullivan and I am your Clubs and Societies ( Hereinafter referred to as Clubs & Socs. ) officer, again this year.

For the benefit of the first years, DIT Bolton St. is very proud of the Clubs & Socs. we have to offer. Anyone is welcome to join and just about every taste is catered for, Carting to Mountaineering, Sailing to Chess and anything elae you can think of, along as its legal.

To join any of these Clubs & Socs all you have to do is attend any of the meetings during the year. Membership is open to any student of the DIT. In Freshers Week we have a Clubs & Socs day. Here all the different clubs and societies will have information desks set up all over the common area. The day in question is Wednesday the 7th of October. On this day you can browse around the various desks and join any of the clubs or societies that you are interested in. Remember if there is a club or society that you want to be in and there is no desk on the day, chances are it is available in another DIT college. If this is not the case you can set one up, just call to the Union offices for any information.

Every Student has paid money to the Student Union's facilities, which Clubs & Socs are a part of, so do take advantage of this service. Don't forget anybody interested in helping to start or run a club or society contact the Union office. The alternative solution is to stop me in the corridor and ask any questions regarding Clubs & Socs, time permitting, I will answer them.

Do chara,  
Graham

## Clubs

Aerobics  
Badminton  
Basketball  
Equestrian  
Hockey  
G.A.A.  
Karting  
Mountaineering  
Pool  
Rowing  
Rugby  
Sailing  
Soccer ( F )  
Soccer ( M )  
Sport Karate  
Sub Aqua Diving  
Swim & Polo

## Societies

Acrycycle  
A.S.A.  
A.S.A.T.  
Auctioneering  
Band  
Beer Appreciation  
Building Maintenance  
Cairdeas  
Choral  
Construction Economics  
Construction Technician  
Christian Union  
Cuman Gaelach  
Drama  
Engineering Certs.  
Engineering Degree  
Environmental

## Societies

Film  
Geo-Surveying  
Irish Music  
Motor Industry Management  
Mature Student  
Music  
Political  
Open Forum  
Photographic  
Printing  
Property Economics  
Racing  
Response  
Roleplay  
Urban Renewal  
World



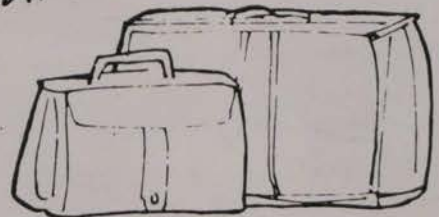
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# A crash course in poverty!

## AS THE COST OF LIVING AND RENT ESCALATES STUDENTS ARE FORCED TO WORK LONGER HOURS OR DROP OUT.

As Students return to DIT they are faced with increasing levels of stress. This stress is brought about by a number of things;

- (a) The price and condition of suitable accommodation.
- (b) A huge emphasis on "A good education = A good job."
- (c) The very inadequate level of Grant in Ireland.

As many of the Students of DIT Bolton St. will know, finding accommodation is very difficult. The price of the accommodation alone is a major hurdle let alone finding that house or flat that is in a reasonable condition to live in. Having been a student myself for six years I have seen that the attitude of some landlords is "Ah! There only Students, they'll be all right." Considering that the Grant is so low Students are frequently forced to live in cramped substandard accommodation. "Why?," I hear you call. The answer is simple. If one room is £40 per week and you can squeeze two people in there that means that there is an extra £20 to buy food etc. The reason the room was £40 per week in the first place is because its not exactly a suit in the Hilton Hotel.

On Thursday, September, 10, 1998 the USI set up a 24 hour soup kitchen to highlight the crisis. The fact of the matter is that the average price of rent in Dublin is £55 per week. The current level of grant is a whopping great £45.90 per week and Students usually have to wait about two months to get it!! As a result of this, a large amount of Students on the grant are forced, out of necessity, to get a part time job, or two, just to simply put a spud on the table! This adversely affects their course as they usually have to work at night, often late, so they are tired and fatigued. The concentration span is then lowered, the capacity to store information reduced, so the work load then increases. Some of these part time jobs also eat into course time tables so lectures are missed just to make ends meet.



Synics might say that I am just crying poor mouth for the Students. To this I say "You live on £45.90 per week and then see if the tune does not change!"

What one has to do then is examine the Students who are not on the grant. They now have to pay a registration fee of £260. This is either paid by themselves or their parents and begs the question 'Is there such a thing as free fees?'. Just because these Students don't get a grant does not mean that their parents are flowing with the green ones! Students whose parents can't afford to fund them are faced with even more financial difficulties and more stress.

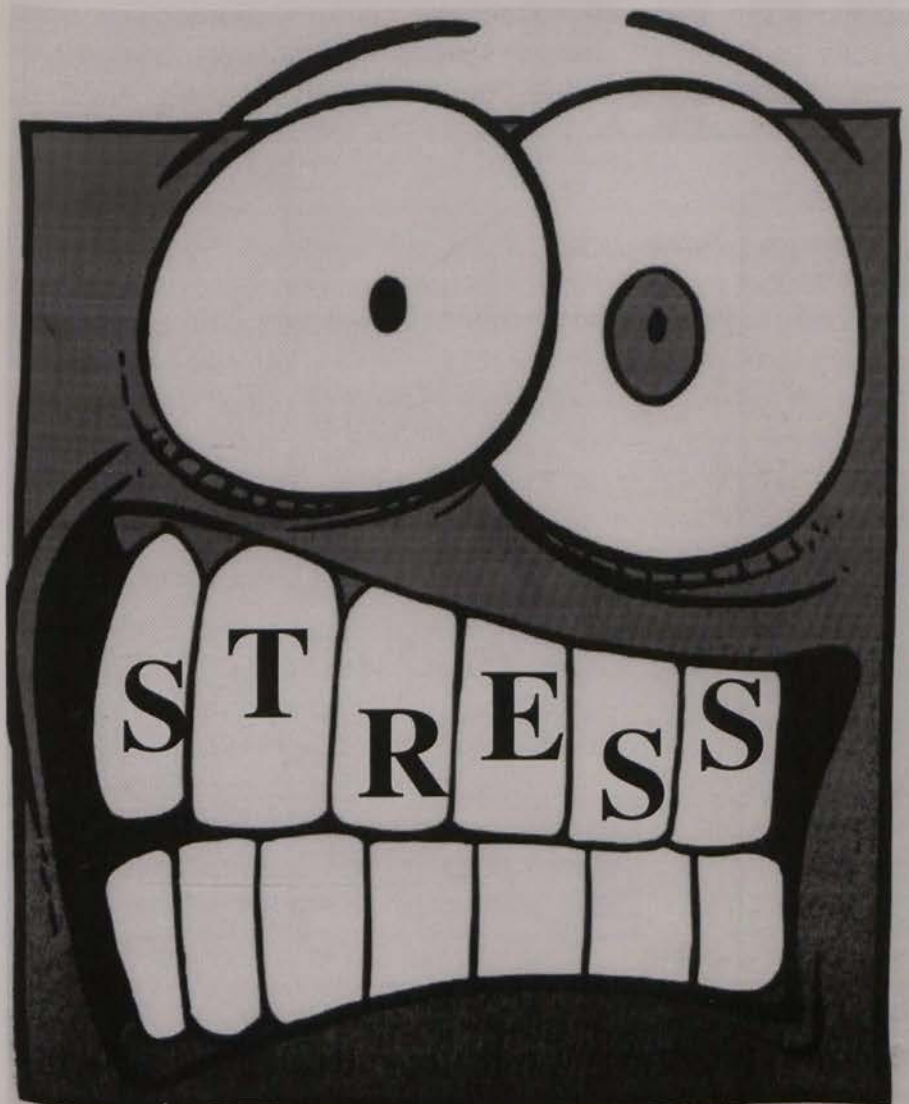
*Orla Richardson and Darren McCallig  
from the USI in the soup kitchen.*

contd...

In the hunt for reasonably priced good quality accomadation, Students are forced to go further from the college in which they study. This adds another variable into the equation, travel. Another factor for Students to consider when they are planning their budget. Rent = £55, Bus fair = £8.50, Food = £25, ESB and Gas = £4, Pens and paper £4, Total outgoings for one week = £96.50. Income = £45.90. Money left over to go out and have the great social life that people think students have = £ -50.60. Result, an extra £50.60 is needed to pay for the essentials every week.

In Ireland we are brought up to believe that the path to success is to go to school, get a good education then go to college and emerge as a qualified individual. For some, this has been hammered home from a very young age. This puts the individual under pressure as they feel that if they don't do well at college that they will not succeed. This is not altogether true. The whole college scene is usually most peoples first experience of doing their own thing. For the first time you can say that you have control of your life. College is a major step in the development of your personality. Believe you me when I say that this is just as important as the academic qualification you receive at the end of the course. If I put it this way, what's the point in being the top of your class when you cant communicate well enough with people to pass an interview!

Colleges are the corridors of learning. You learn about many things as well as the particular course. How many of you out there have yet to have sex? Some people have their first sexual experience in their time in college . How many of you out there are shy and reserved? After a while you will get to know the people around you and start going out together as a group. Guaranteed you will make new friends. There will also be people who will fall in love for the first time. How it works out is another thing. So don't close your mind to the fact that college is just to get qualified, because its so much more. I am not saying that all you do in college is drink , ride and go around the place singing love songs or bawling crying. You also can fulfil your obligation to your future and do as well as you can in your exams. But along the way make friends and have a good time.



**DIT BOLTON ST.**

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**YEAR '98 -'99**



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**Crossword  
provided by:**



**Across**

- 1 Scottish port (4)
- 5 Terrible Eussian(4)
- 7 Rower(7)
- 8 Menace(8)
- 10 Gaelic language(4)
- 12 Hideous(4)
- 14 Ranch(8)
- 16 Forefather(8)
- 17 Cake layer(4)
- 18 Button(4)
- 19 Not sore(8)
- 22 Relate(7)
- 23 Chinese dynasty(4)
- 24 Open tart(4)



**Down**

- 1 Dispossess(4)
- 2 Feature(4)
- 3 Musical note(8)
- 4 Sign of the future(4)
- 5 Concern deeply(8)
- 6 Knob of root(4)
- French protestant migrant(7)
- 11 Dejection(7)
- 13 Pliant(8)
- 15 Welsh bay(8)
- 18 Mild(4)
- 19 Impudent(4)
- 20 Willingly(4)
- 21 Stich(4)

**Less than the price  
of a pint!**



Name: \_\_\_\_\_

Year & Course code: \_\_\_\_\_

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# Bolton Street Bares!

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## *Bolton Street Cross Dressers & Schizophrenic Society.*

Here we can see two members of Bolton St. Cross Dressers & Schizophrenic Society on their Bi-annual pilgrimage to find themselves. On the last outing the group went off as happy as Larry singing 'Roses are red, violets are blue, I'm a schizophrenic and so am I.'



## A prime example of how Bolton St. Students love to take the Piss!

Bet yer man wishes he was the beer bong



Below is the proof. These two students who spent the last four years at DIT Bolton St. can tell you. You will be **HOWLIN** mad at the end of it all. I am just a little curious?? Are the screaming with the pain of the Manatoui about to change from man to wolf at the onslaught of a full moon OR is there something going on beneath the bottom of this picture of a distinctly pornographic nature?



The mind boggles from this point on!

## Expansion of the DIT Careers & Appointments Service

The DIT Careers & Appointments Service has recently expanded and is now staffed by six professional Careers Advisers, each with responsibility for one faculty, and two Clerical Officers.

Your Careers Adviser can help you with any career-related issue, from preparing for interviews, to deciding on a postgraduate course, to general concerns about your career.

Services offered include:

- **Careers Library**, located at 30 Upper Pembroke Street, is open from 9.30am to 1.00pm and from 2.00pm to 4.30pm.
- **One to one guidance interviews** with a Careers Adviser.
- **Information sessions** on further study and job opportunities.
- **Careers education programme** that includes looking at transferable skills for the workplace.
- **Employer programme** that facilitates employers to meet and recruit students.
- **Job vacancy newsletter** that notifies graduates of current job vacancies.
- **Free copies of reference books** that will provide you with information about employers and job application procedures.

During the year you will meet us from time to time on campus and when you reach your final year, you will see us more often as the contact you have with the Careers Service increases. However, you can arrange an interview with your Careers Adviser at any time by telephoning the appropriate number below. We promise you impartiality, confidentiality and equality of opportunity. We look forward to meeting with you.

The Careers & Appointments Service is located at DIT Fitzwilliam House, 30 Upper Pembroke Street, Dublin 2.



**Faculty of Engineering**

Eileen Fitzpatrick  
Phone: 01-4023351



**Faculty of the Built Environment**

Rhona Sherry  
Phone: 01-4027500



**Faculty of Applied Arts**

Aisling McHugh  
Phone: 01-4027501

# The trials and tribulations of living with Bernie ( S.U. Vice Prsident/Welfare )

Bernadette O'Relly ( or the mad one from Cavan as she's better known ) could not be considered as your average flat mate. Between working in the Porter House and the Bolton St. S.U. she's really never at home. But when she is Declan (the other poor unfortunate!!) and I try to stay well clear.

This Viagra munchin, Kingscourt tomboy makes a mean dinner, what else would expect from a Cavan las! All messin aside she really is one of the lads at heart and even looks good in spotted boxers. She sits down to watch Man Utd. play, drinking beer like any good football watching, beer swilling, football fanatic does. When in conversation with her, one really has to concentrate as it seems like she has a mouth full of gravel; 'ah shure bejesas well datill g'down a laugh sotwill sotwill'. When this is translated into proper English it means " Perhaps if you are not too busy we could go down to the Public house for a beverage or two."

She has also had her fair share of fellas too, from 17 to 35 . All you new fish beware Bernie, you ain't seen nothin till ya see Bernie on the Piss. All joking finished Bernie is a really great person with a heart bigger than herself. She will do an excellent job this year and I wish her all the best and the bust of luck!

*Stephen O Connor DT 102/2*

## *Are YOU interested in giving something back?*

A Supervised Study Programme was set up in this college approximately 4 years ago. This is in conjunction with Mount Carmel Secondary School, Kings Inns St.

Students from Bolton St. supervise study periods for 6th and 3rd year students from the school. This is on a voluntary basis. The aim of the programme is to expose the students to a 3rd level learning environment, provide academic support, encouragement, and to act as a role model for the students.

For the students who would like to help, it can also be a study period for them. Be it project work, reading or studying. A certificate of participation is awarded to all who take part.

**As much help as possible would be brilliant, as a large number of students from across the road would love to attend.**

*If anyone is interested, and for further information contact Bernie in the S.U.*

# DRUGS

## Ever think about the consequence?

### 1 Alcohol.

The abuse of alcohol is one of the largest drug problems in Ireland today. Alcohol is a depressant and also reduces the efficiency of certain brain functions. There is no shame in drinking in moderation, low alcohol beer or in not drinking at all. A psychological and physical dependence may occur with alcohol and students may be particularly at risk due to their social drinking habits.

A half pint of average strength beer, a small measure of spirits or a glass of wine is approximately one unit of alcohol. The recommended weekly dose of alcohol is 21 units for men and 14 units for women. Heavy drinking causes; Heart Disease, Gastric Disorders, Inflammation of the Pancreas, Cancer of the upper airways, Digestive Tract, Mouth, Throat and Oesophagus. Anyone going for a pint?

### 2 Tobacco.

Cigarettes are another wonder of modern civilization. The huge and never ending amounts of pleasure as you inhale that waft of pure white smoke. The way ones eyes water, the yawning sensation, the strange sickening feeling in ones tummy the wonderful odour and that beautiful yellow tint on ones fingers.

I suppose the fact that 1200 different chemicals exist in tobacco smoke doesn't matter. 5% is toxic Carbon Monoxide. Nicotine, a poisonous drug, and Tar also exist. Did you know that when you inhale a cigarette all the Carbon monoxide, 90% of the nicotine and 70% of the Tar remain in your lungs.

Nicotine affects the Heart, Blood Vessels, Stomach, Kidneys and Nervous system. Long term smoking causes Heart Disease, Heart Attacks, Blood Clots, Strokes, Bad Circulation, Ulcers, Lung Infections, Bronchitis, Emphysema (disease of the lungs causing breathlessness), Cancer of the Lung, Mouth and Throat. Exhaled smoke has 70% more Tar, 2.5 times more nicotine and up to 100 times more carcinogenic compounds.

**SMOKING IS NOT GOOD FOR YOU OR THE PEOPLE AROUND YOU!**

### 3 Cannabis, This is illegal

This substance has many names; hash, blow, pot, ganga, weed, dope and rope. It is a widely available social drug and mainly used for its intoxicating effects, getting Stoned. It can be smoked in a hand rolled cigarette, joint or spliff, or through a pipe. Various other methods are used which I won't go into for legal reasons!

It affects the users moods and thinking patterns. The person may appear to dull or lax, oblivious to what is going on around them. Euphoria or happiness and an increase in appetite may occur, the said 'Munchies'. Cannabis is not physically addictive but it can be said that the psychological addiction doesn't do the short term memory any good short term memory any good. If you are caught by the Guards in possession you may face a fine and any subsequent offences may result in a prison sentence.

### 3 Ecstasy, This is Illegal.

This is the disco drug of the 90's. Common names, E and Disco Biscuits. This substance brings on a feeling of happiness an increased energy level as well as substantially more flexibility. The increased energy and flexibility have also been linked to an increased level of sexual stamina and makes the user very friendly hence the name "The Love Drug".

Effects of this drug are increase heart rate, loss of appetite, intense sweating, dry mouth, nausea, pain and stiffness of the arms legs and jaws. It increases the bodies temperature and can lead to dehydration heat stroke and possibly death.

The more long term effects of E are insomnia lethargy and weight loss. Liver problems can also occur as well as rotting of teeth and stomach ulcers. Prolonged use of E not only physically affects the user but depression also follows and a complete lack of interest in anything that's not related to the BUZZ!! Remember you can get 12 months in jail and a £1000 fine if caught in possession.

### 3. Amphetamines, Also Illegal

Speed being the more common name for this substance. It has been regarded as poor mans coke. Speed (whiz) is a stimulant to the nervous system. It causes a rapid increase in the levels of excitement and a feeling best described as being hyper. The term 'Chewing a Brick' springs to mind as users are known to use chewing gum as an alternative to eating their lips. An increased capacity to 'Chat' may also occur.

Speed is sometimes used to combat fatigue and sleepiness. A definite feeling of depression and aggression are common traits of coming down off speed and these feelings can last up to several weeks after taking the substance. **Speed is highly addictive** and can be fatal when mixed with other drugs. Again the long arm of the law will give you a £1000 fine and or 6 months in the nick for possession. Beware!!

### 4. LSD, Its Illegal too.

LySergic acid Diethylamide one of the most powerful mind fuck drugs known. LSD is not physically addictive but it has been known to cause some severe mental disturbances and in some cases brain damage. Interesting or what??

When one takes LSD it is known as 'Tripping'. This effect can occur around a half an hour after taking a tab. One is now on the way up! or up! When one is 'tripping' one will experience what can only be described as increase in the perceptual awareness of their environment. The individual will find a disjointed sense of colour, smell, sound and texture and will be somewhat out of touch with reality. LSD is stored in the body fat and therefore can lie there for quite some time and return to haunt you in the form of a flashback. It can be cut with such things as rat poison (Strychnine) which leaves it very dangerous. If caught in possession you will face the 12 months in jail and or the £1000 fine. Hey, have a nice day man!

### 5. Magic Mushrooms, Illegal

Well we were bound to get to the mushies at some stage. The drug contained in the mushies is 'Psilocybin'. Mushrooms grow in various parts of Ireland at particular times of year, Autumn. It is not illegal to eat them but it is illegal to prepare them in any way, i.e. boil or dry. They are not addictive but you can pick a poisonous one and die.

### 6. Amyl Nitrate, Illegal

More commonly known as 'Poppers' which originated as a somewhat Gay Drug because it relaxes the anal muscle. Poppers are sniffed with an almost instantaneous rush making one extremely giddy for a few minutes. Poppers are a very strong stimulant which increase your heart rate and makes your Jugular very attractive to any watching Vampires.

### 7. Cocaine, VERY Illegal.

If you are bringing 'Charlie' out at the weekend he can be a very expensive and dangerous companion. He is known to get a great many people into a great many difficulties. This Peruvian hell fired stomping powder gives the effect of heightened awareness, sleeplessness, loss of appetite, high anxiety and the odd state of euphoria. Coke is a controlled substance so therefore **VERY ILLEGAL**, Don't touch 'dis or you will be looking for the remains of your life and the inside of your nose in the bottom of a very deep cylinder of life sucking shit.

### 8. VERY VERY Illegal indeed.

#### HEROIN

**IF you want to see your kids grow up, witness your grandkids playing football, live a happy and productive life, love your partner, your neighbour and the Lord himself.**

***DO NOT GO DOWN THAT ROAD.***

**THIS ARTICLE IS NOT DESIGNED TO ENCOURAGE YOU TO EXPERIMENT WITH ANY KIND OF DRUG. IT IS WRITTEN TO MAKE YOU AWARE OF WHAT IS OUT THERE, WHAT WILL HAPPEN IF YOU TAKE THEM AND WHAT CAN BE DONE BY THE LAW IF YOU ARE CAUGHT IN POSSESSION. THERE IS AN ENDLESS LIST OF WORTHWHILE THINGS IN LIFE TO LOOK FORWARD TO WITHOUT RESORTING TO DRUGS. MAKE THE RIGHT CHOICE.**





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