

1882

## Traditional West Country Cookery

Theodora FitzGibbon

Follow this and additional works at: <https://arrow.tudublin.ie/irckbooks>

 Part of the [Arts and Humanities Commons](#)

---

### Recommended Citation

FitzGibbon, Theodora, "Traditional West Country Cookery" (1882). *Cookery Books*. 145.  
<https://arrow.tudublin.ie/irckbooks/145>

This Book is brought to you for free and open access by the Publications at ARROW@TU Dublin. It has been accepted for inclusion in Cookery Books by an authorized administrator of ARROW@TU Dublin. For more information, please contact [arrow.admin@tudublin.ie](mailto:arrow.admin@tudublin.ie), [aisling.coyne@tudublin.ie](mailto:aisling.coyne@tudublin.ie), [vera.kilshaw@tudublin.ie](mailto:vera.kilshaw@tudublin.ie).

**TRADITIONAL  
WEST  
COUNTRY  
COOKERY  
THEODORA  
FITZGIBBON**



A Fontana Original



# CONTENTS

Introduction	9
Soups	11
Fish	30
Poultry	68
Meats	95
Pasties and Pies	136
Cheeses, Eggs and Savouries	151
Vegetables and Sauces	160
Puddings	173
Cakes, Biscuits, Buns and Breads	200
Preserves and Drinks	238
Index	249



First published by Fontana Paperbacks 1982  
Copyright © Theodora FitzGibbon 1982

Set in Linotron Garamond

Made and printed in Great Britain by  
Richard Clay (The Chaucer Press) Ltd  
Bungay, Suffolk

#### CONDITIONS OF SALE

This book is sold subject to the condition  
that it shall not, by way of trade or otherwise,  
be lent, re-sold, hired out or otherwise circulated  
without the publisher's prior consent in any form of  
binding or cover other than that in which it is  
published and without a similar condition  
including this condition being imposed  
on the subsequent purchaser