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## A Taste of the Sea in Food and Pictures

Theodora FitzGibbon

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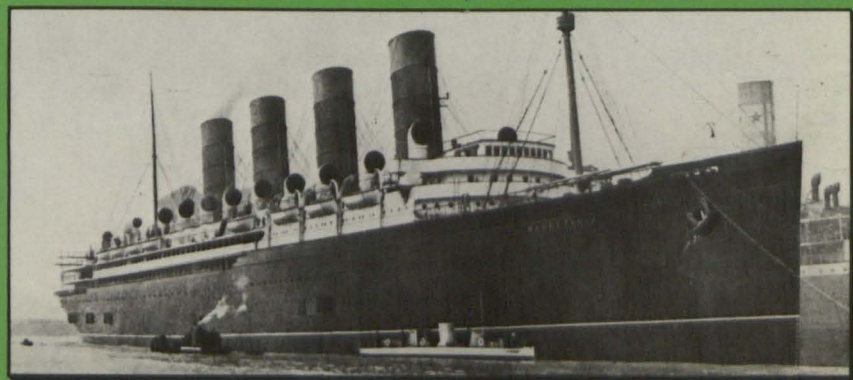
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# A Taste of THE SEA

In Food and Pictures

THEODORA FITZGIBBON



Mystic spell  
which none but sailors know or feel,  
and none but they can tell.

To John de Courcy Ireland  
With affection and many, many thanks

*'Pyjama parade 7 am' (Sketch by Harry Furniss, by courtesy of the  
P&O Steam Navigation Company)*

*A Red Sea-iesta (Sketch by Harry Furniss, by courtesy of the P&O  
Steam Navigation Company)*





In Food and Pictures

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**THEODORA FITZGIBBON**

Period photographs specially prepared by  
**GEORGE MORRISON**

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Country House Cooking  
The Young Cook's Book  
Game Cooking  
The Art of British Cooking  
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A Taste of Ireland  
A Taste of Scotland  
A Taste of Wales  
A Taste of England: The West Country  
A Taste of London  
A Taste of Paris  
A Taste of Rome  
Theodora FitzGibbon's Cookery Book  
The Food of the Western World

#### **Fiction**

Flight of the Kingfisher



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