A Taste of the Sea in Food and Pictures

Theodora FitzGibbon

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A Taste of THE SEA
In Food and Pictures
THEODORA FITZGIBBON
Mystic spell
which none but sailors know or feel,
and none but they can tell.

To John de Courcy Ireland
With affection and many, many thanks

'Pyjama parade 7 am' (Sketch by Harry Furniss, by courtesy of the P&O Steam Navigation Company)

A Red Sea-iesta (Sketch by Harry Furniss, by courtesy of the P&O Steam Navigation Company)
A Taste of
THE SEA
In Food and Pictures
THEODORA FITZGIBBON
Period photographs specially prepared by
GEORGE MORRISON
David & Charles
Newton Abbot London Vancouver
also by Theodora FitzGibbon

Cosmopolitan Cookery
Weekend Cookery
The High Protein Diet and Cookery Book (with Dr Michael Hemans)
Country House Cooking
The Young Cook’s Book
Game Cooking
The Art of British Cooking
Eat Well and Live Longer (with Dr Robert Wilson)
A Taste of Ireland
A Taste of Scotland
A Taste of Wales
A Taste of England: The West Country
A Taste of London
A Taste of Paris
A Taste of Rome
Theodora FitzGibbon’s Cookery Book
The Food of the Western World

Fiction

Flight of the Kingfisher
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