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A Taste of London in Food and Pictures

Theodora FitzGibbon

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A TASTE OF LONDON

IN FOOD AND
IN PICTURES

THEODORA
FITZGIBBON



A TASTE OF LONDON

TRADITIONAL FOOD

BY THEODORA FITZGIBBON

Period photographs specially prepared by GEORGE MORRISON

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Also by Theodora FitzGibbon in Pan Books

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A Taste of Ireland

A Taste of Wales

A Taste of the West Country

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For all my friends who have helped me with
this book, but particularly for my friend from
childhood, Sophie: also John and Munko Orbach,
with love and many thanks

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