

2002

## Best of Irish : Traditional Cooking

Biddy White Lennon

Follow this and additional works at: <https://arrow.tudublin.ie/irckbooks>



Part of the [Arts and Humanities Commons](#)

---

### Recommended Citation

White Lennon, Biddy, "Best of Irish : Traditional Cooking" (2002). *Cookery Books*. 125.  
<https://arrow.tudublin.ie/irckbooks/125>

This Book is brought to you for free and open access by the Publications at ARROW@TU Dublin. It has been accepted for inclusion in Cookery Books by an authorized administrator of ARROW@TU Dublin. For more information, please contact [arrow.admin@tudublin.ie](mailto:arrow.admin@tudublin.ie), [aisling.coyne@tudublin.ie](mailto:aisling.coyne@tudublin.ie), [vera.kilshaw@tudublin.ie](mailto:vera.kilshaw@tudublin.ie).

Best of  
Irish

O'BRIEN



# Traditional COOKING

BIDDY WHITE LENNON

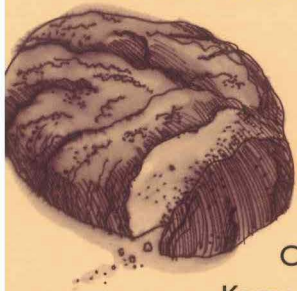
*Best of*  
Irish  
Traditional  
COOKING

**BIDDY WHITE LENNON**



THE O'BRIEN PRESS  
DUBLIN

# The *Best of* traditional Irish foods cooked with modern flair



From starters to puddings, a delicious selection of over sixty recipes using the best of Irish ingredients: succulent salmon, creamy cheeses, nutty wholemeal flour. Choose from Clonakilty Black Pudding, Dublin Coddle, Kerry apple cakes, traditional fruity barm brack or buttermilk scones, Guinness stew, Baileys Cream ice and, of course, the famous Irish coffee. Forty charming illustrations complete the mix.

Details of customs, folklore and Irish regional food traditions provide a fascinating background to the recipes.

**Biddy White Lennon** has written several cookery books, is a regular cookery demonstrator and contributes features on cooking and travel to magazines such as *Food & Wine*, *Woman's Way* and to various newspapers. An actress, she is well known in Ireland for her portrayal of Maggie in the long-running and hugely popular TV series, *The Riordans*.

Other titles in the  
O'BRIEN  
**BEST OF IRISH  
COOKERY SERIES**



**O'BRIEN**

[www.obrien.ie](http://www.obrien.ie)

FOOD AND DRINK

€6.95 EURO ZONE

£4.99 STERLING AREA

\$8.95 USA \$13.95 CAN

ISBN: 0-86278-758-0



780862

787585