

1990

## Biddy White Lennon's Eating at Home Cookbook

Biddy White Lennon

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Biddy White Lennon's  
*EATING AT HOME*  
**COOKBOOK**



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Knocksedan House,  
Swords, Co. Dublin, Ireland.

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The follow-up to Biddy's bestselling *Leaving Home Cookbook*.

In the same clear, down-to-earth, step-by-step style this book takes up where the *Leaving Home Cookbook* left off. Written with the working person in mind, the *Eating At Home Cookbook* eases the busy career person towards gaining confidence and skill as a cook and towards eating adventurously, quickly and healthily at home.

If your taste for good food outstrips your skills as a cook you have a choice: eat out or develop your skills. This book will teach you to cook not just plain food but all those dishes you love to eat when someone else is cooking or paying.

All the recipes are worked out for two people and for six so that you can try them out on your partner, your flatmate, your aunt or your granny before preparing them for a dinner-party to impress an important client, that special person in your life, or your partner's family.

The *Eating At Home Cookbook* is about eating *real* food in the *real* world — where time is in short supply and eating out can require you to take out a second mortgage.

If you have mastered the basic cooking techniques, this book will have you preparing gourmet food in double-quick time.

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