

1989

## Biddy White Lennon's Leaving Home Cookbook

Biddy White Lennon

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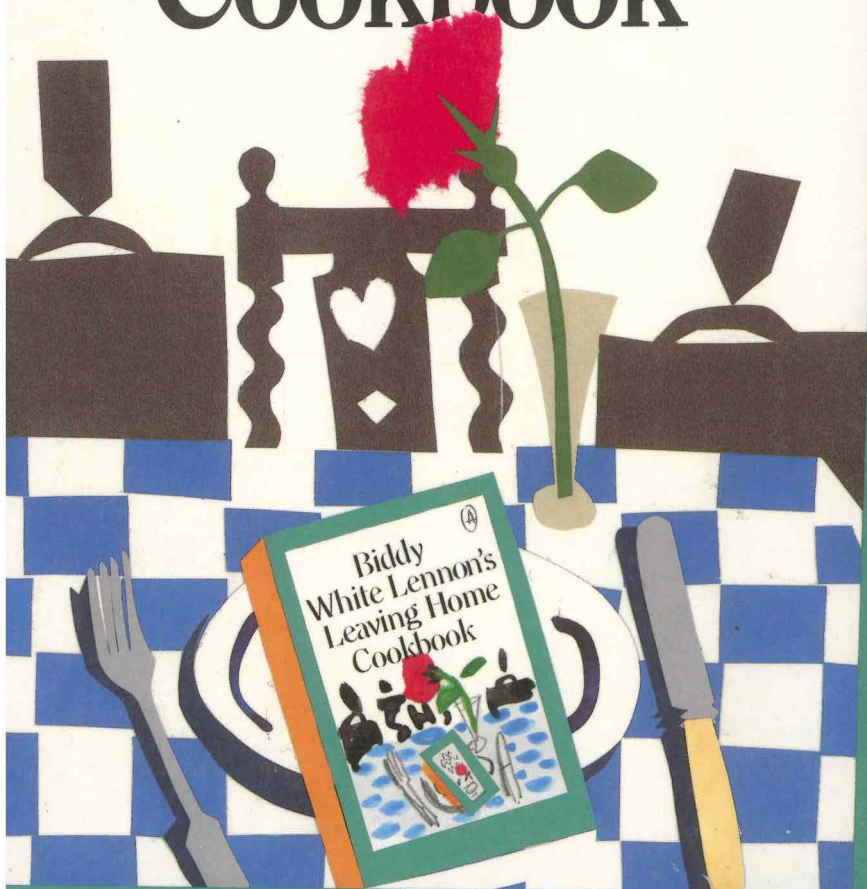
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POOLBEG

# Biddy White Lennon's Leaving Home Cookbook

**This book is for the thousands of young people who, each year, leave home for the first time.**

If you can't boil an egg this book will lead you gently through the minefield of planning, budgeting and shopping. You will discover the joys of cooking for yourself and in no time at all you will be preparing a meal for a friend, a lover or a parent.

Cooking for yourself is a lot of fun, healthier and far far cheaper!

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