

1945

## Ulster Fare

The Belfast Women's Institute Club

Follow this and additional works at: <https://arrow.tudublin.ie/irckbooks>



Part of the Arts and Humanities Commons

---

### Recommended Citation

The Belfast Women's Institute Club, "Ulster Fare" (1945). *Cookery Books*. 112.  
<https://arrow.tudublin.ie/irckbooks/112>

This Book is brought to you for free and open access by the Publications at ARROW@TU Dublin. It has been accepted for inclusion in Cookery Books by an authorized administrator of ARROW@TU Dublin. For more information, please contact [arrow.admin@tudublin.ie](mailto:arrow.admin@tudublin.ie), [aisling.coyne@tudublin.ie](mailto:aisling.coyne@tudublin.ie).



This work is licensed under a [Creative Commons Attribution-Noncommercial-Share Alike 4.0 License](https://creativecommons.org/licenses/by-nc-sa/4.0/)



# ULSTER FARE



# ULSTER FARE



Published by  
The Belfast Women's Institute Club

BELFAST

GRAHAM AND HESLIP LIMITED, FRANKLIN STREET

1945

## CONTENTS

	PAGE
FOREWORD . . . . .	5
ACKNOWLEDGMENTS . . . . .	6
<hr/>	
PUDDINGS . . . . .	7
CAKES, BREAD, AND BISCUITS . . . . .	22
SAVOURIES . . . . .	46
MISCELLANEOUS . . . . .	58
INVALID COOKERY . . . . .	62