

Technological University Dublin ARROW@TU Dublin

Cookery Books Publications

2014

Bread on the Table

Valerie O'Connor

Follow this and additional works at: https://arrow.tudublin.ie/irckbooks



Part of the Arts and Humanities Commons

Recommended Citation

O'Connor, Valerie, "Bread on the Table" (2014). Cookery Books. 106. https://arrow.tudublin.ie/irckbooks/106

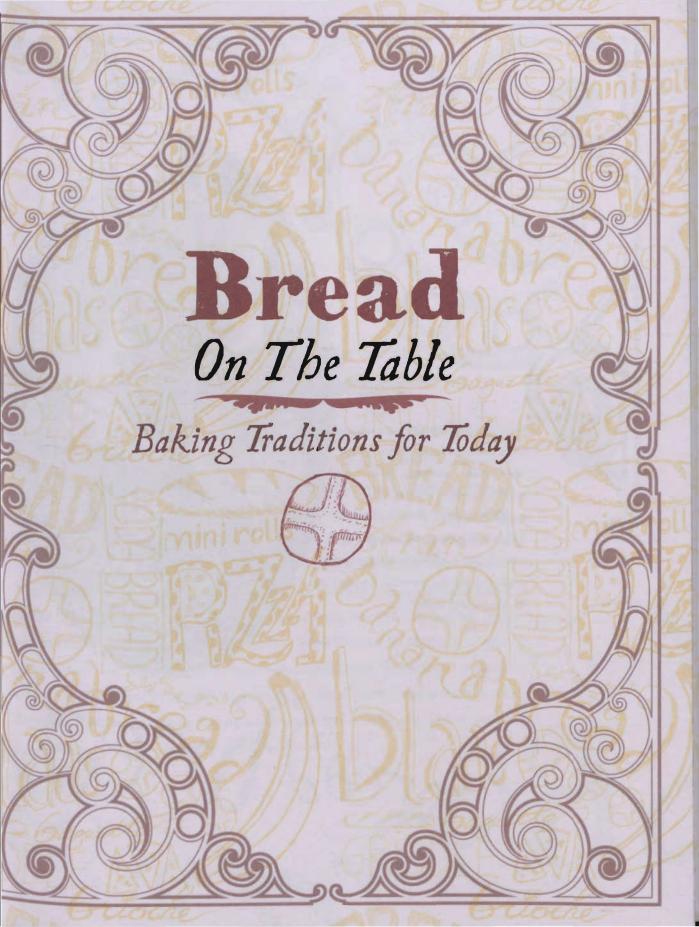
This Book is brought to you for free and open access by the Publications at ARROW@TU Dublin. It has been accepted for inclusion in Cookery Books by an authorized administrator of ARROW@TU Dublin. For more information, please contact arrow.admin@tudublin.ie, aisling.coyne@tudublin.ie, vera.kilshaw@tudublin.ie.

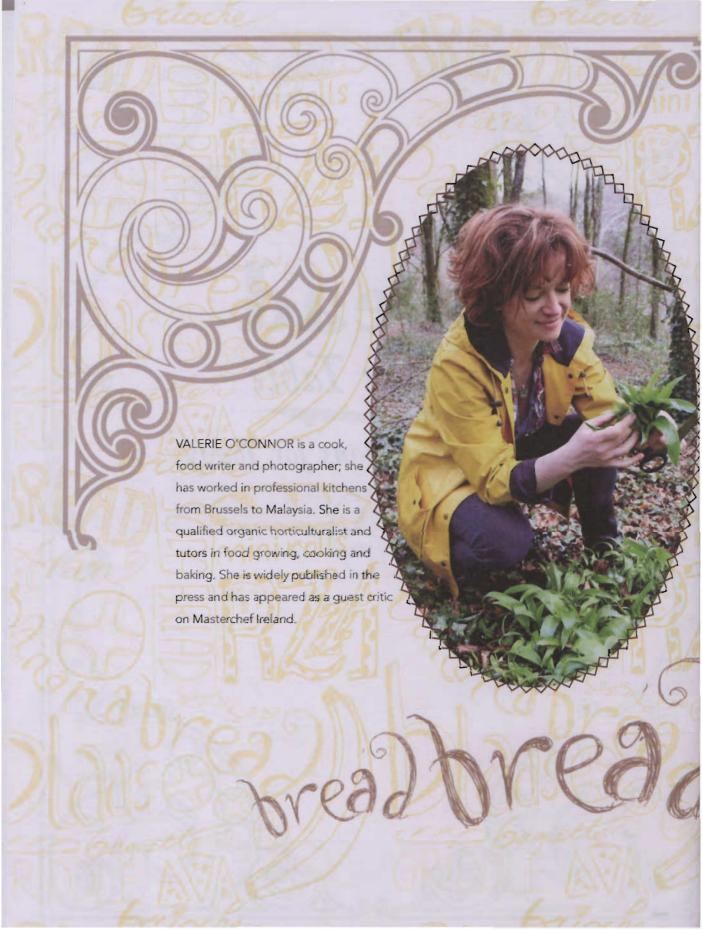


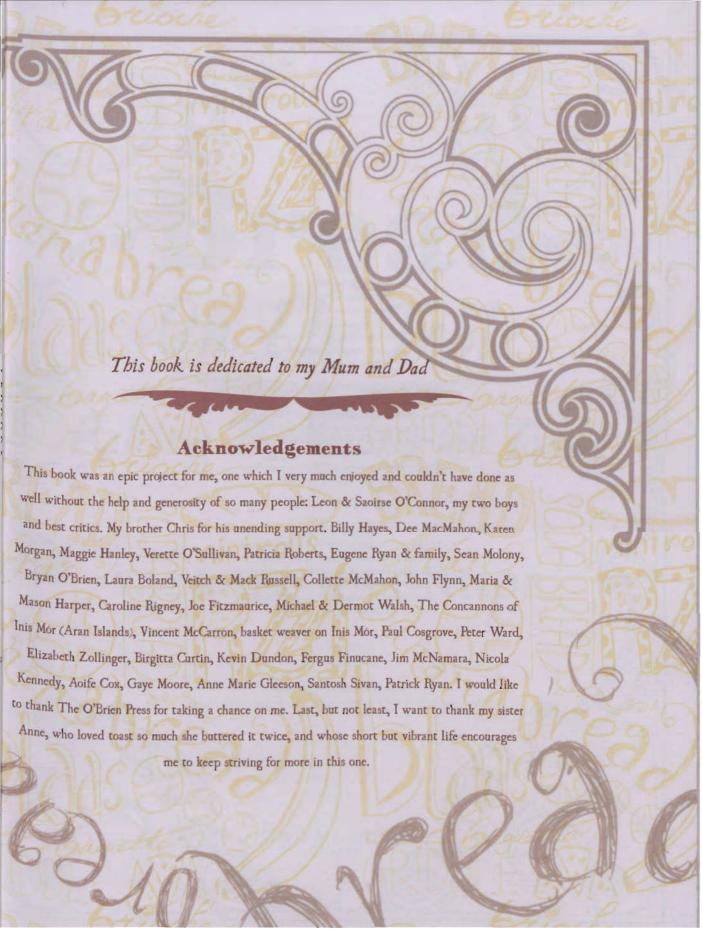
Bread On The Table

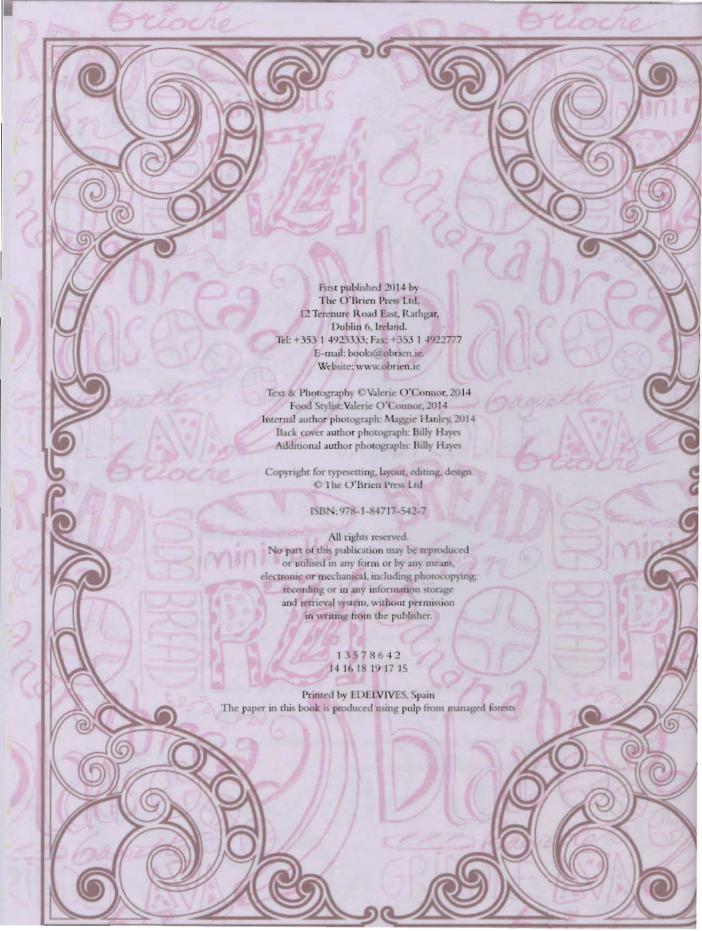
Baking Traditions for Today

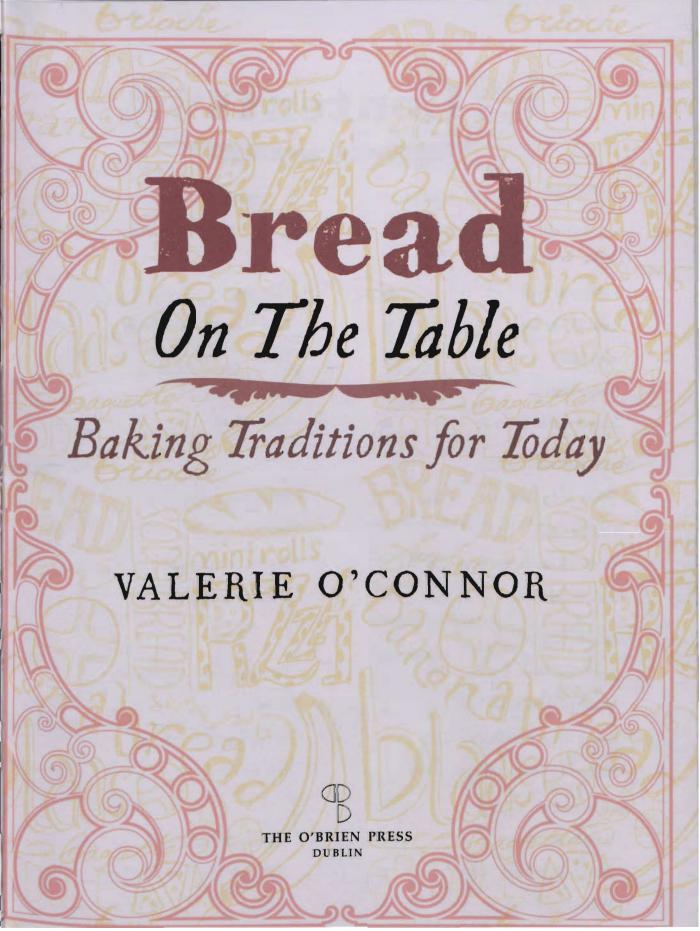












Contents &

Introduction: Tea & Toast	
White Yeast Breads	

White Yeast Breads			
A Note on Yeast	12	Baguettes	2
Basic White Bread	15	Easy Overnight Spelt Bread	2
Mini Rolls	18	Blaas	3
Burger Buns	21	Tayto Blaa	3
Irish Breakfast Pizza	22	Potato Bread	3
Soda Breads			
White Sade Cake		Whalamaal Sada Bread	1

White Soda Cake	43	Wholemeal Soda Bread	
Griddle Cakes	44	Boxty	52
Griddle-Cake Burger Buns	47	Seeded Soda Scones	55
Soda Bread Pizza	48	Easy Oat Bread	50

Soda Bread Pizza 48	Easy Oat Bread		
Brown Bread	9 // 1/6		
No-Knead Spelt Bread	60	Guinness, Treacle & Walnut	
1171 1 10 11 1		n 1/7 2 1	10

Brown Bread Nan Phadai 64	Rye & Poppyseed Wedges	71
Multiseed Flowerpot Loaves 66	Bastible Bread	72
Sourdough (

Sourdough Breads	76	Rye Sourdough	8:
Making Sourdough Starters	78	Potato & Rye Semi-Sourdough	82
White Sourdough	80		

Walk on the Wild Side	S S		
Carrot & Dilisk Loaf	89	Wild Garlic Focaccia	96
Sea Lettuce 'Baguettini'	90	Nettle Pesto Bread	98
Nori & Goats' Cheese Bread Sticks	92	Black Pudding & Apple Scones	IOI
Spelt Soda Bread with Dilisk	94	Smoked Salmon & Chive Muffins	IO2
Gluten-Free Goodies GF			
Nut Bread	107	Buckwheat Drop Scones	114
Totally Tropical Banana Bread	108	Fruity Tea Bread	117
Classic Scones	110	Spotted Dog	118
Cheesy Chilli Cornbread	113		
Sweet Things			
Chocolate Swirls	122	Banana & Chocolate Bread &	
Sally Lunns	125	Butter Pudding	136
Sweet Scones	129	Donuts	138
Summer Pudding	130	Oatmeal Breakfast Muffins	141
Tea & Coffee Brack	133	Eggy Bread	142
Brown Bread Ice Cream	134		3
Butter		VEXMO	
Making Butter	146	Garlic Bread	150
Flavoured Butters	149		
'Bread Lingo' & Essential Kit		The following	152
Bibliography		// (9)	153
Index		UM AND TO	154