

1972

## Theodora Fitzgibbon's Cookery Book

Theodora Fitzgibbon

Follow this and additional works at: <https://arrow.tudublin.ie/irckbooks>



Part of the [Arts and Humanities Commons](#)

---

### Recommended Citation

Fitzgibbon, Theodora, "Theodora Fitzgibbon's Cookery Book" (1972). *Cookery Books*. 95.  
<https://arrow.tudublin.ie/irckbooks/95>

This Book is brought to you for free and open access by the Publications at ARROW@TU Dublin. It has been accepted for inclusion in Cookery Books by an authorized administrator of ARROW@TU Dublin. For more information, please contact [arrow.admin@tudublin.ie](mailto:arrow.admin@tudublin.ie), [aisling.coyne@tudublin.ie](mailto:aisling.coyne@tudublin.ie), [vera.kilshaw@tudublin.ie](mailto:vera.kilshaw@tudublin.ie).



THEODORA FITZGIBBON'S  
COOKERY BOOK

First published in 1972

Gill and Macmillan Ltd

2 Belvedere Place

Dublin 1

and in London through association with the  
Macmillan

Group of Publishing Companies

© Theodora FitzGibbon 1972

Cover Photograph by George Morrison

Design: Gill and Macmillan Studio

7171 0591 1

Printing history

5 4 3 2 1

*Recipe for cover illustration (Chicken with honey and almonds) page 21*

Printed and bound in the Republic of Ireland  
by the Book Printing Division of  
Smurfit Print and Packaging Limited, Dublin

# CONTENTS

---

|  |     |
|--|-----|
| THE FIRST COURSE . . . . .               | 1   |
| FISH . . . . .                           | 9   |
| POULTRY AND GAME . . . . .               | 20  |
| MEAT . . . . .                           | 28  |
| EGGS, CHEESE AND DAIRY FOODS . . . . .   | 45  |
| SALADS AND VEGETABLES . . . . .          | 51  |
| PASTA AND RICE . . . . .                 | 62  |
| SPICES AND HERBS . . . . .               | 68  |
| SAUCES AND DRESSINGS . . . . .           | 71  |
| PUDDINGS AND SWEETS . . . . .            | 75  |
| CAKES AND SCONES . . . . .               | 81  |
| PRESERVES AND HOME-MADE DRINKS . . . . . | 86  |
| ENTERTAINING . . . . .                   | 94  |
| SEASONAL COOKING . . . . .               | 100 |
| INDEX . . . . .                          | 109 |