

1991

## Highdays & Holidays

Jenny Bristow

Follow this and additional works at: <https://arrow.tudublin.ie/irckbooks>



Part of the Arts and Humanities Commons

---

### Recommended Citation

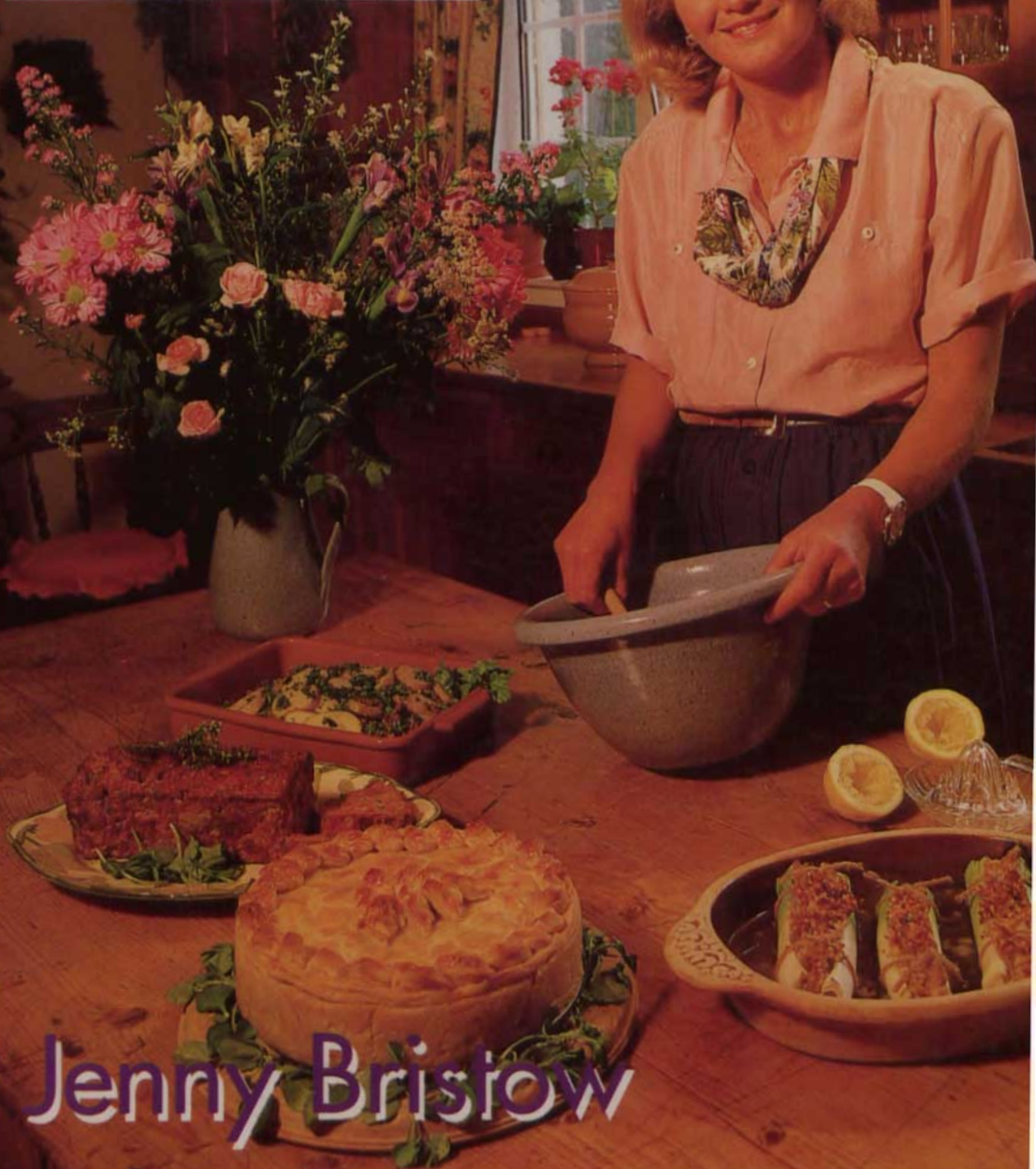
Bristow, Jenny, "Highdays & Holidays" (1991). *Cookery Books*. 67.  
<https://arrow.tudublin.ie/irckbooks/67>

This Book is brought to you for free and open access by the Publications at ARROW@TU Dublin. It has been accepted for inclusion in Cookery Books by an authorized administrator of ARROW@TU Dublin. For more information, please contact [arrow.admin@tudublin.ie](mailto:arrow.admin@tudublin.ie), [aisling.coyne@tudublin.ie](mailto:aisling.coyne@tudublin.ie).



This work is licensed under a [Creative Commons Attribution-Noncommercial-Share Alike 4.0 License](https://creativecommons.org/licenses/by-nc-sa/4.0/)

Highdays  
&  
Holidays



Jenny Bristow

# Highdays and Holidays

Jenny Bristow

GILL AND MACMILLAN  
AND  
ULSTER TELEVISION

Published in Ireland by  
Gill and Macmillan Ltd  
Goldenbridge  
Dublin 8  
with associated companies in  
Auckland, Delhi, Gaborone, Hamburg, Harare,  
Hong Kong, Johannesburg, Kuala Lumpur, Lagos, London,  
Manzini, Melbourne, Mexico City, Nairobi,  
New York, Singapore, Tokyo

Text © Jenny Bristow 1991  
Photographs © Ulster Television 1991  
Designed by Fergus O'Keeffe  
Print origination by  
Seton Music Graphics, Bantry, Co. Cork  
Printed by Colour Books Ltd

All rights reserved. No part of this publication  
may be copied, reproduced or transmitted in any  
form or by any means, without permission of the  
publishers.

Photographs by Kenneth McNally  
Programme series produced and directed by  
Ruth Johnston

**British Library Cataloguing in Publication Data**

Bristow, Jenny  
Highdays and holidays.  
I. Title 641.5

ISBN 0-7171-1923-8

# Contents

*This book is dedicated to my husband Bobby, whose wisdom  
echoes the words of Matthew Prior (1667–1726):*

*'Be to her virtues very kind.*

*Be to her faults a little blind.'*



---

# Contents

---

## Preface

<b>1. In Celebration of . . .</b>	1
<i>Cucumber Mousse</i>	2
<i>Ma King's Salmon</i>	2
<i>Seafood Sauce</i>	3
<i>Hot Spicy Lasagne</i>	4
<i>Celebration Chicken</i>	5
<i>Port Wine Jelly</i>	6
<i>Hazelnut and Grape Meringue</i>	6
<b>2. What's to Eat, Mum?</b>	8
<i>Mariner's Crispy Bake</i>	9
<i>Bert's Prehistoric Sausage Roll</i>	9
<i>Mini-Pizza</i>	10
<i>Kiddies' Banger and Mash Lasagne</i>	10
<i>The Gingerbread Family</i>	11
<i>Peter's Very Hungry Caterpillar</i>	11
<i>Rachel Jane's Fairy Cakes</i>	12
<i>Chocolate Mice</i>	12
<i>Tommy the Tortoise Birthday Cake</i>	13
<i>Kiddy Kebabs</i>	14
<b>3. A Family Affair</b>	15
<i>Vicarage Soup</i>	16
<i>My Daily Bread</i>	16
<i>Applejack Pork</i>	17
<i>Honeyed Parsnips</i>	18
<i>Parsnips in Hiding</i>	18
<i>Cabbage Under Thatch</i>	18
<i>Farmhouse Casserole with Potato and Herb Cobbler</i>	19
<i>Gooseberry Cobbler</i>	20
<i>My Foolish Sauce</i>	20
<i>Elderflower Wine</i>	21

<b>4. After Eight</b>	22
<i>Stilton and Pear Mousse</i>	23
<i>Warm Asparagus and Orange Salad</i>	23
<i>Lettuce Soup with Mint</i>	24
<i>Geranium-Leaf Sorbet</i>	24
<i>Summer Dill Trout</i>	25
<i>Salmon Under Wraps</i>	26
<i>Mayonnaise Sauce</i>	26
<i>New Potatoes with Lemon and Mint Dressing</i>	27
<i>Orange, Watercress and Walnut Salad</i>	27
<i>French Beans with Hazelnut Dressing</i>	27
<i>Wild Strawberry Cake</i>	28
<i>Rosie's Rhubarb in Ginger Beer</i>	29
<b>5. Time for Tea</b>	30
<i>Cinnamon Toast</i>	31
<i>Wholemeal Scones</i>	31
<i>Herb Garden Bread</i>	31
<i>Gooseberry Cake</i>	32
<i>Hearts and Tarts</i>	32
<i>Old-fashioned Gingerbread with Walnuts</i>	33
<i>Irish Apple Cake</i>	34
<i>Devilish Dark Chocolate Cake</i>	34
<b>6. A Movable Feast</b>	36
<i>Travelling Terrine</i>	37
<i>Broughdone Broth</i>	37
<i>Oatmeal Muffins</i>	38
<i>Forester's Pie</i>	38
<i>Crustless Onion Quiche</i>	40
<i>Picnic Fruit Cake</i>	40
<b>7. Happy Christmas</b>	42
<i>Mulled Wine</i>	43
<i>Cranberry Muffins</i>	43
<i>Clementine Sorbet</i>	44
<i>Winter Parsnip and Roasted Chestnut Soup</i>	44
<i>Christmas Turkey</i>	45
<i>Cranberry and Quince Sauce</i>	46
<i>Stir-Fry Sprouts with Hazelnuts</i>	46
<i>Roast Sesame Potatoes</i>	47
<i>Honey, Mustard and Sugar Glazed Ham</i>	47
<i>Jenny's Plum Pudding</i>	48
<i>Brandy Sauce</i>	48
<i>Christmas Mincemeat</i>	49
<i>Mince Pies</i>	50
<i>Two-Fruit Christmas Cake</i>	50
<i>Figgy Loaf Cake</i>	51
<i>Marvellous Marble Cake</i>	51
<i>Tic-Tac-Toe Cake</i>	52
<i>Festive Chocolate Yule Log</i>	53
<i>Meringue Snowmen</i>	53

<b>8. For Your Heart's Sake</b>	54
<i>Molly Malone's Fish Pie</i>	54
<i>Grilled Mackerel with Cider Sauce</i>	55
<i>Crunchy Coleslaw</i>	56
<i>Garlicky Chicken with a Lemony Sauce</i>	56
<i>Hearty Game Hot Pot</i>	57
<i>Chicken and Celery Casserole with Mangoes</i>	58
<i>Stir-Fry Medley</i>	59
<i>Buttermilk and Oatmeal Bread</i>	59
<i>Sunny Soda Bread</i>	60
<i>Strawberry Flummery</i>	60
<i>Nutty Fruit Crumble</i>	61
<b>9. Making the Most of Mince</b>	62
<i>Dinner Party Mince</i>	63
<i>A Not-So-Down-to-Earth Shepherd's Pie</i>	63
<i>Uplifted Leeks</i>	64
<i>Camus Cottage Meatloaf</i>	65
<i>Farmhouse Pie</i>	66
<i>Braised Mushroom Dumplings with Red-Hot Spicy Sauce</i>	67
<i>Hotchpotch</i>	68
<i>Monday Bake</i>	68
<b>10. Oh, Look Who's Here!</b>	70
<i>Mother Hubbard's Pie</i>	71
<i>Dromona Chicken</i>	71
<i>Spiced-up Ham</i>	72
<i>Speckled Speedy Griddle Cakes</i>	73
<i>Crustless Quiche</i>	73
<i>Bread and Onion Pudding</i>	74
<i>Rushing Risotto</i>	75
<i>Baked Potatoes and Fillings</i>	75
<i>Symphony of Seafood in Champagne Sauce</i>	77
<b>11. Meatless Menus</b>	79
<i>Mushroom Risotto</i>	80
<i>Vegetarian Burgers</i>	80
<i>Three-Bean Salad</i>	81
<i>Courgette Casserole</i>	81
<i>Stir-Fried Garden-Fresh Vegetables and Buttered Noodles</i>	82
<i>Gratifying Spinach and Salmon</i>	82
<i>Meatless Moussaka</i>	84
<i>Leeks and Onions in a Hot Mustardy Sauce</i>	85
<i>Soup in Pumpkin</i>	85
<i>Cauliflower with a Garlicky Tomato Sauce</i>	86
<i>Bittersweet Celery</i>	86
<i>Paddy's Cake</i>	87
<i>Windfall Cake</i>	88



<b>12. A Passion for Puddings</b>	89
<i>Midsummer's Dream</i>	90
<i>Baked Rice Meringue with Drunken Raisins</i>	91
<i>Honey and Lavender Ice Cream</i>	92
<i>Primrose and Violet Ice Bowl</i>	92
<i>Rhubarb and Oaten Crumble</i>	93
<i>Ring-a-Ring of Rosy Fruit</i>	93
<i>Fruitful Fool</i>	94
<i>Summer Fruit Vacherin</i>	94
<i>Fruit Compote</i>	95
<i>Bramleys at their Best</i>	96
<i>My Mum's King of Puddings</i>	97
<i>Topsy Orange and Turvy Ginger</i>	98