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DIT Student Union

Dublin Institute of Technology

1994

Freshers Mag, Bolton Street, 1994

DIT: Students Union

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FRESHERS MAG.



IN ASSOCIATION WITH:

THE FOUR SEASONS INN

DUBLINS PREMIER STUDENT PUB

FOUR SEASONS INN

JUNCTION OF CAPEL ST.-BOLTON ST Tel:8727177 SERVING LUNCHES EACH DAY.

Soup, Sandwiches, Rolls, Tea, Coffee.

*

PROMO'S THROUGHTOUT
FRESHERS WEEK
LIVE MUSIC
D.J.'S
GREAT CRAIC.

*

FRIENDLY STAFF

"ALWAYS IN THE BEST TRADITION"

hello page

Fellow STUDENTS and Readers,

My name is Ronan,
I am the Convener
My job isthe purpose of Freshers week
is to introduce Freshers (primarily) to the Students Union (S.U.). As
Convener of the S.U. my job is to REPRESENT, CAMPAIGN and
COMMUNICATE (sounds simple eh!) for and on behalf of, the STU-
DENT body. Get involved. See the Acts. Have the CRAIC.
And please read the mag. Go raibh mile maith agat.
ENJOY. *
0,001

Welcome back everyone,

All those who passed and all those starting in 1st year. My name is Alison and this year I am Deputy Convenor/ Welfare Officer. My job is firstly to help Ronan and Maura in the day to day running of the Union, secondly and more importantly to deal with any welfare issues that may arise. No problem is too small, so if you need advice or just a chat, call in and I'll do my best to help you.

I hope you all have a great week and year-get involved in all the events and above all enjoy yourselves. Best of luck for the year, **Alison.**

*

Hi, my name is David Dempsey and I am the apprentice officer in the S.U. for the coming year. I'd like to welcome all the apprentices to the college this year. If you have any queries concerning your apprenticeship, do not hesitate to call to the S.U., David

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NOVEMBER **VEMBRIS**

YOU WILL REMEMBER.

Ditsu

Dublin Institute of Technology Student Union

STUDENT UNION SHOP BOLTON STREET.

For all your stationery and equipment needs.

Fresh Rolls and Sandwiches each day.

GET THERE FOR LESS WITH ISIC

International Student Identity Card. --- AVAILABLE IN S.U. OFFICE---

CLOAKROOM SERVICE IN LIBRARY . ONLY 35p A DAY.

Feet OFF, please Huh?

Great effort has been made to make the S.U. AREA a place that might be more pleasant than it has been in previous years. Try to respect it. PLEASE.

BYE-ELECTIONS

At present the S.U. EXEC has only one of six non-sabbaticals filled. For the S.U. EXEC to do its stuff it needs a full team of officers. It isn't all hard work so think about it. More info on the elections will be available soon. (see page)

CLASS REPS

The CLASS REP system is thee most important area of student representation in Bolton St. A Class Rep as the name suggests is a representative for their class in the Students Union and in college Departments. The class rep. system is a vital link in communication between the S.U., College aurthorities and the Student Body. Being a class rep is not a hassle. The class rep system is organised in such a way as to be as user friendly as possible. The class with a rep gets places the class without one may not.



SHOW A BIT MORE BOTTLE.

The Heineken 33cl bottle. A great new number

"THE 3 SHEEP"

An attempt shall be made by the S.U. office to provide a Newsletter every 2-3 weeks with the first edition out on Wednesday The 26th of October. The Newsletter, to be known as "THE 3 SHEEP' will contain news, views, reviews, side view, any view you want.

Now(getting straight to the point) like it or lump it some of ye are going to have to get involved in the production of the Newsletter. Those people who wish to get involved in the most radical publication this college has ever seen should meet in room 136 on Monday the 10th of October at 1:30. Also any Club/Society Rep should also attend to be briefed (Boxered) on how to get involved in THE 3 SHEEP'.

THE S.U. + ENTS.

The S.U. at the moment is going o.k. During the Summer months, monies that were generated through ENTs (primarily) were used to revitalise the S.U. Social area. Whether it's like a creche or not, it's clean.comfy(all the 'c' words come to mind) and was paid for by you (The Student Body). This year B.St. S.U. ENTs will be hoping to provide top quality ENTERTAINMENT at as little cost to the S.U. as possible. Artiste's like "ZAK POWERS" and "CELTIC POSSE" do not come cheap. The S.U. will continue to provide as diverse and popular an ENTs as possible. The ENTS BOX beside the S.U. juke box is there so as to allow ye to tell us what ye want. Please tell us (even if its good)

THANKS B.ST.S.U. ENTS.

GOING UP?



DERVILA O'MAHONY BOLTON ST. 8722055



 $\mathbf{Y}_{ ext{ou}}$ 've got plans and potential \mathbf{r} Good ideas about going places and getting there. You've got Ascent \mathbf{r}

Ascent gives you a card that

gets you cash 24 nours a day as long as your account is in credit. You also get tree banking and earn interest #

There's a cheque book to match the card and the first 12 cheques you write in any year are FREE r

First year students also qualify for a free ISIC card - up to 30th

November 1994.

Walk in to your Student Branch of Bank of Ireland r

And escalate things a little 🔻



CLASS REPS are part of the decipal sion making process.

If your Class does not have a REP then it will not be benefitting like a CLASS with an active REP.

Make sure your class gets its SAY.

INTERESTED?

Contact Alison or Ronan.
A B.ST.S.U. MESSAGE.

CHAPLAINS

to D.I.T. Bolton St. and hope that you have settled in some what by now. You have a very caring staff here, Academic, Administrative, S.U., Counsellors, Porters and so many others. If you are experi encing any dificulties make contact with any of these people. We, the Chaplains, are also available 9-5 Mon-Fri.

Moving from 2nd to 3rd level education is a big step and for some this adjustment can be stressful. If this is the case you are not alone. You might find it helpful to talk it out and we are here to listen.

We want to welcome you [AGAIN] Loneliness is another factor that students sometimes experience. If you find yourself walking the corridors of the college carrying a burden or problem do talk to someone. The CHAPLAINS ARE HERE FOR YOU. We hope you have a great year.

where to find us

ROOM 254: Rosemary McGowan, home phone: 8376874.

ROOM 115: Michael Foley.

(LINENHALL) home phone:4979110/4971853.

ROOM 151: Martin Dolan, home phone: 4544861.

ROOM 367: Katherine Meyer

Home Phone: 8307214.

Ken Lindsay

Home Phone: 4974103,

Willi Stewart

Home Phone: 8300935,

grant news.

The latest on the "grant" is as follows: Accounts inform us that the first Grant payment for E.S.F. students should be on the first Wednesday of November. So that's the 2nd of November as a provisional date for the E.S.F. grant. Higher Education Aurthority Grant: Students will be notified by Accounts in connection with their payments by means of a notice outside the Accounts office. Anyone with grant queries should feel free to contact the S.U.

QUINLANS

61-62 CAPEL STREET TELEPHONE: 8745867 BAR & LOUNGE

The MANAGEMENT of "QUINLANS" (formerly Barnstormers)

Welcome you to their new Bar and Lounge.

FRESHERS WEEKS PROMOS:

Mon.: BEAMISH.

Tues.: SCRUMPY.

Weds.: HEINEKEN.

Thurs.: SMITHWICKS.

Fri.: FOSTERS ICE.



FRESHERS

WIERK AGENDA

Monday:

UNION INFO LIVEACT

PROMO'S

S.M. CHAPLAINS, COUNSELLORS, U.S.I. ZAK PØWERS, YOU'LL BE MORTIFIED.

FOUR SEASONS +QUINLANS

Tuesday

OUTSIDE BO NIGHTCLUBS, SPORTS CLUBS, GARDAI, BUS BIREANN, BANKS ETC.

LIVEAG

TO BE DISCLOSED

PROMO

FOUR SEASONS + COTNLANS

Wednesday:

"CLUB'S SOCIETIES DAY" SIGN UP.

LIVE ACT

AOTEAROA (DIRECT FROM BELGIUM)

PROMO'S:

FOUR SEASONS + OUINLANS

Thursday:

"FRESHER'S DAY ", RELAX ENJOY.,

LIVE ACT:

KELTIC POSSE, RAP 'N ROOTS.

FRESHERS BALL: A MULTI MEDIA EVENT.

PROMO'S:

FOUR SEASONS + OUINLANS

"RECOVERY DAY", RECOVER.

LIVE ACT:

MARK DIGNAM, CURES ANY HANGOVER

PROMO'S:

FOUR SEASONS + QUINLANS

back to the books

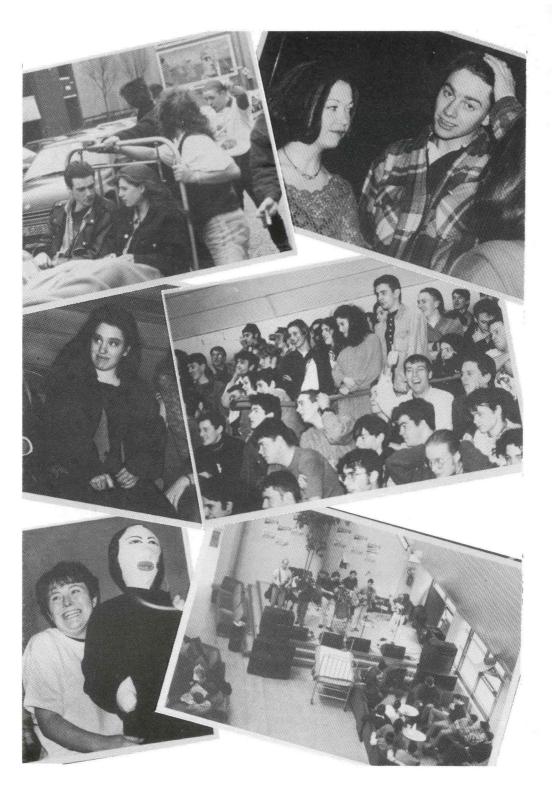
FRESHERS BALL

A B.ST. S.U. EVENT

IN



DAMAGE: £5-ENTRY IS BY TICKET ONLY.



QUINLANS

61-62 CAPEL STREET TELEPHONE: 8745867 BAR & LOUNGE

STUDENT LUNCH SPECIAL

Soup, Sandwich Tea/Coffee £2.00

ENTERTAINMENT NIGHTLY No Cover Charge.

ENJOY THE CRAIC.

Bicycles get STOLEN



A B.ST. S.U. MESSAGE

Counsellors

The D.I.T. provides a professional service for all students. Apart from one to one counselling help is available on a range of topics including Study Skills, Interview and Presentation Skills, Stress Management and assertiveness.

The role of a Counsellor is to assist each student in achieving his/her full potential academically and socially. The counsellors can provide help with a wide variety of concerns and difficulties. Problems that are encountered include loneliness, anxiety, stress, low esteem, substance abuse, physical and sexual abuse, relationship and family problems. The service provided is totally confidential. If you feel the Counselling service could be of assistance to you, you can contact me, Linda Macken, through the S.U., College staff or alternatively call into my office in.......

Room 365

FURTHER INFO on the service is available from:

Linda Macken

Fitzwilliam House

30 Upper Pembroke st D.1.

phone: 6611688.

GOOD REASONS Why You As A **FIRST YEAR STUD Should Consider Opening An**



Bank

AlB Bank Student Plus Accoun

The Benefits to You:

- 1. Student Plus is a unique student account only available from AIB Bank.
- 2. There are specially trained student officers assigned to each college who can offer you advice on all AIB
- 3. Full free banking facilities (which means no transaction charges or maintenance fees even when your account goes overdrawn).
- 4. Interest paid on credit balances.
- 5. A Banklink card which you can use to get cash from all bank ATMs.
- 6. A book of 32 special discount vouchers for outlets nationwide i.e. travel, fashion, eating out, entertainment and many more.
- 7. A free credit card wallet.
- 8. Grant advances/Travel loans/Maintenance loans.
- 9. Free drafts for special payments.
- 10. Information on Deed of Covenant.

Sandra Ryan Student Office

AIB Bank

Capel Street Dublin 1

Telephone (01) 8721022 (11 lines) Facsimile (01) 8732911 Telex 33687



Table of Income and Expenses

INCOME	£	EXPENSES	£
Maintenance Grant		Rent	
Part-time work - weekends		Food - self catering	
Part-time work - holidays		Meals in College	
Allowance from family		Electricity	
Other sources		Gas	
		Heating	
Bank Loan		Bus Fares within Dublin	
		Travel to and from home	
		Clothing	
		Laundry	
		Books	
		Class Materials	
		Medical expenses	
		Loan repayments	
		Membership subscriptions	
		Miscellaneous expenses	
		Entertainment	
TOTAL income	£	TOTAL Expenses	£
		LESS Total Income	
		Balance in hands *	

^{*} If this is a minus quantity, check that you are including all of your income, and then review the figures you have included for expenses to see if there's anything you can cut back. If it's still a minus, then you could have a problem, and you may need to make some hard decisions or seek help.

As a last resort, be aware that the DIT has a Student Assistance Fund which aims to help students who find themselves in unforeseen or emergency financial difficulty. Your Course Tutor, College office or Students' Union will tell you how to apply for help from this fund.

The S.U. EXEC. should contain:

a Convener a Welfare officer prentice officer 4 P.R.O.* Rights officer* crimination g es position yet to be

FILL IT IN GET ELECTED CONTACT S.U.

medical page

COLLEGE DOCTOR

Doctor Eugene O'Connor is available in:

Rm 143 Mon 2-3p.m.

Thurs 2-3p.m.

Fri 9.15-9.45a.m.

COST £3.

ALSO AVAILABLE AT:

4 Berkeley St

Dublin 7.

COST £3.

PHONE: 8302841 for appointment if visiting surgery.

FIRST AID

First Aid Officer: Gabrielle Mowlds

Rm. 143 Mon -Fri 9-5- and 6.30-9.30 (Betwen 5-6.30 Contact PORTERS)

OPTICAL + DENTAL

Information on the D.I.T.Optical and Dental Funds is available from the S.U.

Childcare

Information is available in the S.U. on the D.I.T. Childcare Assistance Fund a service for student parents.

DECLANS

the sandwich bar, Bolton St. (opposite Friends of the Elderly)

Large selection of rolls and sandwiches freshly made to order.

Ham Salad Roll: £1-

Cheese Salad Roll: £1-

Turkey Salad Roll: £1.30

Ham Salad Sandwich: 90p

Ham + Cheese Salad Sandwich: £1-

Turkey Salad Sandwich: £1-

all rolls and sandwiches include lettuce, tomato, onion and coleslaw,

also available, Tuna, Egg mayonnaise and Sweetcorn.

specials:

Hot sausage roll with two jumbo sausages + sauce :....

Bacon, lettuce, Tomato, mayonnaise in a Bap.....

..... £1-20

£1-30



....the Irish Permanent Horizon Current Account

Now there is a real alternative to the Banks' current accounts.

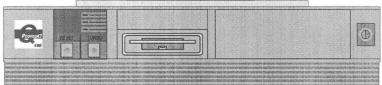
- £100 interest free overdraft
- Free ATM transactions
- Earn Interest when your credit balance exceeds £100
- Free Cheques
- Low Management Fee

For futher details ask at your local Irish Permanent branch at 12 Lower O'Connell Street, Dublin 1 or FREEFONE 1 800 222 000



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Prompt₃ 486sxc 40Mhz £799 Prompt₃ 486dxc 40Mhz £885

- 2 x VESA local bus slots*
- Upgradable processor
- 4Mb RAM
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- Trio 14" SVGA
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- MS DOS 6.2
- MS Windows 3.11
- Trio Mouse & Mouse Mat

*Requires enhanced case • Above excludes VAT @ 21% • Subject to change without notice • E&OE

SXCDXC40.cd





THE IRISH TIMES STUDENT PRICE 5559



THE IRISH TIMES

THE STUDENTS NEWSPAPER