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## Wining and Dining At Home in Ireland

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# INING and DINING AT HOME IN IRELAND



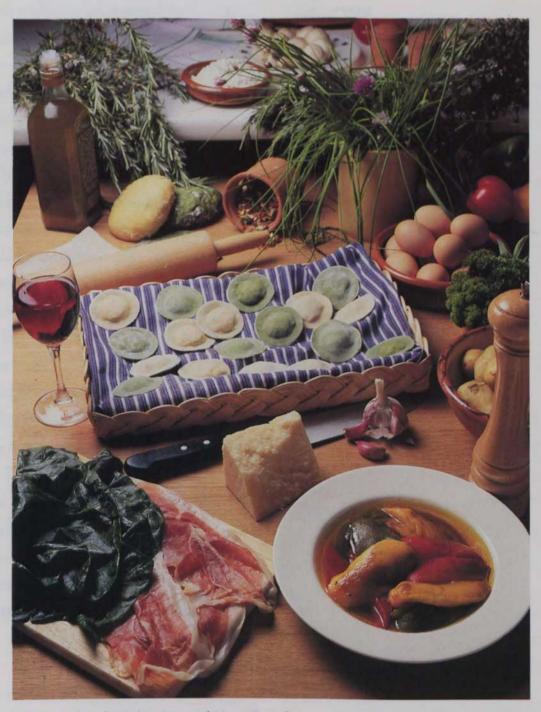
Sandy O'Byrne and Jacinta Delahaye

Includes a directory of fine food and wine shops and suppliers in Ireland

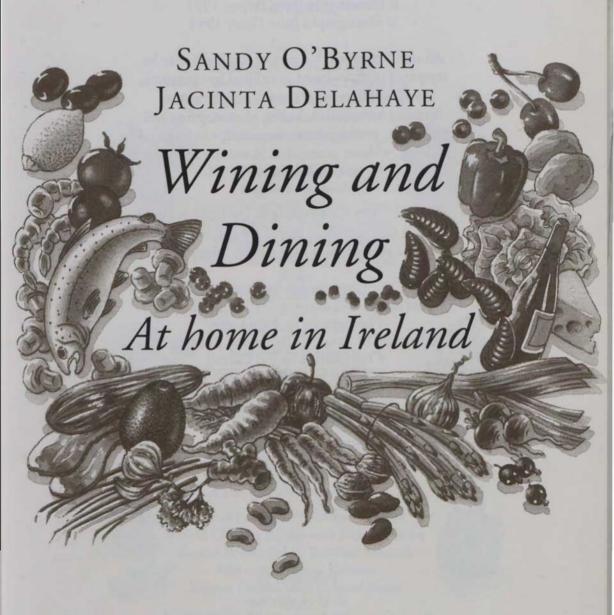
Dinner for friends? Sunday lunch with the family? After theatre supper? Here is a fresh sophisticated approach to entertaining today. Each of these carefully balanced menus, with wines selected to complement the dishes, provides the ingredients for a truly memorable meal. All you've got to do is add friends! Sandy O'Byrne and Jacinta Delahaye believe that while entertaining involves taking trouble for people you care about, it should be enjoyable for the hosts as well as the guests. Their practical, well-planned menus can all be prepared in advance. A little last-minute cooking completes the dishes so that they are served freshly cooked when everybody is ready to eat. Sandy and Jacinta have selected particular wines to act as the 'second sauce' to each dish. The combinations are tried and tested and take the guesswork out of choosing wine for special occasions. Memories are made of enchanted evenings of food and wine with friends. Sandy and Jacinta will help you to create them!

The cover shows the Seafood Ragoût from the menu 'More Dash than Cash'.

Wining and
Dining
At home in Ireland



Mise en place for Salmon Ravioli (p. 54) and Breast of Chicken with Peppers (p. 40)



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#### Contents

Introduction page 1
Equipping your Kitchen page 4
Stocks, Sauces and Other Basic Recipes page 6
How to Get the Most from Wine page 17

Guide to Wine Labels page 23
Before you start page 30

More Dash than Cash page 31
Ragoût of Seafood
Pigeon Breast with Balsamic Sauce
Baked Potatoes, Tossed Spinach
Farmhouse Cheddar Cheese
Rhubarb and Strawberry Meringue
Wines

Chardonnay (Hungary), Cabernet Sauvignon (Bulgaria)

A Taste of Italy page 38

Linguine with Mussels
Breast of Chicken with Peppers
New Potatoes with Sea Salt and Olive Oil
Parmesan Cheese with Nectarines
Almond Cake

Wines

Pinot Grigio (Italy), Barbera d'Asti (Italy), Vin Santo (Italy)

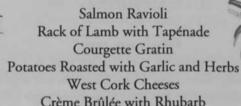
A Feast for the Eyes page 45

Sauté of Prawns with Gazpacho Sauce Grilled Chicken Breasts with Morilles Sauce Grated Potato Cakes, Buttered Broccoli Selection of Goats' Cheeses Banana Pastries with Caramel Sauce

Wines

Sancerre (France), Chianti Riserva (Italy ) Orange Muscat and Flora (Australia)

#### Flavours of Spring page 53



Wines Gavi (Italy), Côtes du Rhône (France)

#### Two's Company page 61

Green Asparagus Feuilleté
Magret of Duck with Apple
Gratin Potatoes, Two Tone Courgettes

Brie de Meaux and Walnuts, Fresh Cherries

Wines

White Châteauneuf-du-Pape (France), Pauillac Grand Cru Classé (France)



#### After Theatre Supper page 67

Smoked Haddock Chowder
Wholewheat Scones
Glazed Duck
Mango Salad, Tabouleh Salad
Walnut Roulade
Wines

Sauvignon Blanc (New Zealand), Beaujolais Cru Fleurie (France)



#### Summer Barbecue page 73

Tagliatelle with Smoked Duck
Grilled Monkfish with Olive Oil and Green Salad

Herb Cheeses Chocolate Ice Cream Wines

Hunter Valley Chardonnay (Australia), Pinotage (South Africa)



Breaking the Rules page 78
Warm Kidney and Mushroom Salad

Roasted Salmon
Cucumbers in Cream, New Potatoes with Dill

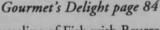




Munster Cheese Strawberry Bande with Peach Coulis

Wines

Riesling d'Alsace (France), St Emilion Grand Cru Classé (France), Asti Spumante (Italy)



Mousseline of Fish with Beurre Blanc Glazed Quail with Spicy Rice Pilaff Roquefort Cheese Pear and Almond Tart Wines



Muscadet de Sèvre-et-Maine (France), Châteauneuf-du-Pape (France), Sauternes 1er Cru Classé (France)

#### Classic Style page 91

Salmon Mousse in Pastry with Dill Sauce Medallions of Beef with Mushrooms Two Vegetable Purées Goats' Cheese Salad Pineapple with Kirsch

Wines

Pouilly Fumé (France), AOC Bordeaux (France), Armagnac (France)

#### Catch of the Day page 98

Cheese Pastries with Pine Nut Salad John Dory Baked with Asparagus

Piped Potatoes Milleens Cheese Gooseberry Fool Wines

Fumé Blanc (California), Cabernet Sauvignon (California)

#### Latin American Buffet page 104

Chilled Avocado Soup Chicken with Peppers and Chorizo, Mixed Bean Salad, Orange Rice

Crème Caramel and Summer Fruits Wines

Fino Sherry (Spain), Rioja Reserva (Spain)

#### Weekend Brunch page 110

Kedgeree
Baked Gammon
Stuffed Mushrooms, Breakfast Sausages
Dried Fruit Compote, Yoghurt Bowl

Breakfast Ring Cake
Wines

Cava (Spain), Riesling (Germany)

#### Summer Buffet page 117

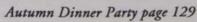
Smoked Trout Mousse
Turkish Lamb and Bean Casserole
Bulghar Pilaff, Middle Eastern Salad
Summer Pudding
Wines

Vinho Verde (Portugal), Minervois (France)

#### Supper in the Kitchen page 123

Risotto of Sun-dried Tomatoes
Veal Baked with Rosemary
Green Salad
Gruyère Cheese
Blackcurrant Bavarois
Wines

Gewurztraminer, Alsace (France), Valpolicella (Italy)



Scallops with Leek Noodles
Pheasant with Horseradish Sauce
Artichoke Purée, Walnut Salad
St Nectaire Cheese
Clafoutis of Plums
Wines

Orvieto Classico (Italy), Grand Cru Bourgeois (France)

#### Old Meets New page 137

Salmon Terrine with Chive Mayonnaise Rib of Beef with Grilled Marinated Vegetables Aligot





Irish Cheeseboard Fruit Strudel Wines

Pinot Blanc (France), Shiraz (Australia)

#### Dinner for Vegetarians page 143

Tomato and Basil Soup
Filo Pastries with Two Sauces
Mint Sorbet
Feta Cheese en Papillote
Wild Rice Pilaff, Green Salad
Chocolate Cake
Wines



Dry Rosé (France or Spain), Periquita (Portugal), Banyuls (France)

#### Sunday Lunch page 151

Avocado Salad
Bacon en Croûte with Tarragon Sauce
Stir-fried Vegetables, Spicy Potatoes
Camembert Cheese
Hazelnut Meringue Cake

Sauvignon Blanc (Chile), Zinfandel (California)

#### Christmas Dinner page 157

Oysters with Spicy Sausages
Roast Stuffed Goose with Bread Sauce, Pan-fried Potatoes
Parsnip and Apple Purée, Glazed Beetroot
Gorgonzola Cheese

Christmas Pudding with Brandy Sauce
Wines

Champagne brut (France), Chablis (France), Côte de Beaune Villages (France), Muscat de Beaumes-de-Venise (France)

Directory of Fine Food and Wine Suppliers in Ireland page 166 Index page 178



# Acknowledgements

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Sandy O'Byrne Jacinta Delahaye October 1994