

1998

Savouring Ireland: Cooking Through the Seasons

Nuala Cullen

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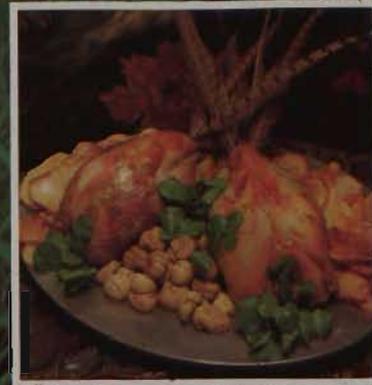
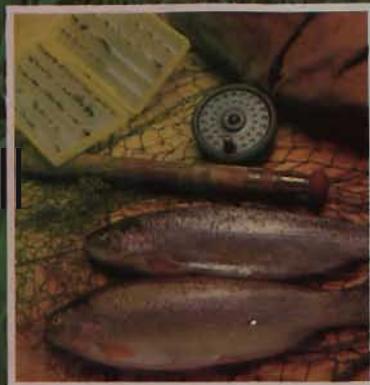
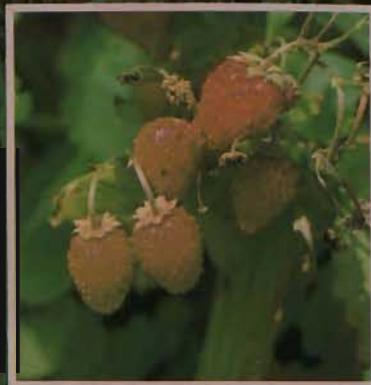
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Savouring
IRELAND
Cooking through the seasons



NUALA CULLEN

Savouring
IRELAND

Cooking through the seasons

Written by an accomplished Irish cook, *Savouring Ireland* takes a new look at traditional Irish fare, taking as its cue the dishes prompted by the seasons. In each of the book's four sections – Spring, Summer, Autumn, and Winter – there are mouthwatering recipes offering good ideas for using the ingredients most readily available at particular times of the year. Fish and seafood feature largely, as do fresh vegetables and fruit, with delicious suggestions for desserts and cakes.

Yet *Savouring Ireland* is more than a fabulous cookbook, it is also a superb record of the landscapes of Ireland, highlighting especially her wild west coast. Come wind, rain, sun or snow, it is clear from these images that Ireland is one of the most unspoilt countries in Europe. *Savouring Ireland* presents a taste of its finest food and an equally evocative selection of its natural beauties.

Savouring
IRELAND



DEDICATION

For Louis, Eva and Christine

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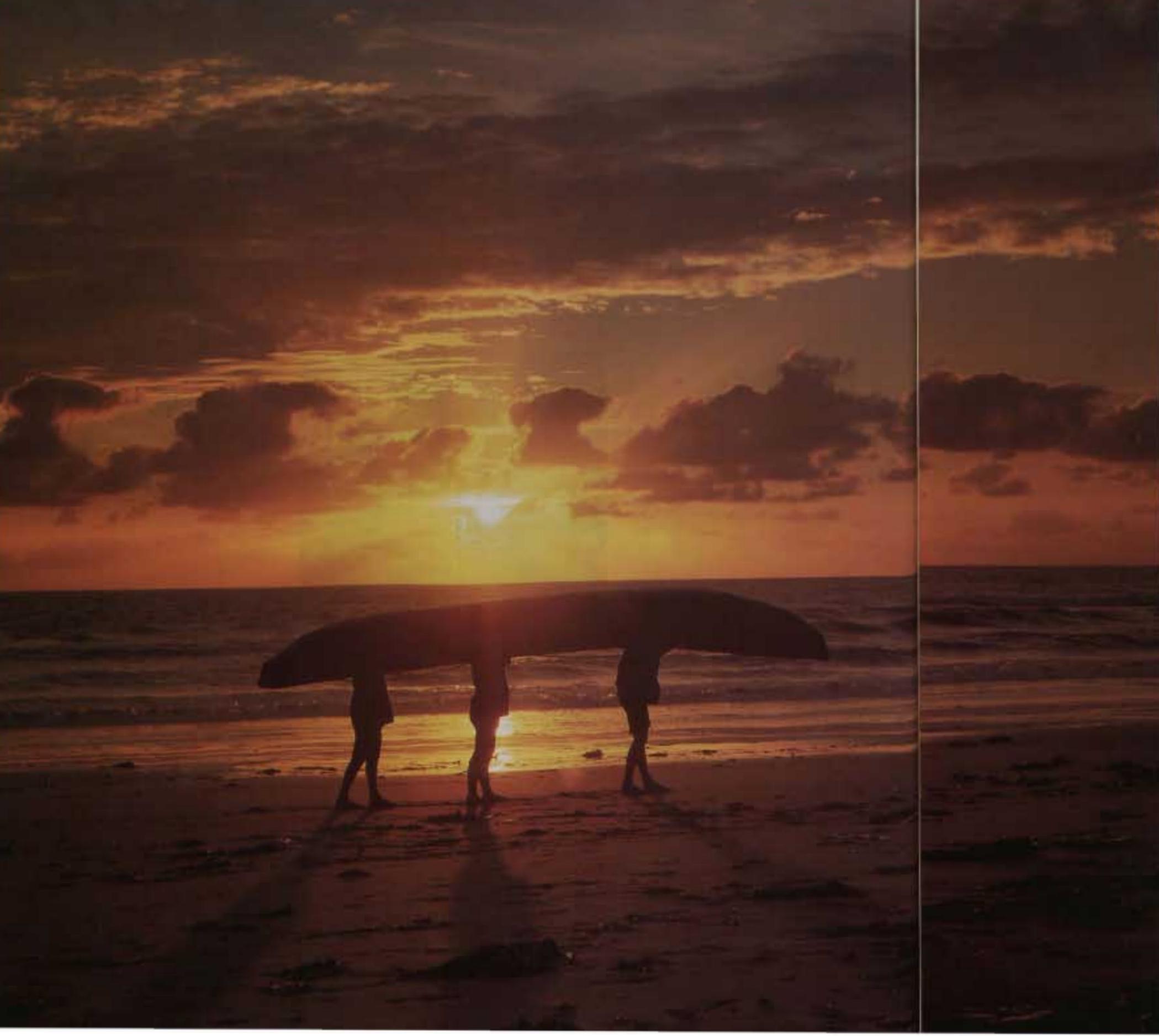
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