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Savouring Ireland: Cooking Through the Seasons

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Savouring
IRELAND
Cooking through the seasons

NUALA CULLEN
Written by an accomplished Irish cook, Savouring Ireland takes a new look at traditional Irish fare, taking as its cue the dishes prompted by the seasons. In each of the book's four sections – Spring, Summer, Autumn, and Winter – there are mouthwatering recipes offering good ideas for using the ingredients most readily available at particular times of the year. Fish and seafood feature largely, as do fresh vegetables and fruit, with delicious suggestions for desserts and cakes.

Yet Savouring Ireland is more than a fabulous cookbook; it is also a superb record of the landscapes of Ireland, highlighting especially her wild west coast. Come wind, rain, sun or snow, it is clear from these images that Ireland is one of the most unspoilt countries in Europe. Savouring Ireland presents a taste of its finest food and an equally evocative selection of its natural beauties.
Savouring

IRELAND
DEDICATION
For Louis, Eva and Christine

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