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# Quantitative Modelling Approaches for Ascorbic Acid Degradation and Non-enzymatic Browning of Orange Juice during Ultrasound Processing

Vasilis Valdramidis Technological University Dublin, vvaldram@gmail.com

Patrick Cullen Technological University Dublin, pj.cullen@tudublin.ie

Brijesh Tiwari University College Dublin

See next page for additional authors

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### Authors

Vasilis Valdramidis, Patrick Cullen, Brijesh Tiwari, and Colm O'Donnell

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# Quantitative modelling approaches for ascorbic acid degradation and non-enzymatic browning of orange juice during ultrasound processing

Vasilis Valdramidis<sup>∗</sup> P. J. Cullen†

Brijesh Tiwari‡ Colm O'Donnell∗∗

<sup>∗</sup>Dublin Institute of Technology, vvaldram@gmail.com

†Dublin Institute of Technology, pj.cullen@dit.ie

‡University College Dublin

∗∗University College Dublin

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#### 24 **Abstract**

25 The objective of this study was to develop a deterministic modelling approach for non-26 enzymatic browning (NEB) and ascorbic acid (AA) degradation in orange juice during 27 ultrasound processing. Freshly squeezed orange juice was sonicated using a 1,500 W 28 ultrasonic processor at a constant frequency of 20 kHz and processing variables of 29 amplitude level  $(24.4 - 61.0 \text{ }\mu\text{m})$ , temperature  $(5 - 30 \text{ }^{\circ}\text{C})$  and time  $(0 - 10 \text{ }\text{min})$ . The rate 30 constants of the NEB and AA were estimated by a primary model (zero and first order) 31 while their relationship with respect to the processing factors was tested for a number of 32 models, i.e., second order polynomial, different types of Ratkowsky-type model, and an 33 Arrhenius-type model. The non-monotonic behaviour of NEB has been described more 34 accurately by the use of a polynomial model. The rate constants of AA were described by 35 a similar type of model having a monotonic behaviour. A synergistic effect of 36 temperature for different amplitudes on the rate constant of both NEB and AA was 37 observed, while an antagonistic effect of amplitude on the rate of NEB was evident. The 38 models with the best fit were integrated to produce contour plots for the combined 39 amplitude and temperature. The constructed contour plots illustrate that low temperatures 40 and intermediate amplitudes, i.e., 42.7 µm, result in lower NEB and AA deterioration and 41 consequently better quality orange juice. The overall developed modeling approaches 42 exploit quality data in order to identify the optimal processing regions for eliminating 43 quality deterioration of orange juice during ultrasound processing which is of high 44 importance to the food industry.

45

## 46 **Keywords: Ultrasound, Ascorbic acid, non-enzymatic browning, modelling**

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#### 55 **Introduction**

56 The use of ultrasound within the food industry has been a subject of research and 57 development for many years with applications in both food analysis (diagnostic 58 ultrasound) and food processing (power ultrasound). Power ultrasound has been 59 recognized as a promising processing technology to replace or complement conventional 60 thermal treatment in the food industry. When high power ultrasound propagates in a 61 liquid, cavitation bubbles are generated due to pressure changes. These micro bubbles 62 collapse violently in the succeeding compression cycles of a propagated sonic wave 63 resulting in localised high temperatures up to 5000 K, pressures up to 50,000 kPa, and 64 high shearing effects (Suslick, 1988). Consequently, the intense local energy and high 65 pressure bring a localised pasteurisation effect. Advantages of sonication include reduced 66 processing time, higher throughput and lower energy consumption while reducing 67 thermal effects (Zenker et al. 2003; Knorr et al. 2004). Various research groups have 68 demonstrated the inactivation of pathogenic and spoilage microorganisms (*Escherichia*  69 *coli*, *Listeria*), spoilage enzymes (pectin methyl estrase, polyphenol oxidase) with 70 reduced effects on quality or nutritional parameters including ascorbic acid in orange 71 juice (Tiwari et al. 2008a), ascorbic acid and anthocyanins content in strawberry (Tiwari 72 et al. 2008b) and blackberry juice (Tiwari et al. 2009b). Power ultrasound has been 73 employed for inactivation of *E. coli* in apple cider (Baumann et al. 2005) and orange juice 74 processing (Valero et al. 2007; Tiwari et al. 2008a). Similarly, enzymes such as 75 peroxidase (De Gennaro et al. 1999), proteases and lipases (Vercet et al. 2001) were 76 reported to be inactivated.

77 The nutritional quality of orange juice is primarily related to the ascorbic acid 78 content (Zerdin et al. 2003). Ascorbic acid is thermolabile and highly sensitive to various 79 processing conditions. The mechanism of vitamin C degradation follows aerobic and/or 80 anaerobic pathways and depends upon several processing conditions (Tannenbaum 1976; 81 Vieira et al. 2000). Ultrasound treatment of orange juices is reported to have a minimal 82 effect on the ascorbic acid content during processing and results in improved stability 83 during storage when compared to thermal treatment (Tiwari et al. 2009a). This positive 84 effect of ultrasound is assumed to be due to the effective removal of occluded oxygen 85 from the juice (Knorr et al. 2004), a critical parameter influencing the stability of ascorbic 86 acid (Solomon et al. 1995). Tiwari et al. (2009a) reported a maximum degradation of 5 87 % in the ascorbic acid content of orange juice when sonicated at the highest acoustic 88 energy density  $(0.81 \text{ W/mL})$  and treatment time  $(10 \text{ min})$ . During storage at  $10 \text{ °C}$ 89 sonicated juice was found to have a higher retention of ascorbic acid compared to 90 thermally processed and control samples. Several studies have shown that non-thermal 91 process technologies including high pressure, pulsed electric fields and sonication retain a 92 higher level of ascorbic acid relative to thermally processed juices (Yeom et al. 2000; 93 Torregrosa et al. 2006; Cheng et al. 2007; Tiwari et al. 2009a). Non-enzymatic browning 94 (NEB) significantly influences the commercial value of citrus products, as it is the first 95 visible quality defect to be detected during ambient temperature storage. In citrus juices, 96 NEB may result from reactions of sugars, amino acids and ascorbic acid.

97 Kinetic models can be used for objective, fast and economic assessments of food quality. 98 Kinetic modeling may also be employed to predict the influence of processing on critical 99 quality parameters. The objective of this study was to develop integrated deterministic 100 modeling approaches of both quality indices, i.e., AA and NEB, to identify the optimal 101 processing conditions for producing orange juice with minimal quality deterioration. 102 Therefore, the kinetics of the quality indices of NEB and AA are described quantitatively 103 in order to evaluate the combined effect of the extrinsic parameters of amplitude and 104 temperature on them. The developed deterministic modeling approaches of both quality 105 indices are integrated in order to identify the optimal conditions for producing an orange 106 juice with minimal quality deterioration.

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#### 109 **Materials and methods**

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#### 111 **Juice preparation**

112 Oranges (*Citrus sinensis cv. Valencia*) were purchased from a local fruit supplier (Reilly 113 Wholesale Ltd., Dublin Ireland). Fresh juice was squeezed using a household table top 114 citrus juice extractor (BRAUN Gmbh, Kronberg, Germany) and filtered using a double 115 layer cheese cloth to remove pulp. Orange juice extraction and filtration were performed 116 in a cold room maintained at  $3 \pm 1$  °C. Juice obtained was immediately frozen at -25 °C.

117 Frozen juice samples were processed within one month of juice preparation.

118

#### 119 **Ultrasound treatment**

120 A 1,500 W ultrasonic processor (VC 1500, Sonics and Materials Inc., Newtown, USA) 121 with a 19 mm probe was used for sonication (Fig. 1). Samples were processed at a 122 constant frequency of 20 kHz. The energy input was controlled by setting the amplitude 123 of the sonicator probe. Extrinsic parameters of temperature  $(5, 10, 15, 20, 25, 30 \degree C)$ , 124 amplitude (24.4, 42.7, 61.0 μm) and treatment time (2, 4, 6, 8, 10 min) were varied with 125 pulse durations of 5 s on and 5 s off. Eighty mL orange juice samples were placed in a 126 100 mL jacketed vessel through which water at a flowrate of 0.5 L/min was circulated 127 (Fig. 1). Sonication at the desired amplitude level was started once the set temperature 128 was reached in the jacketed beaker. The ultrasound probe was submerged to a depth of 25 129 mm in the sample. All treatments were carried out in triplicate.

130

#### 131 **Determination of non-enzymatic browning**

132 Non-enzymatic browning was measured using the method of Meydav et al. (1977). Ten 133 mL orange juice samples were centrifuged for 10 min; 756  $g$  and 20  $\pm$  0.5 °C (Sigma 1A, 134 AGB Scientific Ltd, Dublin, Ireland) to remove coarse particles. Five mL of ethyl alcohol 135 (95%, Sigma-aldrich, Dublin, Ireland) was added to 5 mL of juice supernatant and 136 centrifuged as above. The absorbance of the supernatant was obtained at 420 nm using a 137 Unicam UV-VIS (UV2) spectrophotometer with distilled water as blank. Measurements 138 were taken in triplicate and mean value reported. s

139

#### 140 **Determination of ascorbic acid**

141 Ascorbic acid content was determined following the HPLC (Shimadzu Model no: SPD -

142 M10AVP, Shimadzu Co., Japan) analytical procedure outlined by Lee and Coates (1999).

143 To prepare the sample, 25 mL of the juice samples were added into 50 mL centrifuge

144 tubes containing 5 mL of 2.5% metaphosphoric acid. Samples were centrifuged for 10

145 min; 2000  $g$  and 4 °C. Then, 5 mL of the supernatant was filtered through PTFE syringe

146 filters (0.45µm, Phenomenex, U.K) and placed in an autosampler vial. Ten µL aliquot of

147 samples were injected onto a Shimadzu C18 (15cm  $\times$  4.6cm, pore size 5um) coupled with

- 148 HyperODS guard column. The mobile phase was  $25 \text{ mM } KH_2PO_4$  (adjusted to pH 3.0)
- 149 with phosphoric acid) at a flow rate of 1 mL/min. Eluate was monitored by UV detection
- 150 at 245 nm. Chromatograms were recorded and processed with EZStart Chromatography
- 151 Software V.7.2.1. Results were reported as g of ascorbic acid/L of orange juice.
- 152

#### 153 **Overall experimental design**

154 A general factorial design (SAS V.9.1, SAS Institute, NC, USA) consisting of 180 155 experimental trials (including the 3 replicates) was employed. During ultrasound 156 treatment, the effects of amplitude  $(\mu m)$ , temperature  $({}^{\circ}C)$  and treatment time (min) were 157 studied. Analysis of variance (ANOVA) was carried out to determine any significant 158 differences (*P < 0.05*) among the applied treatments.

159

#### 160 **Model development**

161

162 The rate constants for NEB and AA were estimated by a primary model describing the 163 evolution of the concentration of a component, i.e., NEB and AA, with respect to the 164 time. A zero order and a first order model were employed for this purpose:

165



- 167  $C(t) = C(0) \cdot \exp(k \cdot t)$  (2)
- 168

169 where *C*(t) represents the AA concentration [mg/ 100 mL of orange juice] and the NEB 170 level respectively, at time *t* and *k* is the rate constant. The relationship of the rate 171 constant, *k*, with respect to the processing factors was tested for a number of secondary 172 models, i.e., second order polynomial, different types of Ratkowsky-type model, and an 173 Arrhenius-type model. The second-order response surface model with an interaction 174 factor is expressed as:

175

176 
$$
k = \beta_o + \beta_1 \cdot T + \beta_2 \cdot T^2 + \beta_3 \cdot A + \beta_4 \cdot A^2 + \beta_5 \cdot T \cdot A
$$
 (3)

178 where  $\beta_i$  are the polynomial coefficients and *T* and *A* are the temperature [ $^{\circ}$ C] and 179 amplitude levels [µm], respectively. Only significant parameters (P<0.05) were retained 180 by performing a stepwise fit. An Arrhenius type equation inspired by the model of Cerf 181 (Cerf et al. 1996) was developed, in which the effect of the temperature and amplitude on 182 the rate constants of NEB and ascorbic acid was investigated. The model is: 183

184 
$$
k = C_o + C_1 \cdot A^2 + \frac{C_2}{T}
$$
 (4)

185

186 Where *Co*, *C1* and *C2* are the coefficients of the Arrhenius type model. This type of model 187 correlates the rate constants against the reciprocal temperature to produce a mathematical 188 structure having an Arrhenius format.

189 Two different types of the Ratkowsky type models (Ratkowsky et al. 1983) have also 190 been considered. For these equations the squared root of the rate constant has been 191 considered aiming at the stabilisation of the variance of the rate constants. These 192 transformed equations appear as follows:

193

194 
$$
\sqrt{k} = \alpha_1 \cdot (A + \alpha_2) \cdot (T + \alpha_3)
$$
 (5)

195  $\sqrt{k} = \alpha_1 \cdot (A + \alpha_2)^2 \cdot (T + \alpha_3)$  (6)

196 When Eq. (6) is compared with Eq. (5) it can be observed that the second factor of the 197 right hand side of the equation has been adjusted such as to evaluate a quadratic effect of 198 amplitude changes on the rate constants.

199 In case of the kinetics of NEB the following equation has also been employed:

200

201 
$$
\sqrt{k} = \alpha_1 \cdot (A + \alpha_2) \cdot (1 + \exp(\alpha_3 \cdot (\alpha_4 - A)) \cdot (T + \alpha_5))
$$
 (7)

202

203 Where  $\alpha_i$  are the coefficents of determination for these models. Observe that Eq. (7) has 204 been transformed in such a way that could take into account the antagonistic effect of 205 amplitude at different temperatures on the non-enzymatic rate constants (see constant 206 rates of NEB in Fig. 2).

207 The different secondary models are evaluated with respect to their performance and the 208 best fitted models are used to construct iso-rate contour plots that integrate both NEB and 209 AA kinetics for the combined amplitude and temperature treatments. The iso-rate contour 210 plots are further exploited for process optimisation.

211

#### 212 **Statistical analysis**

213 Only significant parameters have been retained for the tested models (P<0.05). For the 214 evaluation of the fitting capacity of the models the statistical criterion of the adjusted 215 coefficient of multiple determination  $R^2_{adj}$  and the root mean squared error *RMSE* have 216 been used.

217 
$$
RMSE = \sqrt{\frac{\sum_{i=1}^{n_t} (y_{exp}(t_i) - y(t_i, p_{ls}))^2}{n_t - n_p}}
$$
(8)

218

219 Where  $y_{exp}(t_i)$  denotes the experimental observations,  $y(t_i, p_k)$  the predicted values,  $n_t$  the 220 total number of data points, *n<sup>p</sup>* the number of estimated model parameters*.* 

221

$$
222 \t R^{2}_{adj} = 1 - \left(\frac{n_{t} - 1}{n_{t} - n_{p}}\right) \cdot \frac{SSE}{SSTO}
$$
 (9)

223

Herein, *SSTO* is the total sum of squared errors  $\sum (y_i - y)^2$  and SSE the sum of squared 225 errors  $\sum ( y_{exp} ( t_i ) - y ( t_i , p_{ls} ) )$ .

226

#### 227 **Software Programs**

228 For simulation, optimisation, and fitting of the data, programs were written in MatLab® 229 Version 6.5 (The MathWorks, MA, USA). The optimisation routines employed were 230 *lsqnonlin* (for the Ratkowsky type models) and *lsqlin* (MatLab Optimization Toolbox). 231 The *stepwisefit* routine was employed for stepwise regression (MatLab Statistics 232 Toolbox) .

#### 234 **Results & Discussion**

235

#### 236 **Non-enzymatic browning (NEB)**

237 The NEB index followed a zero order reaction Eq (1) with respect to treatment time for 238 the different amplitudes and temperatures studied. Previous kinetics studies on browning 239 index reactions based on A420 nm measurement in citrus juices, apple juices (Burdurlu 240 and Karadeniz 2003), pear puree (Ibarz et al. 1999) and pear juice concentrate (Beveridge 241 and Harrison 1984) similarly reported zero-order reaction kinetics. The estimated 242 parameters of rate constants *k*, for each replicated study are illustrated in Fig. 2. Eq. (7) of 243 the modified Ratkowsky model described the observed non-linearities ( $R^2_{adj} = 0.975$ , 244 *RMSE* = 0.0031) better than Eqs. (5, 6), but resulted in non-accurate parameters, i.e., SE 245 errors were much higher than the estimated parameters. This may be attributed to the 246 limited amount of data describing the antagonistic behaviour of amplitude on NEB. 247 Among all the secondary models tested, the polynomial model (Eq. (3)) gave the best 248 regression performance for describing the non-monotonic behaviour of the effect of 249 amplitude on the NEB constants (Fig. 2). All its parameters appeared to be significant 250 (P<0.05) (Table 1).

251 The lower P-values (so the more 'significant' the results) were obtained for the 252 coefficient of  $β_4$  (P=0) (quadratic effect of Amplitude) and  $β_2$  (P=1.08x10<sup>-26</sup>) (linear 253 effect of temperature) indicating that for the same temperature levels the NEB rate 254 constants were highly dependent on the amplitude levels followed by the temperature 255 levels. Interactive effects gave higher P values  $(1.36x10^{-6})$ . The NEB rate significantly 256 increased with processing temperature while at intermediate ultrasound amplitudes 257 appeared to have lower values indicating an antagonistic effect of amplitude on the rate 258 of NEB. More specifically, at amplitude levels of the range of 42.7 µm, the NEB rate 259 appeared to be lower than at higher or lower amplitude levels for the same temperatures. 260 The observed monotonic increase of the NEB rate with respect to temperature has also 261 been reported for the browning kinetics of apple juice and apple cider (Ugarte-Romero et 262 al. 2006; Vaikousi et al. 2008). Nonenzymatic browning may result from the 263 condensation of a carbonyl group with amino acids, reactions of sugars and ascorbic acid 264 in the absence of free amino acids (caramelization). The obtained increase of the 265 browning rate at high amplitudes can be attributed to the decrease of sugar content (Yuan 266 et al. 2009).

267

#### 268 **Ascorbic acid degradation (AA)**

269

270 A significant (p<0.05) reduction in orange juice ascorbic acid content (mg/100 mL) was 271 observed as a function of treatment time. The degradation kinetics of ascorbic acid 272 followed first order kinetics (Eq. (2)) and the estimated rate constants for each of the 273 replicates are illustrated in Fig. 3. Similar kinetic behaviour on watercress processed by 274 thermosonication was observed by other authors (Cruz et al. 2008).

275 The largest AA reduction was observed at the highest amplitude (61.0 µm) and 276 processing temperature (30 °C), . However this reduction was less than 15% loss of the 277 initial ascorbic acid content of the unprocessed juice. The ascorbic acid rate constant with 278 respect to the amplitude and the temperature was described more accurately by 279 employing the polynomial model (Eq. (3)) (Table 2).

280 The lower P-values were obtained for the coefficient of  $\beta_3$  (P=0) (linear effect of 281 amplitude) followed by  $\beta_5$  (P=6.16x10<sup>-8</sup>) (interactive effect of amplitude and 282 temperature). Fig. 3 illustrates that increase of temperature and increase of amplitude 283 resulted in higher ascorbic acid loss. This indicates a synergistic effect of temperature for 284 different amplitudes and temperatures on the AA rate constant.

285 Several mechanisms can act concurrently when ultrasound is applied in liquid systems, 286 i.e., thermal effects produced by bubble implosion, mechanical stresses produced 287 microstreaming and implosion shock waves, and free radical production. Nevertheless, 288 radical productions have been considered the most probable mechanism (Portenlanger 289 and Heusinger 1992; Vercet et al. 2001). The degradation of ascorbic acid divides into 290 two sections corresponding to aerobic and anaerobic degradation (Nagy 1980; 291 Eisonperchonok and Downes 1982; Robertson and Samaniego 1986; Kennedy et al. 292 1992; Ariahu et al. 1997; Blasco et al. 2004). Sonication results in a reduction of 293 dissolved oxygen, a critical parameter influencing the stability of ascorbic acid (Solomon 294 et al. 1995). Hydroxyl radical formation is found to increase with degassing. Sonication 295 cavities can be filled with water vapour and gases dissolved in the juice such as  $O_2$  and

 $N_2$  (Korn et al. 2002). The interactions between free radicals and ascorbic acid may occur 297 at the gas–liquid interfaces. In summary ascorbic acid degradation may follow one or 298 both of the following pathways:

299 Ascorbic acid  $\rightarrow$  thermolysis (inside bubbles) and triggering of Maillard reaction

 $300$  Ascorbic acid  $\rightarrow$  reaction with OH<sup> $\rightarrow$ </sup> HC–OH and production of oxidative products on 301 the surface of bubbles

302 Thus sonication can be related to advanced oxidative processes since both pathways are 303 associated with the production and use of hydroxyl radicals (Petrier et al. 2007). Previous 304 publications have shown that vitamin C degradation in different type of processes was 305 following first order kinetics independently of the pathway followed (Nisha et al. 2004; 306 Vikram et al. 2005).

307

#### 308 **Contour design**

309 An analysis of amplitude and temperature diagrams was performed based on the best 310 fitted mathematical expressions (see previous Sections). Iso-rate contour plots integrating 311 NEB and AA information were developed (Fig. 4). The constructed contour plots 312 illustrate that low temperatures and intermediate amplitudes, i.e., 42.7 µm, result in lower 313 NEB and AA deterioration and consequently better quality of orange juice. Non 314 enzymatic browning effects appear to be more sensitive to ultrasound processing than 315 ascorbic acid degradation (Fig. 4). Based on the obtained contour plots is suggested that 316 NEB could be more appropriate to determine the intensity of an ultrasound processing 317 during commercial applications. This is in line with the fact that browning reactions of 318 ascorbic acid are among the browning indexes while measuring the overall NEB effects. 319 Nevertheless the importance of using the ascorbic acid as a quality and shelf life indicator 320 of orange juice in the juice processing is evident and will have to be considered for 321 performing additional shelf life studies.

322

323

#### 324 **Conclusion and future work**

325 The modeling approaches developed in this study exploit data in order to identify the 326 optimal processing regions for eliminating quality deterioration of orange juice during 327 ultrasound processing which is of high importance in food industry. The non-monotonic 328 behaviour of NEB has been described more accurately by the use of a polynomial model. 329 The rate constants of AA were described by a similar type of model having a monotonic 330 behaviour. A synergistic effect of temperature for different amplitudes on the rate 331 constant of both NEB and AA was observed, while an antagonistic effect of amplitude on 332 the rate of NEB was evident. Ultrasound was found to have more drastic effect on NEB 333 than AA degradation of orange juice.

334 The implemented modelling approaches could be further developed for incorporating a 335 prior knowledge of the kinetic process during the parameter estimation as this approach 336 was previously suggested and applied (Geeraerd et al. 2004; Valdramidis et al. 2007). 337 This would require the collection of additional biochemical information on the browning 338 and ascorbic acid dynamics of different juice products during ultrasound processing. 339 Consequently mathematical terms under the form of partial derivatives that describe 340 monotonic or non-monotonic quality kinetics can be developed and used for the 341 parameter estimation of the suggested model structures. Additional biochemical studies 342 e.g., enzymatic browning, formation of browned polymers, may also be exploited to carry 343 out multi-objective optimisations of fruit juice processing aimed at the production of high 344 quality sonicated fruit products..

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470 Figure 1. Experimental setup (1) ultrasound transducer; (2) ultrasonic generator; (3)

 

- 471 ultrasound probe (19 mm); (4) data logger; (5) temperature probe; (6) jacketed beaker; (7)
- 472 computer; (8) water inlet; (9) water outlet; (h) depth of probe in to the sample (25 mm)



489 Figure 2. Modelling the non enzymatic browning rate constant, *k* (Eq. (3), Table 1). (o): 490 experimental data points above the surface, (\*): experimental data points under the 491 surface.

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506 Figure 3. Modelling the ascorbic acid rate constant, *k* (Eq. (3), Table 2). (o): 507 experimental data points above the surface, (\*): experimental data points under the 508 surface.



546	Table 1. Results on the parameter estimates of the secondary fitted models (Eqs. (3)-(6))						
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547 for the NEB kinetics.





549 Table 2. Results on the parameter estimates of the secondary fitted models (Eqs. (3)- (6))

550 for the AA kinetics.

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