

Cooking with Mr Fitz



- [Home](#)
- [previous posts](#)
- [Dinners/Suppers](#)
- [Lunches](#)
- [Travel Bites](#)
- [Breakfasts](#)
- [Dining out & about](#)
- [Recipes](#)
- [Random..](#)



[Butchers and black bean lamb and fried rice](#)

By [Mr Fitz](#) on [May 29, 2014](#) • ([0](#))

I went off to see my pal Ian at e lees and sons butchers in earls barton.. It's a bit of a trek for me yet I needed to go out that kind of way anyways .. Good to catch... [Read More >](#)

[Follow](#)

Recent Posts

- [Spirit capturer.. Moi?](#)

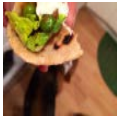
By [Mr Fitz](#) on [May 28, 2014](#) • (6)



I am very happy that I seem to have been given the honour of being a spirit capturer.. Not in a spooky hooky kinda way .. Not In a simply for enjoying making eating... [Read More >](#)

- [Lamb keema breads and lettuce cups](#)

By [Mr Fitz](#) on [May 28, 2014](#) • (0)



Mrs Fitz makes a great keema.. With the help from the Shan family.. Yet with added zip.. Fresh ginger and garlic amongst other things.. So with this lovely lamby goodness available for supper it had to be a two way... [Read More >](#)

- [Steak for lunch..](#)

By [Mr Fitz](#) on [May 27, 2014](#) • (4)



The weather is nasty .. Horrible! For lunch I needed to make something to cheer up Mrs Fitz.. With a sirloin on the bone sitting pretty in the fridge it had to be the choice ... Now .. The steak... [Read More >](#)

- [Here chicky chick chick..](#)

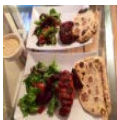
By [Mr Fitz](#) on [May 27, 2014](#) • (6)

Follow "Cooking with Mr Fitz"

Get every new post delivered to your Inbox.

Join 362 other followers

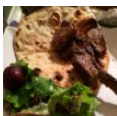
Powered by WordPress.com



I feel like chicken tonite .. Chicken tonite.. Chicken.. Ahh you get it! We feel like chicken tonite.. And I have a bunch of them that I got reduced in #waitrose just before flying out to Lisbon.. they freeze real... [Read More >](#)

- [Bank holiday BBQ, I don't care what the weatherman says.](#)

By [Mr Fitz](#) on [May 27, 2014](#) • (0)



It's May bank holiday.. That means it will rain.. it just has too! that won't stop me firing up the coals though.. Yee-haaa!!!! (Why yee-haa? don't really know it just felt appropriate..) Mrs Fitz had kindly already marinated the lamb... [Read More >](#)

- [Fly TAP?](#)

By [Mr Fitz](#) on [May 26, 2014](#) • (0)



I hadn't flown with TAP for a while, the journey out to Lisbon was so early in the morning that to be honest I didn't really notice much.. It musta been comfy as I nodded off for a wee while..... [Read More >](#)

- [< Older Entries](#)

-

Featured Categories

[Dining out & about >](#)

- [Butchers and black bean lamb and fried rice](#)
May 29, 2014
- [Fly TAP?](#)
May 26, 2014
- [Honorato artisan burgers Lisboa](#)

May 24, 2014

Dinners/Suppers >

- [Lamb keema breads and lettuce cups](#)
May 28, 2014
- [Here chicky chick chick..](#)
May 27, 2014
- [Bank holiday BBQ, I don't care what the weatherman says.](#)
May 27, 2014

Lunches >

- [Steak for lunch..](#)
May 27, 2014
- [Potato pakoras](#)
May 21, 2014
- [Rosie's sweetcorn fritters](#)
May 16, 2014

previous posts >

- [Spirit capturer.. Moi?](#)
May 28, 2014
- [Lisbon super supper mission.](#)
May 23, 2014
- [Pulled pork 'sausage' rolls](#)
May 23, 2014

Random...>

- [Scottish Lorne sausage taste test](#)
May 21, 2014
- [Mr Wentworth or Cora Murley?](#)
May 16, 2014
- [The intriguing story of the sherbet lemon](#)
May 13, 2014

Recipes >

- [It's all about the bones..](#)
May 23, 2014
- [Pak choi & oyster mushrooms two ways](#)
May 22, 2014
- [BBQ black bean lamb fillet & BBQ zatar flatbreads](#)
May 21, 2014

Click here to follow Mr Fitz

Enter your email address to follow Cooking with Mr Fitz

[Follow Cooking with Mr Fitz on WordPress.com](#)

Search the Site!

Follow me on Twitter..

[My Tweets](#)

[Cooking With Mr Fitz](#)



Cooking With Mr Fitz

 Like 12

Fiesta Friday



Instagram!





Archives

- [May 2014](#)
- [April 2014](#)
- [March 2014](#)
- [February 2014](#)
- [January 2014](#)
- [December 2013](#)
- [November 2013](#)
- [October 2013](#)
- [September 2013](#)
- [August 2013](#)
- [July 2013](#)
- [June 2013](#)
- [May 2013](#)
- [April 2013](#)
- [March 2013](#)

Member of Top Food Blogs

[Past eatings](#)

- [Breakfasts](#)

- [Dining out & about](#)
- [Dinners/Suppers](#)
- [Lunches](#)
- [memories...](#)
- [previous posts](#)
- [Random...](#)
- [Recipes](#)
- [Travel Bites](#)



[Blog at WordPress.com.](#) | [The Opti Theme.](#)