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Apoptosis is Initiated in Human Keratinocytes Exposed to Signalling Factors from Microbeam Irradiated Cells

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3 **Apoptosis is initiated in human keratinocytes exposed to signalling factors from**
4 **microbeam irradiated cells**
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Abstract

Purpose: There is now no doubt that bystander signalling from irradiated cells occurs and causes a variety of responses in cells not targeted by the ionising track. However, the mechanisms underlying these processes are unknown and the relevance to radiotherapy and risk assessment remains controversial. Previous research by our laboratory has shown bystander effects in a human keratinocyte cell line, HPV-G cells, exposed to medium from γ irradiated HPV-G cells. The aim of this work was to investigate if similar mechanisms to those identified in medium transfer experiments occurred in these HPV-G cells when they are in the vicinity of microbeam irradiated cells. Demonstration of a commonality of mechanisms would support the idea that the process is not artifactual.

Materials and Methods: HPV-G cells were plated as two separate populations on mylar dishes. One population was directly irradiated using a charged particle microbeam (1 - 10 protons). The other population was not irradiated. Bystander factor induced apoptosis was investigated in both populations following treatment by monitoring the levels of reactive oxygen species and mitochondrial membrane potential using fluorescent probes. Expression of the anti-apoptotic protein, bcl-2, and cytochrome c were determined, as well as apoptosis levels.

Results: Microbeam irradiation induced increases in reactive oxygen species and decreases in mitochondrial membrane potential at 6 hours post exposure, increased expression of bcl-2 and cytochrome c release at 6.5 hours and increased apoptosis at 24 hours.

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Conclusion: This study shows that similar bystander signalling pathways leading to apoptosis are induced following microbeam irradiation and following medium transfer. This demonstrates that the mechanisms involved are common across different radiation qualities and conditions and indicates that they may be relevant *in vivo*.

For Peer Review Only

Introduction

There has been considerable interest recently in non-targeted effects of radiation that cannot be attributed to direct DNA damage. Recent research has shown that low doses of ionising radiation can cause a “bystander effect”, where radiation damage occurs in cells not directly irradiated (see reviews; Mothersill and Seymour 2003, Lorimore *et al*, 2003, Little 2003, Morgan 2003).

Studies with very low doses of α particles have shown increases in the number of sister chromatid exchanges (SCE) (Nagasawa and Little 1992, Deshpande *et al*, 1997), chromosomal aberrations (Lorimore *et al*, 1998) and activation of stress inducible signalling pathways (Azzam *et al*, 1998, 2001, 2003) in considerably more cells than would have been traversed by an α particle.

Microbeams, which allow the targeting of individual cells or subcellular locations within a population with a charged particle beam, have become useful tools in the study of radiation induced bystander effects. Microbeam studies have shown that effects of single cell irradiation are not limited to the exposed cell but affect other cells in the vicinity. Micronucleus formation and apoptosis (Prise *et al*, 1998, Belyakov *et al*, 2001, 2003), mutation (Zhou *et al*, 2000, 2001) and oncogenic transformation (Sawant *et al*, 2001) have all been shown in cells distant from the target cell.

Medium transfer experiments have shown that bystander effects may be mediated by damage signals released into the culture medium by irradiated cells. Non-irradiated cells incubated with conditioned medium from irradiated cells have shown similar effects to the directly irradiated cells. Mothersill and Seymour (1997, 1998) reported that cell death was induced in unirradiated cells treated with medium from directly irradiated

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3 epithelial cells. This was further shown to be associated with early apoptotic events such
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5 as calcium fluxes, loss in mitochondrial membrane permeability and the induction of
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7 reactive oxygen species (ROS) (Lyng *et al*, 2000, 2002). Lehnert *et al* (1997) and
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9 Narayanan *et al* (1997) also used medium transfer experiments to show that extracellular
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11 factors including ROS were released by α particle irradiated cells leading to increased
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13 SCE in nonirradiated cells. Conditioned medium from α particle irradiated cells has also
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15 been shown to stimulate proliferation in nonirradiated cells (Iyer *et al*, 2000). A recent
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17 study by Suzuki *et al* (2004) demonstrated that cells irradiated with α particles released
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19 medium borne factors which induced chromatin damage in bystander cells plated on the
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21 other side of a medium filled double mylar dish.
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30 To date the majority of reports on bystander effects have used either direct exposure to
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32 high linear energy transfer (LET) helium ions delivered by low fluence sources
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34 (Nagasawa and Little 1992), direct irradiation using microbeam approaches (Prise *et al*,
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36 1998, Zhou *et al*, 2000, Sawant *et al*, 2001, Shao *et al*, 2003) or medium transfer after
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38 low LET exposure (Mothersill and Seymour 1997).
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41 Two main models have emerged on the mechanisms of bystander responses; cell - cell
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43 communication through gap junctions and secretion of a cytotoxic factor into the
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45 medium. The model appears to depend on the cell type used for the experiments and on
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47 the way the experiments were performed. Some groups have demonstrated a requirement
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49 for gap junctional intercellular communication (GJIC) to mediate a bystander response
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51 (Azzam *et al*, 2001, Shao *et al*, 2003b) but other groups have shown GJIC not to be
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53 involved (Mothersill and Seymour 1997, Lehnert *et al*, 1997).
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3 A role for ROS in radiation induced bystander effects has been reported by many groups
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6 (Lehnert *et al* 1997, Azzam *et al* 2002, Lyng *et al* 2006). Specifically, nitric oxide, an
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8 important signalling molecule, has been shown to induce bystander effects (Matsumoto *et*
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10 *al* 2000, Shao *et al* 2001, 2002, 2003a, 2004)

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15 The aim of the present study was to investigate bystander responses following microbeam
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17 irradiation in a human keratinocyte cell line (HPV-G cells) which has previously been
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19 shown to undergo apoptosis when exposed to medium from γ irradiated cells (Lyng *et al*,
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21 2000, 2002, Maguire *et al*, 2005). Mitochondrial membrane potential depolarisation,
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23 cytochrome c release, bcl-2 expression, induction of reactive oxygen species (ROS) and
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25 apoptosis levels were measured in HPV-G cells which were in the vicinity of microbeam
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27 irradiated HPV-G cells.
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Materials and Methods

Cell Culture

Human keratinocytes, HPV-G cells, immortalised with the human papilloma virus (HPV) were originally obtained as a kind gift from Dr. J. Di Paolo, NIH Bethesda (Pirisi *et al*, 1988). HPV-G cells were cultured in Dulbecco's Modified Eagle Medium (DMEM) : F12 (1:1) medium (Sigma, Dorset, U.K.) containing, 10% fetal bovine serum (Gibco, Irvine, U.K.), 1% penicillin-streptomycin solution 1000 IU (Gibco, Irvine, U.K.), 2mM L- glutamine (Gibco, Irvine, U.K.) and 1µg/ml hydrocortisone (Sigma, Dorset, U.K.) Cells were maintained in an incubator at 37°C, with 95% humidity and 5% CO₂. Subculture was routinely performed when cells were 80-100% confluent, using a 1:1 solution of 0.25% trypsin and 1mM versene (Sigma, Dorset, U.K.) at 37° C.

Microbeam irradiation

For microbeam experiments, plateau phase cells were seeded into specially designed dishes (Folkard *et al*, 1997) consisting of a 34 mm diameter base composed of a 4 µm thick mylar membrane. Two areas of the dish diagonally opposed to each other had been pretreated with 1 µg/ml CellTak adhesive (Becton Dickinson, Oxford, U.K.). Each area was about 5 mm in diameter. Cells were seeded 16 h prior to irradiation to allow full attachment. Typically cells were seeded at a density to allow 600–800 cells in each area of the dish. One hour prior to irradiation cells were incubated with 1 µM Hoechst 33258 (Molecular Probes, Leiden, The Netherlands). At the time of irradiation the cell culture medium was replaced with fresh medium containing 20 mM 4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid (HEPES) (Sigma, Dorset, U.K.) and irradiation was

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3 performed at room temperature. All the cells in one area of the dish had exact numbers of
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5 3.2 MeV protons delivered through the centre of the cell nucleus. Details of the automatic
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7 cell finding and imaging system are described in Folkard *et al* (1997). The cells in the
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9 unirradiated area of the dish were bystander cells. The irradiation procedure typically
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11 took around 10 min after which fresh medium was added to the cells and incubation
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13 continued at 37°C for 6 or 24 hours prior to scoring. Control cells were sham irradiated
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15 by incubating with 1 µM Hoechst 33258 (Molecular Probes, Leiden, The Netherlands) as
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17 before and scanning, finding and following the same number of cells as in the irradiated
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19 dishes but without actual irradiation.
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27 *Measurement of mitochondrial membrane potential*

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29 Mitochondrial membrane potential was determined using rhodamine 123, a green
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31 fluorescent dye that accumulates in active mitochondria with high membrane potential.
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33 Cultures were washed twice with a buffer containing 130 mM NaCl, 5 mM KCl, 1 mM
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35 Na₂HPO₄, 1 mM CaCl₂, 1 mM MgCl₂ and 25 mM HEPES (pH 7.4). Cells were loaded
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37 with 5 µM Rhodamine 123 (Sigma, Dorset, U.K.) for 30 min in the buffer at 37 °C.
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39 Subsequently, the cultures were washed three times with buffer. Fluorescence images
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41 were recorded using a Zeiss Axioskope epifluorescence microscope with a BP 450-490
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43 nm excitation filter and LP515 emission filter (Carl Zeiss Ltd, Welwyn Garden City,
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45 U.K.) and a cooled charge coupled device (CCD) camera system (Photonic Science, UK).
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47 The mean fluorescence intensity (or mean grey value) was determined using the software
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49 package, NIH Image (National Institutes of Health, USA).
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Measurement of reactive oxygen species

Induction of reactive oxygen species was measured using 2,7 - dichlorofluorescein diacetate (DCF-DA) (Sigma, Dorset, U.K.). Once inside a cell, the acetate group is cleaved by cellular esterases leaving dichlorofluorescein which emits green fluorescence when oxidized by the reactive oxygen species, hydrogen peroxide and nitric oxide. Cultures were washed twice with a buffer containing 130 mM NaCl, 5 mM KCl, 1 mM Na₂HPO₄, 1 mM CaCl₂, 1 mM MgCl₂ and 25 mM HEPES (pH 7.4). Cells were loaded with 5 µM 2,7 DCF-DA for 30 min in the buffer at 37 °C. Subsequently, the cultures were washed three times with buffer. The cells were then returned to the incubator for 30 mins and washed once more prior to scoring. Fluorescence images were recorded using a Zeiss Axioskope epifluorescence microscope with a BP 450-490 nm excitation filter and LP515 emission filter (Carl Zeiss Ltd, Welwyn Garden City, U.K.) and a cooled CCD camera system (Photonic Science, UK). The mean fluorescence intensity (or mean grey value) was determined using the software package, NIH Image (National Institutes of Health, USA).

Immunocytochemistry

Following the fluorescence measurements as described above (ie. approx 6.5 hours after microbeam irradiation), the cells were washed twice in phosphate buffered saline (PBS) to remove any debris and then fixed in 10% buffered formalin. The mylar on which the cells were attached was removed from the microbeam dish and adhered to a glass slide with the cells facing upwards. The slides were marked to indicate the irradiated and

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3 bystander areas. The slides were immersed in PBS in plastic coplin jars and transported
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5 back to Dublin, stored at 4°C and assayed within 48 hours. Immunocytochemical analysis
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7 was performed using the Streptavidin Peroxidase method for cell culture using the
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9 Vectastain ABC kits (Vector Laboratories, UK). The primary antibody, mouse
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11 monoclonal, anti-Bcl-2 (Dako, Denmark) or anti-cytochrome c (Dako, Denmark) was
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13 applied for one hour (1:50 and 1:250 dilution respectively). Biotinylated anti-mouse
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15 reagent was then added to the cells for 30 minutes followed by Streptavidin Peroxidase for
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17 a further 30 minutes, with a wash in PBS in between each step. The chromagen, 0.02%
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19 DAB (Sigma, Dorset, U.K.) was then added for 10 minutes in darkness and washed off in
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21 distilled water. Cells were then counterstained with Harris haematoxylin and mounted
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23 with glycergel. A negative control, where no primary antibody was added was included
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25 in each experimental run. Positive staining was determined by brown staining in the
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27 cytoplasm. Numbers of cells positive for bcl-2 or cytochrome c were scored blind in both
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29 direct and bystander areas on each of three replicate slides and expressed as the
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31 percentage of the total cells counted (approx. 400 - 500 cells were counted in each area).
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41 *Quantification of apoptosis*

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43 Twenty four hours after microbeam irradiation, the cells were washed twice in PBS to
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45 remove any debris and then fixed in 10% buffered formalin. The mylar was removed and
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47 adhered to a glass slide as described above. The slides were transported back to Dublin
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49 immersed in PBS in plastic coplin jars, stored at 4°C and assayed within 48 hours. The
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51 cells were stained for 15 mins with 1 µg / ml Propidium Iodide (Sigma, Dorset, U.K.) to
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53 visualise the nuclei. Slides were scored for the presence of apoptotic cells using a Zeiss
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3 Axioplan epifluorescence microscope equipped with BP546/12 nm excitation filter and
4 LP590nm emission filter (Carl Zeiss Ltd, Welwyn Garden City, U.K.). Cells were
5 defined as apoptotic if they displayed evidence of two or more of the following; cell
6 volume shrinkage and pycnotic nucleus (chromatin condensation), nuclear fragmentation
7 and formation of apoptotic bodies (Kerr and Harmon 1991). Numbers of apoptotic cells
8 were scored blind in both direct and bystander areas on each of three replicate slides and
9 expressed as the percentage of the total cells counted (approx. 500 cells were counted in
10 each area).
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22 *Statistical analysis*

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Microscope and detector parameters were standardised to allow quantitative comparisons of the relative fluorescence intensity of the cells between groups. All measurements are presented as mean values \pm S.E. of 3 independent experiments with 3 replicate dishes per measurement. Significance of differences was determined by a student's unpaired t-test and the differences were considered significant if $p \leq 0.05$.

Results

A significant reduction in rhodamine 123 fluorescence, indicating mitochondrial membrane potential depolarisation, was observed in HPV-G cells 6 hours after direct microbeam irradiation (figure 1). Cells that were not directly irradiated but were in the same dish (bystander cells) also showed a similar significant reduction in fluorescence (figure 1).

A significant increase in DCF-DA fluorescence, indicating an increase in ROS, was observed in HPV-G cells 6 hours after direct microbeam irradiation (figure 2). Cells in another area of the same dish (bystander cells) also showed a significant increase in fluorescence (figure 2).

Both the directly irradiated cells and the bystander cells showed increased expression of bcl-2 6.5 hours after microbeam irradiation (table I). Similarly increased levels of cytochrome c were observed 6.5 hours after microbeam irradiation in both the directly irradiated cells and the bystander cells (table I).

HPV-G cells showed increased apoptosis 24 hours after direct microbeam irradiation (figure 3). Cells that were not directly irradiated but were in the same dish (bystander cells) also showed a similar increase in apoptosis levels (figure 3).

For all endpoints measured, there was no significant difference between the effect in the directly irradiated cells and the bystander cells. Similarly there was no significant difference between the effect following irradiation with 1 or 10 protons to the directly exposed cells.

Discussion

This study has shown a significant reduction in mitochondrial membrane potential and a significant increase in ROS in both directly irradiated and bystander HPV-G cells 6 hours after microbeam irradiation. Increased bcl-2 expression and cytochrome c release, after approx 6.5 hours, and increased apoptosis, after 24 hours, were also observed. No significant differences were observed between the effects of different doses.

These results are very similar to those previously reported for HPV-G cells exposed to medium from γ irradiated cells (Lyng *et al*, 2000, 2002, Maguire *et al*, 2005). This finding is important as it shows the mechanisms are similar for medium transfer and for microbeam irradiation and therefore more likely to be universal.

The findings from this study and from previous studies (Lyng *et al*, 2000, 2002, Maguire *et al*, 2005) have shown that early apoptotic events, such as mitochondrial membrane potential depolarisation, induction of ROS, expression of bcl-2 and release of cytochrome c are induced in normal human keratinocytes either exposed to medium from γ irradiated cells or in the vicinity of microbeam irradiated cells. The effects observed appear to be independent of the dose or number of protons delivered to the irradiated cells. A medium borne factor is likely to be involved in both cases. It is unlikely that gap junctional communication is involved in the medium transfer approach and in the present microbeam study the directly irradiated cells and the bystander cells were two distinct populations separated by on average 6 mm.

Most of the studies on bystander effects have used either direct exposure to low fluences of α particles, direct irradiation using microbeam approaches or medium transfer after

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3 low LET exposure. There have been very few reports on the LET dependence of the
4 bystander effect. Hickman *et al* (1994) observed a bystander response, evidenced by
5 increased p53 expression, in rat lung epithelial cells exposed to low fluences of
6 α particles. No increase was seen in cells exposed to similar doses (less than 10 cGy) of
7 X-rays, indicating the existence of a relatively higher damage threshold for sparsely
8 ionizing radiation. Shao *et al* (2002, 2003b) reported an LET dependent induction of
9 micronuclei and cell proliferation in human neoplastic epithelial cells. High LET (100
10 keV/ μ m) carbon-ion irradiation was found to be more efficient at inducing the medium-
11 mediated bystander effect than low LET (13 keV/ μ m) carbon-ion irradiation. Further
12 studies by the same group compared the bystander responses in primary human
13 fibroblasts individually targeted by a high LET heavy particle microbeam of ^{40}Ar (1260
14 keV/ μ m) or ^{20}Ne (380 keV/ μ m) (Shao *et al*, 2003b). An increase in micronuclei was
15 observed independent of the LET and the number of particles delivered to the targeted
16 cells. Previous studies by our group has shown increased apoptosis in human
17 keratinocytes exposed to a medium borne factor from cells irradiated with low LET γ
18 rays (Lyng *et al*, 2000, 2002, Maguire *et al*, 2005). The protons used in the present study
19 (3.2 MeV with an LET of ~ 13 keV/ μ m) are essentially low LET and importantly, the
20 degree of bystander responses observed was similar to that obtained with γ -rays.
21
22 An important observation from these studies is that the level of effect is the same
23 regardless of whether cells were directly exposed or were neighboring non-targeted
24 bystander cells. This agrees with other studies showing that at least after low dose
25 exposure, the bystander response predominates the overall effect (Schettino *et al*, 2003,
26 Seymour and Mothersill 2000).
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38 39 40 41 **Acknowledgements**

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Figure Legends

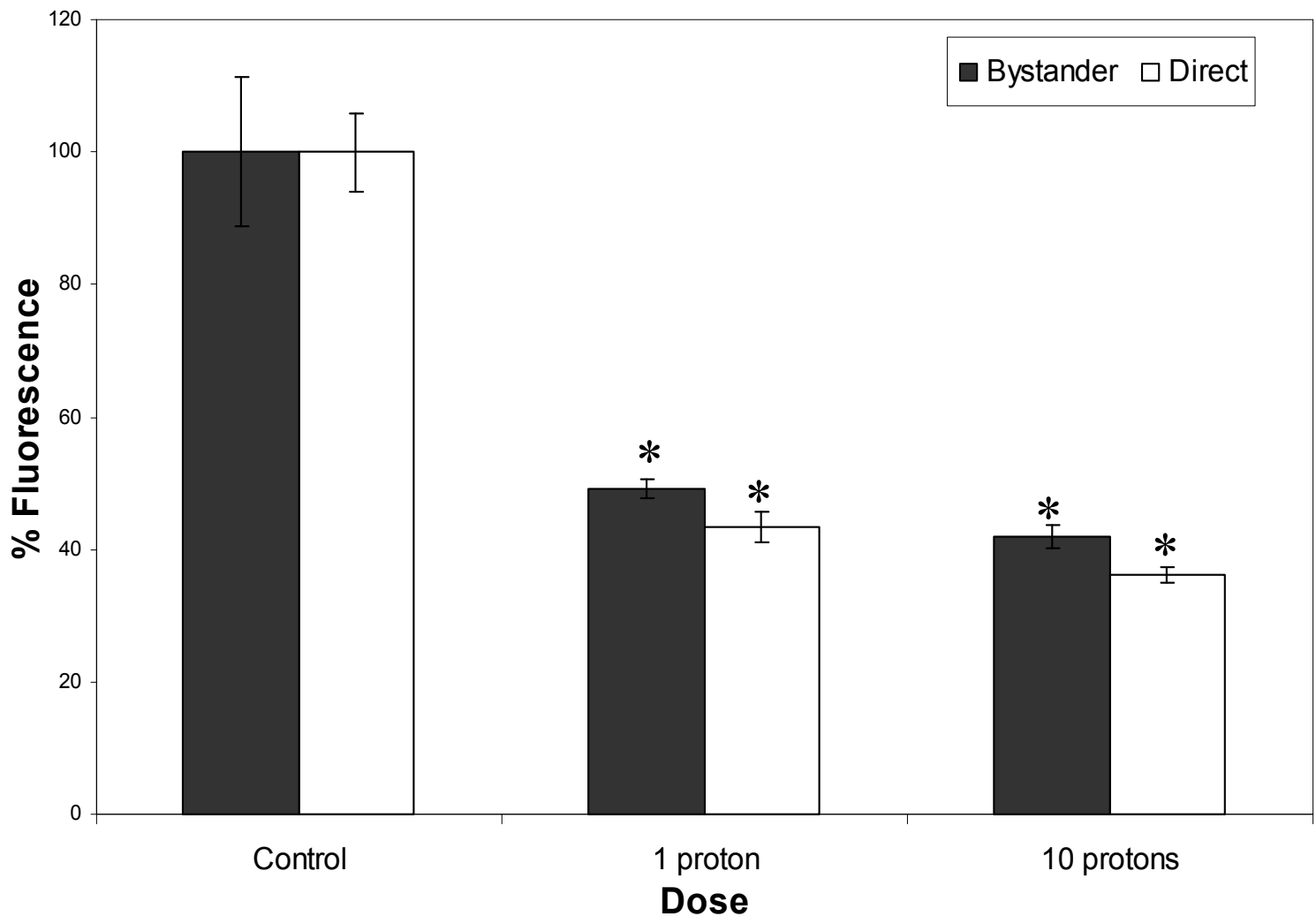
Figure 1 % Fluorescence from rhodamine 123 in both directly irradiated and bystander HPV-G cells 6 hours after microbeam irradiation. A decrease in fluorescence levels is indicative of a decrease in mitochondrial membrane potential. * $p < 0.001$

Figure 2 % Fluorescence from 2,7 dichlorofluorescein diacetate in both directly irradiated and bystander HPV-G cells 6 hours after microbeam irradiation. An increase in fluorescence levels is indicative of an increase in reactive oxygen species. * $p < 0.001$

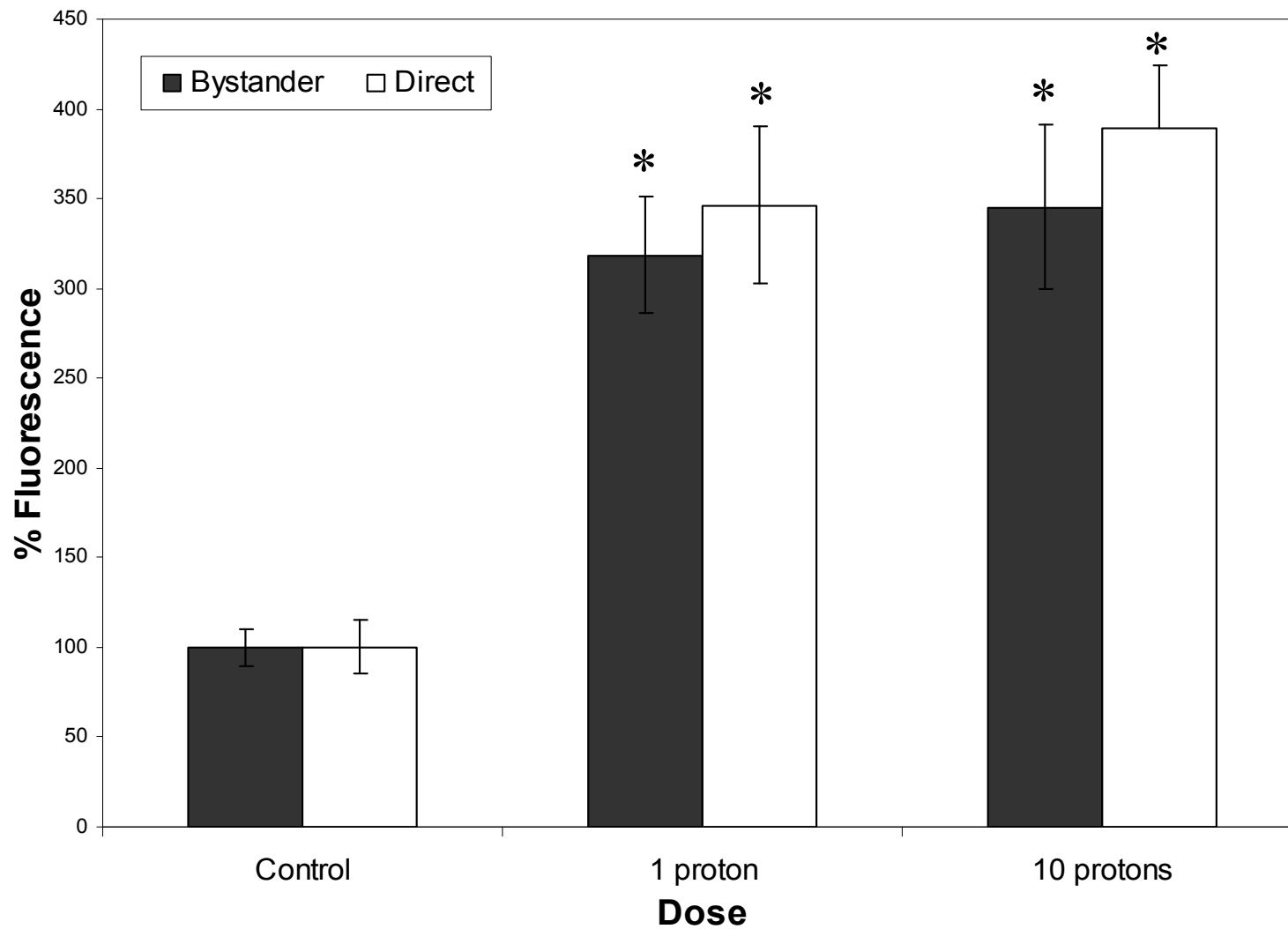
Figure 3 % Apoptotic cells in both directly irradiated and bystander HPV-G cells 24 hours after microbeam irradiation. * $p < 0.05$, ** $p < 0.01$

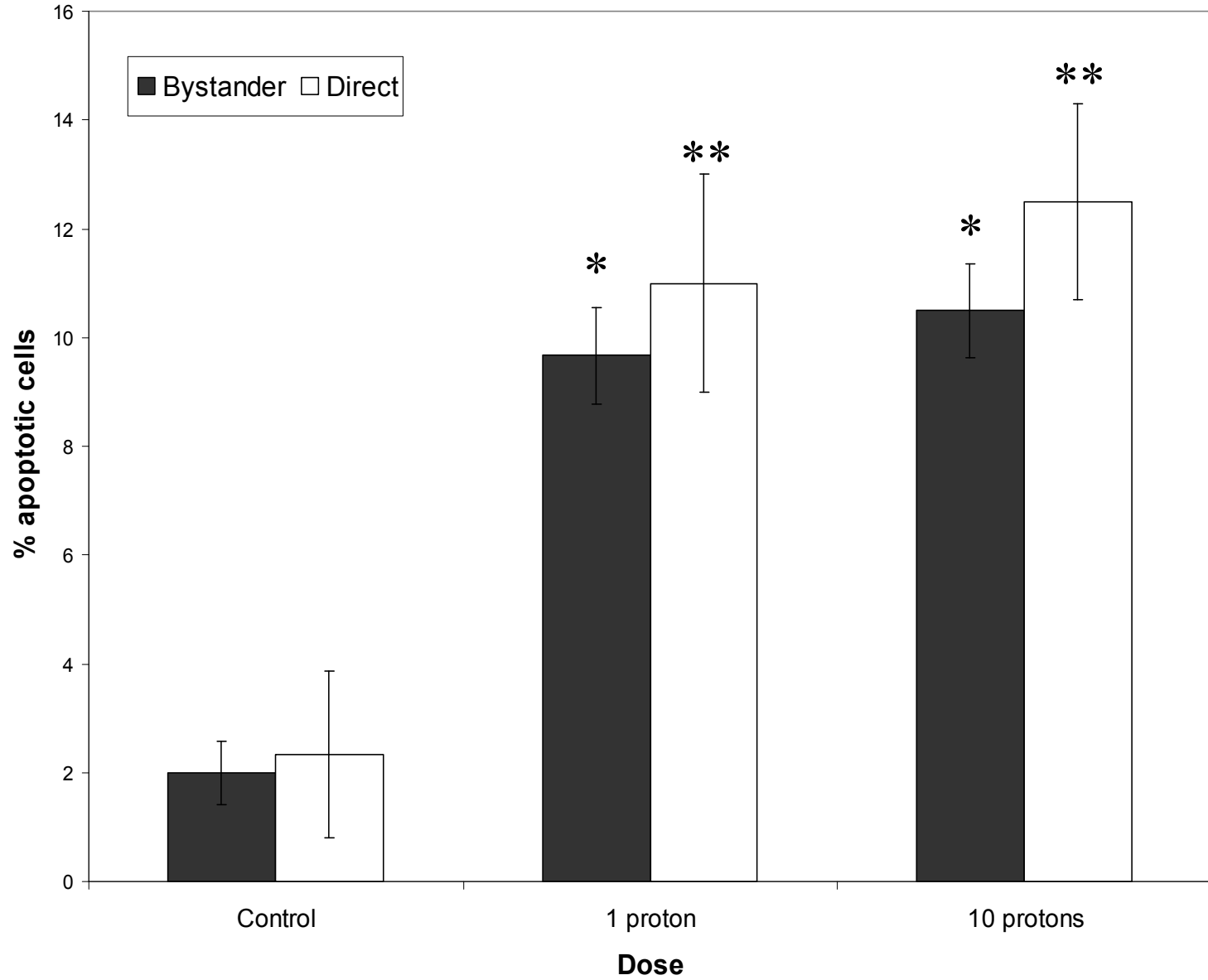
Table I % HPV-G cells positive for bcl-2 and cytochrome c 6.5 hours following microbeam irradiation. * p<0.05, ** p<0.01, *** p<0.005

Dose	% bcl-2 positive cells		% cytochrome c positive cells	
	Direct	Bystander	Direct	Bystander
Control	2.17 ± 0.33	1.67 ± 0.60	1.83 ± 0.44	2.50 ± 0.73
1 proton	7.17 ± 0.73 **	7.00 ± 0.29 *	13.83 ± 0.60 ***	14.17 ± 0.88 **
10 protons	9.00 ± 0.59**	7.67 ± 1.01*	15.67 ± 0.73***	14.33 ± 0.19 **



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