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Characterization of Phenolics Composition in Lamiaceae Spices by LC-ESI-MS/MS

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24 **ABSTRACT**

25 A total of 38 phenolic compounds in the solid/liquid extracts of five Lamiaceae spices 26 such as rosemary, oregano, sage, basil and thyme were identified in the present study 27 using LC-ESI-MS/MS. These compounds were distributed in four major categories 28 namely hydroxycinnamic acid derivatives, hydroxybenzoic acid derivatives, flavonoids 29 and phenolic terpenes. Among them, the category of flavonoids was the largest with 17 30 compounds. Identification of the phenolic compounds was carried out by comparing 31 retention times and mass spectra with those of authentic standards. In case of 32 unavailability of standards, phenolic compounds were identified based on accurate mass 33 of pseudomolecular [M-H]⁻ ions and tandem mass spectrometry (MS/MS) data. The 34 results of accurate mass measurements fitted well with the elemental composition of the 35 compounds. The diagnostic fragmentation patterns of the compounds during collision 36 induced dissociation (CID) elucidated structural information of the compounds analysed. 37

38 **KEYWORDS:** Spice, accurate mass, phenolics, LC-ESI-MS/MS, fragments

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47 **INTRODUCTION**

48 It is well known that Lamiaceae spices have potent antioxidant properties, mostly due to 49 the polyphenolic compounds present in them (*1, 2*). Recently, interest has increased 50 considerably in naturally occurring antioxidant for use in foods as replacements for 51 synthetic antioxidants such as BHA and BHT, whose use is being restricted due to 52 concerns over safety (*3, 4*). Natural antioxidants can protect the human body from free 53 radicals and could retard the progress of many chronic diseases as well as lipid oxidative 54 rancidity in foods (*5*-*7*). Oxidation of lipids in food not only lowers the nutritional value 55 (*8*), but is also associated with cell membrane damage, aging, heart disease and cancer in 56 living organisms (*9*). Therefore the addition of natural antioxidants to food products has 57 become popular as a means of increasing shelf life and to reduce wastage and nutritional 58 losses by inhibiting and delaying oxidation (*10*). As previously stated spices in the 59 Lamiaceae family are a well known source of antioxidants particularly polyphenols. 60 Furthermore, spices have been used for many years to enhance the sensory attributes such 61 as taste and aroma of foods (*11*). Since these spices are commonly consumed in most 62 countries, there are no legal barriers to use them in foods. However, their use in foods as 63 either a control measure for lipid oxidation or increase inherent antioxidant capacity 64 requires detailed characterization of the compounds responsible for their antioxidant 65 properties. Liquid chromatography-electrospray ionization-tandem mass spectrometry 66 (LC-ESI-MS/MS) has been recognized as a powerful analytical tool with its high 67 sensitivity, short run time and less use of toxic organic solvents used as mobile phase 68 compared to reversed phase stand alone HPLC coupled with Diode-Array Detector (*12-* 69 *15*). A previous LC-ESI-MS study of polyphenols in Lamiaceae family by Møller et al.

70 (*16*) investigated the major fingerprint ions in methanolic extracts of three variants of 71 oregano and rosemary, however, only two polyphenols, rosmarinic acid and kaempferol, 72 were identified in these extracts despite the fact that many other polyphenolic compounds 73 have been identified in these species by other methods. However, Herrero et al. (*17*) 74 reported 14 compounds in the pressurized liquid extract of rosemary by LC-ESI-MS 75 method. Other studies (*18*-*22*) also identified similar number of compounds in different 76 members of the family. In the present study we examined 38 polyphenols in five 77 Lamiaceae spices using liquid chromatographic separation and collision induced 78 dissociation analysis. Furthermore, accurate mass measurement technique was 79 successfully applied for the first time in this spice family to elucidate the elemental 80 composition of the polyphenols studied.

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82 **MATERIALS AND METHODS**

83 **Samples and reagents.** Dried and ground rosemary, oregano, sage, basil and thyme were 84 provided by AllinAll Ingredients Ltd., Dublin 12, Ireland. According to product 85 specifications, the country of origin of the spices used was Turkey. The spices were air 86 dried after heat treatment (steam sterilization at 120 °C for 30 sec). The dried spices were 87 ground (particle size range: 500 to 600 µm) and stored at -20 °C in darkness. Seventeen 88 standards namely caffeic acid, chlorogenic acid, carnosic acid, carnosol, ferulic acid, 89 gallic acid, gallocatechin, 4-hydroxybenzoic acid, phloridzin, protocatechuic acid, p-90 coumaric acid, quercetin, rosmarinic acid, rutin, syringic acid, thymol and vanillic acid 91 were purchased from Sigma-Aldrich. Four flavonoid standards, such as apigenin, 92 apigenin-7-*O*-glucoside, luteolin and luteolin-7-*O*-glucoside were purchased from 93 Extrasynthese, France. HPLC grade methanol and water were purchased from VWR 94 International Limited, Leicestershire, UK and Lennox Laboratory Supplies Limited, 95 Dublin, Ireland respectively. The purity of standards and solvents were in the range of 95 96 % to 99.8 %. Only luteolin-7-*O*-glucoside and carnosic acid had 90 % and 91 % purity 97 respectively.

98

99 **Preparation of solid/liquid extracts.** Dried and ground spice samples (1 g) were 100 homogenised for 1 min at 24,000 rpm using an Ultra-Turrax T-25 Tissue homogenizer 101 (Janke & Kunkel, IKA®-Labortechnik, Saufen, Germany) in 25 mL of 80% methanol in 102 the dark at room temperature (~23 °C). Aqueous methanol (80 %) was chosen for its high 103 efficiency in extracting polyphenols from plant samples (*2*). The homogenised sample 104 suspension was shaken overnight with a V400 Multitude Vortexer (Alpha laboratories, 105 North York, Canada) at 1,500 rpm and room temperature. The mixture was then 106 centrifuged for 15 min at 2,000 g (MSE Mistral 3000i, Sanyo Gallenkamp, 107 Leicestershire, UK) and filtered through 0.22 µm polytetrafluoethylene (PTFE) filters 108 (Sigma-Aldrich, Steinheim, Germany). The extracts were analyzed immediately after 109 extraction.

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111 **Liquid chromatography-mass spectrometry (LC-MS).** LC-MS analysis was 112 performed on a Q-Tof Premier mass spectrometer (Waters Corporation, Micromass MS 113 Technologies, Manchester, UK coupled to Alliance 2695 HPLC system (Waters 114 Corporation, Milford, MA, USA). The Q-Tof Premier is equipped with a lockspray 115 source where an internal reference compound (Leucine-Enkephalin) was introduced

116 simultaneously with the analyte for accurate mass measurements. Compounds were 117 separated on an Atlantis T3 C18 column (Waters Corporation, Milford, USA, 100 mm x 118 2.1 mm; 3 µm particle size) using 0.5% aqueous formic acid (solvent A) and 0.5% formic 119 acid in 50/50 v/v acetonitrile:methanol (solvent B). Column temperature was maintained 120 at 40 °C. A stepwise gradient from 10% to 90% solvent B was applied at a flow rate of 121 0.2 mL/min for 26 min. Electrospray mass spectra data were recorded on a negative 122 ionisation mode for a mass range *m/z* 100 to *m/z* 1000. Capillary voltage and cone 123 voltage were set at 3 kV and 30 V respectively. Collision induced fragmentation (CID) of 124 the analytes was achieved using 12 eV to 20 eV energy with argon as the collision gas.

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126 **RESULTS AND DISCUSSION**

127 A total of 38 polyphenols distributed in four major categories; hydroxycinnamic acid 128 derivatives, hydroxybenzoic acid derivatives, flavonoids and phenolic terpenes have been 129 analyzed in the present study. Figure 1 shows the total ion current (TIC) chromatogram 130 of rosemary extract and the major peaks observed has been assigned in Table 1. Since 131 polyphenols contain one or more hydroxyl and/or carboxylic acid groups, MS data were 132 acquired in negative ionization mode. Identification of the phenolic compounds was 133 carried out by comparing retention times and their masses with those of the 21 authentic 134 standards. For the remaining 17 compounds for which no standards were available identification was based on accurate mass measurements of the pseudomolecular [M-H]⁻ 136 ions and CID fragment ions. Results of accurate mass measurements matched the 137 elemental composition of all the compounds analyzed (Table 1). Data obtained from the 138 ESI-MS analyses of the extracts of five Lamiaceae spices are summarized in Table 1. The 139 following sections outline conditions used to identify each of the compounds (arranged 140 into their constituent groups), fragmentation patterns and occurrence in each of the spice 141 extracts.

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143 **Hydroxycinnamic acid derivatives**

144 Seven different polyphenols in the category of hydroxycinnamic acid derivatives were 145 found to occur in all the spices examined. Five of them namely caffeic acid, chlorogenic 146 acid, p-coumaric acid, rosmarinic acid and ferulic acid were identified by comparing their 147 retention times and characteristic MS spectral data with those of authentic standards 148 (Table 1). Accurate mass measurements and fragmentation pattern during CID further 149 confirmed their structural composition. The pseudomolecular ions of p-coumaric acid 150 (*m/z* 163.04) and ferulic acid (*m/z* 193.05) produced the major fragment ions at *m/z* 119.0 151 and *m/z* 149.0 respectively during CID corresponding to the loss of carbon dioxide from 152 the precursor ion. Gruz et al. (*23*) reported the same fragmentation pattern of these 153 compounds in white wine. The other fragment generated during CID of ferulic acid was 154 at *m/z* 178.0 due to initial loss of a methyl group from the precursor ion. The remaining 155 two hydroxycinnamic acid derivatives; caffeic acid hexoside and dicaffeoylquinic acid 156 were identified by their accurate mass measurements and MS/MS spectral data.

157 The tentative mass spectrum for caffeic acid showed the deprotonated molecule [M-H]⁻ 158 ion at *m/z* 179.03 at 1.57 min. The major fragment ions produced by CID analysis were 159 *m/z* 161.0 and *m/z* 135.0 corresponding to loss of water and carbon dioxide molecules respectively from the precursor ion. Generally, deprotonated phenolic acids [M-H]- 160 161 produce a typical fragmentation pattern after collision induced dissociation, characterised

162 by the loss of a $CO₂$ (44 u) from the carboxylic acid group, providing an anion of [M-H-COO]- 163 (*24*). Other fragment ions *m/z* 113.0, 101.0 and 71.0 unique to caffeic acid were 164 also observed. These ions were produced as a result of the cleavage of the phenolic ring 165 of the precursor ion at *m/z* 179.0 at different sites as illustrated in Figure 2. Similar 166 fragment ions were seen when the precursor [M-H] ions of m/z 341.10 eluting at 1.53 167 min, *m/z* 353.09 at 3.91 min and *m/z* 515.10 eluting at 10.01 min were subjected to CID. 168 This confirmed that these precursor molecular ions were associated with caffeic acid. For 169 instance *m/z* 341.10 ions were identified as deprotonated caffeic acid hexoside. The loss 170 of a hexose moiety (162 u) resulted in a dominant fragment ion at *m/z* 179.0 171 corresponding to deprotonated caffeic acid. It must also be noted that a dicaffeic acid 172 would also generate similar precursor and fragment ions as that of caffeic acid hexoside. 173 In this context, application of accurate mass measurement discriminated caffeic acid 174 hexoside (calculated from [M-H] = 341.0873) from dicaffeic acid (calculated from [M-175 H ^{$=$} 341.0660). The MS/MS on the precursor m/z 353.09 ions identified as chlorogenic 176 acid gave dominant product ions *m/z* 191.1, *m/z* 179.0 and *m/z* 173.0. The product ions 177 *m/z* 191.1 for quinic acid and 179.0 for caffeic acid revealed the constituent of 178 chlorogenic acid prior to condensation. Loss of a caffeoyl moiety yielded the other 179 dominant fragment ion m/z 173.0. The MS/MS on precursor [M-H]⁻ ion at m/z 515.10 180 showed product ions of *m/z* 353.0, *m/z* 191.0 and *m/z* 179.0 corresponding to the 181 pseudomolecular ions of caffeoylquinic acid, quinic acid and caffeic acid respectively in 182 addition to the finger-print fragment ions of caffeic acid. Thus this compound was 183 identified as dicaffeoylquinic acid. A similar fragmentation of the compound was 184 reported by Parejo et al. (24) in fennel extract. The CID experiment on [M-H]⁻ ion at m/z

185 359.08 identified as rosmarinic acid gave the two main constituents of rosmarinic acid 186 namely caffeic acid at *m/z* 179.0 and the 2-hydroxy derivative of hydrocaffeic acid at *m/z* 187 197.0 as illustrated in Figure 3. Similar pattern of fragmentation of rosmarinic acid 188 during CID analysis has been reported by several authors (*17*, *25*, *26*) in analyzing 189 extracts of Lamiaceae spices.

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191 **Hydroxybenzoic acid derivatives**

192 The ESI-MS signals at *m/z* 169.01, *m/z* 197.04, *m/z* 167.04, *m/z* 153.02 and *m/z* 137.02 193 were identified as gallic acid, syringic acid, vanillic acid, protocatechuic acid and 4- 194 hydroxybenzoic acid respectively by comparing their retention time and MS spectral data 195 with those of an authentic standard. Accurate mass measurements further confirmed their 196 elemental composition (Table 1). Upon fragmentation by CID gallic acid, vanillic acid, 197 protocatechuic acid and 4-hydroxybenzoic acid produced the ions at *m/z* 125.0, *m/z* 198 123.0, m/z 109.0 and m/z 93.0 respectively due to loss of $CO₂$ from their respective 199 precursor ions. This pattern of fragmentation was characteristic feature of 200 hydroxybenzoic acid derivatives like other phenolic acids. Syringic acid on the other 201 hand first lost a water molecule generating a major fragment ion at *m/z* 179.0 followed by 202 a loss of carbon dioxide producing the other fragment at *m/z* 135.0. A sugar conjugate of 203 hydroxybenzoic acid eluting at 22.64 min showed [M-H]⁻ ions of m/z 299.10. Accurate 204 mass measurement suggested the molecular composition as that of hydroxybenzoic acid-205 *O*-hexoside. Subsequent MS/MS experiment revealed the loss of hexose moiety 206 producing deprotonated 4-hydroxybenzoic acid at *m/z* 137.0. All the hydroxybenzoic acid

207 derivatives mentioned above were detected in all the Lamiaceae spices examined by ESI-208 MS analyses (Table 1).

209

210 **Flavonoids**

211 Flavonoids constituted the largest number of polyphenols in the spices investigated in this 212 study (Table 1). With the aid of reference standards and complemented by the accurate 213 mass measurement data, eight flavonoids were identified in all the spices studied by LC-214 MS. The eight flavonoids were apigenin, luteolin, apigenin-7-*O*-glucoside, luteolin-7-*O*-215 glucoside, gallocatechin, phloridzin, quercetin and rutin. Furthermore, the fragmentation 216 pattern of these flavonoids was similar to those described previously where the most 217 common fragment lost was a water molecule and a glucose moiety in the two glucosides 218 (*26*, *27*).

219 For the remaining nine flavonoids listed in Table 1 for which there were no 'in-house' 220 standards, their identifications were based solely on accurate mass measurements and the 221 MS/MS data (Table 1). Acacetin found in rosemary, oregano and basil; cirsimaritin and 222 methyl apigenin found in all 5 spices; and isorhamnetin found in rosemary, sage and 223 thyme were the only four non-sugar based flavonoids. They had a characteristic feature in 224 the MS/MS experiment where the loss of one or more methyl groups was observed. 225 Acacetin (*m/z* 283.1) eluting at 17.89 min, methyl apigenin (*m/z* 283.1) eluting at 20.69 226 min and isorhamentin (*m/z* 315.0) eluting at 14.80 min lost one methyl group each 227 producing *m/z* 268.0, *m/z* 268.0 and *m/z* 300.0 respectively while cirsimaritin (*m/z* 313.1) 228 lost two consecutive methyl groups resulting fragment ions *m/z* 298.0 and *m/z* 283.1. 229 Despite the fact that acacetin and methyl-apigenin are isomers differing only in the

230 position of methyl group, they separated well in the reversed phase LC. Since acacetin is 231 slightly polar than methyl-apigenin, it eluted earlier in the LC-separation. Justesen (*26*) 232 described similar fragmentation of acacetin in analyzing extracts from different herbs. 233 Similar to our findings, Herrero et al. (*17*) have previously reported on cirsimaritin in 234 rosemary extracts using LC-ESI-MS/MS. Parejo et al. (*24*), unlike our data, have noted 235 three fragment ions from isorhamnetin, i.e. *m/z* 300, *m/z* 271 and *m/z* 255, in fennel 236 extracts by ESI-MS/MS analysis. The difference could probably be due to different set of 237 collision energy being used in the two different instruments.

238 Glycosylated flavonoids constituted the bulk of the polyphenols in the spices. Hexose and 239 rutinose conjugates of flavonoids were most commonly observed. The MS/MS 240 experiments revealed that the [M-H]⁻ ions at m/z 477.10 eluting at 9.85 min and m/z 241 463.09 eluting at 4.83 min were isorhamnetin-3-*O*-hexoside and quercetin-3-*O*-hexoside 242 respectively. Similar to the MS/MS data from apigenin-7-*O*-glucoside and luteolin-7-*O*-243 glucoside, these hexosides also showed the loss of a hexose moiety (162 u). In addition to 244 the fragment ion at *m/z* 315.0 corresponding to deprotonated molecular ion of 245 isorhamnetin, the isorhamnetin-3-*O*-hexoside produced a fragment ion at *m/z* 300.0 246 further confirming that the hexose derivative was that of isorhamnetin. As expected 247 isorhamnetin-3-*O*-hexoside was only detected in the extracts of rosemary, sage and 248 thyme of the five spices examined (Table 1). Similar approach and conclusions were 249 made for quercetin-3-O-hexoside. The present study also identified two phenolic 250 rutinosides, namely apigenin-7-*O*-rutinoside and luteolin-7-*O*-rutinoside apart from 251 quercetin-7-*O*-rutinoside (commonly known as rutin) in all the spices examined (Table 252 1). The product ion scan experiments of these compounds produced the intense fragment 253 ions 308 u (dehydrated rutinose moiety) lower than the *m/z* values of the precursor ions. 254 The presence of rutin in rosemary and oregano extract has been reported by 255 Papageorgiou, et al. (*28*) using reversed phase HPLC. However, only one glucoronide 256 derivrative of flavonoids could be detected in all the spices examined. This compound 257 eluting at 12.15 min was identified as luteolin-3-*O*-glucoronide (Table 1). Subsequent 258 CID of luteolin-3-*O*-glucoronide showed the loss of a glucoronic acid (*m/z* 176) and 259 produced the predominant fragment at *m/z* 285.0 corresponding to deprotonated luteolin. 260 Similar fragmentation of the compound was reported by Justesen (*26*) in analyzing thyme 261 extracts.

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263 **Phenolic terpenes and lignan**

264 There were 8 polyphenols detected in the spices examined that fall uder the phenolic 265 terpenes and lignan category (Table 1). Three of them, thymol, carnosol and carnosic 266 acid, were identified as they showed identical LC-MS characteristics as that of the 267 standards. Thymol detected only in thyme when subjected to CID produced fragments at 268 m/z 131.0 and m/z 120.0 corresponding to the loss of water and an ethyl $[-CH_2-CH_3]$ 269 group (29 u) from the precursor ion (*m/z* 149.09). Carnosol detected in all the spices and 270 carnosic acid found only in rosemary, oregano and sage showed major fragment ions 271 following a loss of carbon dioxide as seen in all the phenolic acids. Decarboxylated 272 carnosic acid further fragmented producing *m/z* 244.2 ions due to dissociation of a propyl 273 group $\rm (CH_2CH_2CH_3)$. Methylated carnosic acid and methoxycarnosol were also identified 274 in all the samples (Table 1). Methyl carnosate (*m/z* 345.20) eluting at 22.68 min 275 produced two major fragments: *m/z* 301.2 due to loss of carbondioxide molecule with 276 further loss of methyl group producing *m/z* 286.2 ions. This fragmentation pattern was in 277 agreement with that reported by Herrero et al., (2009) in analysing the phenolic 278 antioxidant compounds of rosemary extracts. The methoxycarnosol (*m/z* 359.17) eluting 279 at 22.70 min also generated two major fragments in the MS/MS experiment: *m/z* 329.2 280 and *m/z* 285.2 corresponding to loss of a methoxy group and subsequent loss of 281 carbondioxide molecule. Epirosmannol which has the same nominal mass as that of 282 methyl carnosate eluted 4.75 min earlier than the methyl carnosate in the LC separation 283 (Figure 1 and Table 1). In addition to difference in elution time, the accurate mass 284 measurement distinguished epirosmannol (calculated *m/z* 345.1702, observed *m/z* 285 345.1702) from methyl carnosate (calculated *m/z* 345.2066, observed *m/z* 345.2054). 286 Furthermore the MS/MS data from epirosmannol, unlike methyl carnosate, showed the 287 loss of water following decarboxylation. The last of the terpenes found in this study was 288 rosmadial which had a unique fragmentation pathway compared to other terpenes 289 described earlier. Rosmadial (*m/z* 343.20) lost two and three methylene groups from the 290 precursor ions resulting fragment ions *m/z* 315.2 and *m/z* 300.2 respectively. There was 291 only one phenolic lignan, namely medioresinol, identified in the extracts of all Lamiaceae 292 spices analysed.

293

294 Application of LC-ESI-MS/MS technique in the current study provided useful 295 information to characterize 38 phenolic compounds in the extracts of five Lamiaceae 296 spices. Fragments produced during CID analysis of the compounds mentioned above are 297 the diagnostic features of these compounds which could be used to identify them in 298 different extracts. Results of accurate mass measurements are another diagnostic feature

299 of these compounds and proved useful to differentiate compounds with same nominal 300 mass but dissimilar exact masses (Table 1). Equally mass spectrometry showed 301 advantageous in identification of polyphenols for those that did not separate as different 302 entities in the reversed phase column. Nonetheless, when isomeric polyphenols such as 303 acacetin and methyl apigenin which posed challenge for MS, the LC was able to resolve 304 the isomers. One inherent weakness of the low collision energy MS/MS studies was that 305 it could not localise the position in the native phenolic ring that underwent modification. 306 In such scenario, the application of nuclear magnetic resonance (NMR) spectroscopy 307 would be helpful. The NMR would also have the capability to reveal the identity of the 308 compound responsible for the modification. As far as the authors are aware, there is no 309 literature providing a comprehensive analysis of polyphenols in the extracts of Lamiaceae 310 spices. Furthermore, of the 38 polyphenols identified, 20 compounds in rosmary, 26 311 compounds in oregano, 23 compounds in sage, 24 compounds in basil and 20 compounds 312 in thyme have been reported in the present study for the first time (Table 1). In 313 conclusion, the combination of accurate mass measurement to determine the elemental 314 composition and the LC's ability to separate isomeric compounds provided a powerful 315 tool in identification of polyphenolic diversity in five species of Lamiaceae family even 316 in the absence of standards.

317

318 **Unidentified compounds.** Pseudomolecular ions at *m/z* 597.10 (observed exact mass 319 597.1288), *m/z* 503.10 (observed exact mass 503.0831), *m/z* 394.07 (observed exact mass 320 394.0667) and *m/z* 301.17 (observed exact mass 301.1758) eluting at 8.32 min, 13.96 321 min, 23.5 min and 24.45 min respectively could not be identified.

322

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- 325

326 **LITERATURE CITED**

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Table 1. Peak assignments of aqueous methanol extract of rosemary.

^a Identification confirmed using commercial standards
^b Compounds characterized for the first time by LC-ESI-MS/MS
R = Rosemary, O = Oregano, S = Sage, B = Basil, T = Thyme

Figure 1

