

1963

Women's Institutes of Northern Ireland 1933-63 Cookery Book

Women's Institutes of Northern Ireland

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WOMEN'S INSTITUTES

OF

NORTHERN
IRELAND

1933/1963

Cookery
Book



COOKERY
BOOK



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FOREWORD

by

THE VISCOUNTESS BROOKEBOROUGH, D.B.E.,
Chairman: The Executive Committee,
Federation of Women's Institutes of
Northern Ireland.

In buying this Cookery Book you will not only be benefitting the Women's Institutes of Northern Ireland — who will be most grateful for your support — but also you will be obtaining the distilled wisdom and choice of the Countrywomen of Ulster, so well known for their culinary skill.

We hope so much you will like it, and wish you as good eating as we have had.

Cathie Brookeborough

Acknowledgments

THE Executive Committee is very grateful to all the members who so generously supplied the recipes; it was inevitable that there should be many duplicates, and that it was not possible to publish every recipe submitted, but we have endeavoured to make the collection interesting and varied, and to ensure, as far as possible, that every Institute from which recipes were received is represented in this Book.

A word of special appreciation to Mrs. Douglass (Glnahirk W.I.), Miss McCammon (Waringstown W.I.), Mrs. McKay (Ballyclare W.I.), Mrs. Potter (Newtownbreda W.I.), and Mrs. Woods (Legacurry W.I.), who have spent many hours during the past months in compiling this Book, particularly to Mrs. Potter and Mrs. Woods, who undertook the typing of all manuscripts.

Our grateful thanks also to Mr. Robert Milliken, who designed the cover lay-out, and last, but not least, to our Printers, Messrs. Dorman & Sons, Ltd., for their patience in dealing with our problems, and for their advice and co-operation at all times.
