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Factors Associated With Breastfeeding Among a Sample of Chinese Mothers Who Gave Birth in Ireland

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Factors Associated with Breastfeeding Among a Sample of Chinese Mothers Who Gave Birth in Ireland.

Rationale and objectives.

The factors influencing breastfeeding rates are complex, and the socio-cultural environment has an important influence on how women choose to feed their infants. The present study sought to determine factors affecting breastfeeding practices of Chinese mothers who gave birth in Ireland.

Materials and methods

A cross-sectional survey (written in Chinese). Questionnaires were distributed to Chinese mothers in Chinese markets and language schools in Ireland.

Results and Findings

Analyses was conducted on 236 completed questionnaires from Chinese mothers who had given birth in Ireland. Breastfeeding prevalence among the participants was 71%. Univariate analyses indicated that mothers who lived in Ireland < 10 years, had a third level education, and spoke Mandarin as their first language were more likely to breastfeed ($P < 0.05$) while father's education level, family income, mother's level of English, child's order and mother's previous breastfeeding experiences were not associated with breastfeeding.

Conclusion

The less well educated Chinese Mothers who lived in Ireland for more than 10 years could be targeted for breastfeeding education.